

## Course Description / Level Three

<b>Physical therapy for internal diseases</b>	<b>Course Name -1</b>
<b>PTT301</b>	<b>Course code -2</b>
<b>First semester / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>
<b>In-person lectures</b>	<b>Available forms of -5 attendance</b>
<b>hours of theory + 45 hours of practical work / 30 work / 3 units</b>	<b>Number of credit hours (total) / -6 Number of units (total)</b>
<b>Dr. Ali Hussein</b>	<b>course coordinator Name of the -7 list all names, if there is more than (one</b>
<b>Course Objectives-8</b>	
<ol style="list-style-type: none"> <li><b>1. Understanding the types of diseases that affect certain systems of the human body</b></li> <li><b>2. Understanding medical terminology related to internal diseases</b></li> <li><b>3. Identifying the causes of internal diseases: signs and symptoms</b></li> <li><b>4. Understanding the field of medical rehabilitation and its role in treating internal diseases</b></li> </ol>	
<b>Teaching and learning strategies -9</b>	
<p><b>A. Cognitive objectives</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Understanding the concept of common internal diseases (respiratory, cardiovascular, digestive, (urinary, and endocrine diseases</li> <li>) <input type="checkbox"/> Understanding the physiological and pathological foundationspathophysiology associated ( .with these diseases and their impact on the various body systems</li> <li><input type="checkbox"/> Identifying the basic clinical signs and symptoms that accompany internal diseases and their .impact on the patient's physical and functional activity</li> <li><input type="checkbox"/> Knowledge of the general principles of medical diagnosis and laboratory and radiological .examinations related to internal diseases</li> <li><input type="checkbox"/> Explaining the role of physiotherapy in the prevention, treatment, and rehabilitation of patients .with internal medicine conditions</li> <li><input type="checkbox"/> Analysis of methods of assessment and clinical examination of internal medicine patients from .the perspective of physical therapy</li> <li><input type="checkbox"/> Recognizing the importance of using therapeutic exercises, respiratory therapy techniques, and .rehabilitation programs in improving patients' quality of life</li> </ul>	

- Explaining the potential complications of internal diseases and how to deal with them within the physical therapy plan
- Comparison between different therapeutic intervention methods according to the type of disease and the patient's condition
- Applying scientific principles in developing evidence-based treatment plans

**.B. The specific skills objectives of the course**

thorough clinical examination of internal medicine patients Performing a B1-

(measuring vital signs, assessing respiration, and examining functional capacity)

Applying physiotherapy techniques specific to the respiratory system, such as: B2-

,deep breathing exercisespostural drainage and manual methods to help improve ,

.ventilation

B3- Implementing safe and effective treatment programs for patients with

cardiovascular diseases (such as progressive endurance exercises and prevention of

(complications

B4- Mastering the use of assistive devices (such as theIncentive Spirometer lung ,

(capacity measuring devices, and the stress monitor

B5- Training the patient onEnergy Conservation Techniques and managing shortness

.of breath

Designing practical, individualized treatment plans that are appropriate to the B6-

patient's internal condition, taking into account individual differences and functional

.ability

B7- Implementing rehabilitation programs after internal surgical procedures (such as

.heart or chest surgery) according to physical therapy protocols

B8- Applying manual therapy techniquesappropriate to certain cases to improve

.movement and function

B9- Monitoring the progression of the disease through continuous reassessment and

.adjustment of the treatment plan

Employing practical communication skills with the patient and his family to B10-

teach them the exercises and precautions that must be followed after leaving the

.hospital

**Teaching and learning methods**

,Theoretical lectures, practical lectures, clinical training, group discussions presentations

**Assessment methods**

Daily tests, term exams - final exams

**C. Affective and value-based objectives**

Developing a sense of professional and ethical responsibility in dealing with internal medicine patients of different ages and conditions

Enhancing human empathy towards the patient, and the ability to understand his physical and psychological suffering

the  Instilling values of respect for the patient and their rights, and preserving their privacy and confidentiality of their medical data

Encouraging work in the spirit of an integrated healthcare team (doctors, nurses, physical therapists) in a way that serves the patient's best interests

Commitment to effective communication with patients and their families in clear and reassuring language

Appreciating the importance of health education in preventing internal diseases and reducing their complications

.Developing a spirit of patience and endurance in dealing with chronic or long-term conditions

Establishing professional values associated with the practice of physiotherapy in accordance with safety and quality standards

Conviction in the importance of scientific research and scientific evidence in developing physical therapy programs for internal diseases

Promoting the values of humanitarian giving by supporting the patient to regain their independence and improve their quality of life

## Teaching and learning methods

(In-person lectures)

### ● Assessment methods

Daily tests, term exams - final exams

#### **D. General and transferable skills (other skills related to employability and personal development)**

**D1- Developing critical thinking and analytical skills** to understand complex internal medicine cases and link them to an appropriate physical therapy plan

**D2- Enhancing problem-solving skills** by dealing with complications or unexpected responses to treatment

to **D3- Acquiring effective communication skills** with patients and their families explain treatment instructions and health guidelines

**D4- Developing teamwork skills** within the medical team (doctors, nurses, nutritionists) to achieve integrated care

**D5- Developing time management skills** and organizing therapy sessions in a way that suits the patient's condition and treatment plan

**D6- Enhancing adaptability and flexibility** in dealing with emergencies or patients with chronic diseases

**D7- Instilling a culture of self-learning and continuous development** to keep up with scientific and clinical developments in the physical therapy of internal diseases

**D8- Acquiring health education skills** to spread awareness of the importance of preventing internal diseases through a healthy lifestyle

**D9- Developing scientific research and academic writing skills** to present clinical .cases or prepare scientific reports

**D10- Enhancing professional values and employability** through adherence to ethical and professional standards in the workplace

### Course Structure-10

Evaluation Method	Teaching method	Unit/Topic Name	Required learning outcomes	Hours	Week
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	History taking	Knowledge and Application	Theory 2 3 + Practical	the first
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Hypertension: Definition, Etiology, Pathophysiology, Signs & Symptoms, Prevention, Effects of exercises on blood pressure.	Knowledge and Application	Theory 2 3 + Practical	the second
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Diabetes mellitus: Definition, Etiology, Classification, Pathophysiology, Signs & Symptoms, Prevention, Complications, Role of physiotherapy	Knowledge and Application	Theory 2 3 + Practical	the third
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Human deficiency syndrome: Definition, Epidemiology, Etiology, Pathophysiology, Staging, Signs & Symptoms, Prevention, Complications, Role of physiotherapy	Knowledge and Application	Theory 2 3 + Practical	Fourth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Hepatitis: Definition, Etiology, Classification, Pathophysiology, Signs & Symptoms, Prevention, Complications	Knowledge and Application	Theory 2 3 + Practical	Fifth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Anemia: Definition, Epidemiology, Etiology, Signs & Symptoms, Prevention, Complications.	Knowledge and Application	Theory 2 3 + Practical	Sixth
Reports, oral and written	Whiteboard, PowerPoint slides	Leukemia: Definition, Etiology, Classification, Staging, Signs &	Knowledge and Application	Theory 2 3 + Practical	Seventh

theory exams		Symptoms, Complications, Role of physiotherapy			
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Multiple myeloma and lymphoma: Definition, Etiology, Pathophysiology, Signs & Symptoms, Complications, Role of physiotherapy	Knowledge and Application	Theory 2 3 + Practical	Eighth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Deep venous thrombosis: Definition, Etiology, Pathophysiology, Signs & Symptoms, Prevention, Physiotherapy	Knowledge and Application	Theory 2 3 + Practical	Ninth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Renal failure: Definition, Etiology, Classification, Signs & symptoms, Complications, Physiotherapy.	Knowledge and Application	Theory 2 3 + Practical	tenth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Gastroesophageal reflux, irritable bowel syndrome: Definition, Etiology, Signs & Symptoms, Prevention, Physiotherapy	Knowledge and Application	Theory 2 3 + Practical	eleventh
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Liver cirrhosis: Definition, Etiology, Pathophysiology, Signs & Symptoms, Complications, Physiotherapy	Knowledge and Application	Theory 2 3 + Practical	twelfth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Hypo and hyperthyroidism: Definition, Etiology, Signs & Symptoms, Complications, Physiotherapy.	Knowledge and Application	Theory 2 3 + Practical	thirteenth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Adrenal gland disorders: Definition, Etiology, Signs & Symptoms, Complications, Physiotherapy.	Knowledge and Application	Theory 2 3 + Practical	fourteenth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Revision	Knowledge and Application	Theory 2 3 + Practical	fifteenth

### Course Evaluation -11

Student activities and reports, oral and written theoretical and practical exams

12 Learning and Teaching Resources -

Hillegass, E. (2016). <i>Essentials of Cardiopulmonary Physical Therapy</i> (4th ed.). Elsevier	Required textbooks (curriculum (books, if available
Frownfelter, D., & Dean, E. (2012). <i>Cardiovascular and Pulmonary Physical Therapy: Evidence and Practice</i> (5th ed.). Elsevier	Main references (sources)
Journal of Cardiopulmonary Rehabilitation and Prevention	Recommended books and references (scientific journals (...and reports
Physiopedia – Cardiopulmonary Physiotherapy	Electronic references and websites

Physical therapy for advanced surgery	Course Name -1
PTT302	Course code -2
Chapter Two / 2025-2026	Semester / Year -3
15/9/2025	Date of preparation of the -4 description
In-person lectures	Available forms of -5 attendance
hours of theory + 45 hours of practical work 30 units 3 /	Number of credit hours -6 (total) / Number of units (total)
Dr. Salam Muhannad Salman	course Name of the -7 coordinator (list all names, if (there is more than one

## Course Objectives-8

Enabling the student to apply rehabilitation programs appropriate to different surgical .1  
.cases

and post-operative care for To familiarize the student with the role of physiotherapy in pre- .2  
.advanced surgical procedures

3. .To equip the student with the skills to assess patients after surgical operations

Preparing the student to deal with common complications after surgical procedures (such .4  
.(as blood clots, shortness of breath, adhesions

## Teaching and learning strategies -9

### A. Cognitive objectives

- To become familiar **with** the general principles of advanced surgery and its types (cardiac and  
.(...thoracic surgery, brain and nerve surgery, complex bones, tumor surgery  
Understanding the physiological and pathological basis of the changes that occur after major  
.surgical operations and their impact on the body's systems
- Understanding the potential complications after surgery (such as: blood clots, infection,  
.hypokinesia syndrome) and the role of physiotherapy in preventing them
- Explanation of the different stages of rehabilitation after advanced surgical procedures and the  
.steps of physical therapy in each stage
- Identifying the specific indications and precautions for each type of surgical procedure before  
.starting physical therapy
- Analysis of rehabilitation protocols used in advanced surgeries (such as cardiopulmonary  
.(rehabilitation, neurological rehabilitation  
Interpreting the results of medical, radiological, and laboratory tests and linking them to the  
.physical therapy plan

### B. The specific skills objectives of the course

**thorough clinical assessment of advanced post-surgical Conducting a B1-  
patients (measuring vital signs, assessing respiration, muscle strength, and  
.(functional movement**

**B2- Applying physiotherapy protocols specific to different surgical cases such  
as: heart and chest surgeries, complex orthopedic surgeries, and nervous system  
.surgeries**

**Mastering respiratory therapy techniques (deep breathing exercises, B3-  
postural drainage, effective coughing techniques) for patients after chest or  
.abdominal surgeries**

**Implementing early rehabilitation programs within the hospital to reduce B4- complications and improve the speed of recovery**

**B5- Using assistive devices (such as electrotherapy devices, respiratory exercise devices, and walking aids) correctly and safely**

**Designing individual treatment plans that are appropriate to the patient's B6- condition, the type of surgical procedure, and the stage of recovery**

**B7- Implementing strategies to prevent common post-operative complications such as: deep vein thrombosis, muscle atrophy, and reduced mobility**

**Training patients in progressive therapeutic exercises to improve physical B8- ability and restore daily functions**

**B9- Adjusting the treatment plan according to the patient's response and clinical changes during the rehabilitation phases**

**Effective communication with the medical and nursing team to ensure the B10- integration of care provided to the patient**

#### **Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions presentations**

#### **Assessment methods**

**Daily tests, term exams - final exams**

#### **C. Affective and value-based objectives**

**Enhancing the sense of professional and ethical responsibility when dealing A1- with patients after complex surgical procedures**

**spirit of human empathy towards the patient and Developing a Q2- understanding his physical and psychological suffering after surgery**

**Commitment to the values of respecting the patient and his rights, and C3- preserving his privacy and the confidentiality of his medical data**

**cooperation and teamwork with doctors and nursing staff to Encouraging Q4- ensure the provision of integrated care**

**Instilling the values of patience and flexibility in dealing with chronic cases or C5- those requiring long-term rehabilitation**

**Q6- Appreciating the importance of the role of physiotherapy in improving the quality of life of patients after surgery and supporting their independence**

**Conviction on the necessity of applying safety and quality standards in all C7-stages of post-operative physiotherapy**

**Developing effective communication skills with patients and their families to Q8-increase their awareness of the importance of rehabilitation and commitment to home exercises**

**Q9- Establishing a culture of scientific research and reliance on scientific evidence )Evidence-Based Practice .in making therapeutic decisions (**

**Promoting human values related to giving and supporting patients in their Q10-treatment journey**

### **Teaching and learning methods**

**(In-person lectures)**

### **●Assessment methods**

**Daily tests, term exams - final exams**

### **D. General and transferable skills (other skills related to employability and .(personal development**

D1- Development Critical thinking and scientific analysis skills when dealing with complex surgical cases

Enhancing problem-solving skills by developing individualized treatment plans D2-tailored to each patient

D3- Acquisition Effective communication skills with patients, their families, and members of the multidisciplinary medical team

D4- Developing teamwork and cooperation skills within the healthcare environment .to ensure the integration of therapeutic services

D5- Development Leadership and decision-making skills in different clinical situations

D6- Strengthening Time management skills and organizing therapy sessions in .accordance with the patient's plan and clinical schedules

D7- Planting continuous development to keep up with A culture of self-learning and scientific advancements in the field of physiotherapy and surgery

D8- Acquisition Adaptability and flexibility skills in dealing with work pressures and emergencies

D9- Mastery Using and employing medical technology (physical therapy and .assessment devices) effectively

D10- Developing scientific research and academic writing skills to prepare reports or studies related to surgical cases

### Course Structure-10

<b>Evaluation Method</b>	<b>Teaching method</b>	<b>Unit/Topic Name</b>	<b>Required learning outcomes</b>	<b>Hours</b>	<b>Week</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Introduction: Role of physiotherapy in advanced surgery, principles of pre- and post-operative rehabilitation</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the first</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Thoracic surgeries: definitions, indications, surgical incisions, complications.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the second</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Physiotherapy management after thoracic surgeries.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the third</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Cardiac surgeries: open and closed heart surgery – indications, complications, physiotherapy management</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fourth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Pulmonary and chest injuries: etiology, clinical presentation, complications</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fifth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Traumatic Brain Injury (TBI): Causes, mechanism, Glasgow Coma Scale, surgical interventions.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Physiotherapy in moderate to severe TBI.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Seventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Brain tumor surgery: indications, complications, physiotherapy management.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Eighth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Spinal surgeries (Cervical &amp; Lumbar): Indications, complications, physiotherapy rehabilitation .</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Ninth</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Pelvic surgeries: indications, complications, physiotherapy management</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>tenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Peripheral vascular surgeries: varicose veins, bypass grafting – physiotherapy role.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>eleventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Abdominal and bariatric surgeries: post-operative complications and rehabilitation</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>twelfth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Gynecological surgeries: Cesarean section, hysterectomy – physiotherapy management.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>thirteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Organ transplantation: liver, kidney, lung – physiotherapy role in early recovery .</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fourteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Burns and reconstructive surgeries, ICU physiotherapy, revision of course</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fifteenth</b>

### **Course Evaluation -11**

**Student activities and reports, oral and written theoretical and practical exams**

<b>Learning and teaching resources -12</b>	
<b>Payne, W. K., &amp; Jan, Y. K. (2018). <i>Surgical Conditions and Physical Therapy Management</i>. F. A. Davis.</b>	<b>Required textbooks (curriculum (books, if available</b>
<b>Hertling, D., &amp; Kessler, R. M. (2018). <i>Management of Common Musculoskeletal Disorders: Physical Therapy Principles and Methods</i> (5th ed.). Wolters Kluwer</b>	<b>Main references (sources)</b>
<b>Journal of Rehabilitation Medicine</b>	<b>Recommended books and references (scientific journals and (...reports</b>
<b>American Physical Therapy Association (APTA)</b>	<b>Electronic references and websites</b>

<b>Fundamentals of physiotherapy for neurological diseases</b>	<b>Course Name -1</b>
<b>PTT303</b>	<b>Course code -2</b>
<b>Chapter One / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>
<b>In-person lectures</b>	<b>Available forms of -5 attendance</b>
<b>hours of theory + 45 hours of practical work 30 units 3 /</b>	<b>Number of credit hours -6 (total) / Number of units (total)</b>

**Dr. Ibrahim Kazem Nouri**

**course Name of the -7  
coordinator (list all names, if  
(there is more than one**

### **Course Objectives-8**

**Identifying diseases affecting the central nervous system and the peripheral nervous system  
Understanding the basic sciences to provide knowledge about aspects related to 1-  
neuroscience and neurological diseases  
Identifying various acquired neurological diseases and problems in adults -3 2-  
Familiarization with medical topics and terminology, pathophysiological causes, clinical 3-  
examination and evaluation, comparison of contemporary and traditional interventions, and  
the impact of developed technology in this field  
Identifying appropriate rehabilitation programs for each medical condition using available 4-  
therapeutic methods and exercises**

### **Teaching and learning strategies -9**

#### **A. Cognitive objectives**

**) A1-Introducing the basic principles of neuroscienceNeuroanatomy &  
Neurophysiology .related to physical therapy (**

**A2- Understanding the pathophysiologyof common neurological diseases such  
as: stroke, spinal cord injuries, multiple sclerosis, cerebral palsy, Parkinson's  
.disease, and others**

**A3- Distinguishing between different neurological signs and symptoms such as:  
.muscle weakness, balance disorders, loss of sensation, and convulsions**

**A4- Familiarity with the basics of neurological assessmentused in  
physiotherapy: assessment of muscle strength, muscle tone, reflexes, balance,  
.and gait**

**the basic principles of therapeutic interventions in neurological Identifying A5-  
conditions (such as therapeutic exercises, sensory-motor stimulation, functional  
. (movement training**

**A6- Understanding the role of the integrated medical team in the rehabilitation  
of neurological patients, and how physical therapy is integrated with other  
specialties**

**Understanding the relationship between the type of neurological injury and A7-  
appropriate rehabilitation in terms of short-term and long-term goals**

**A8- Acquiring knowledge about the assistive devices used in neurological rehabilitation**

**Understanding the principles of preventing secondary complications of A9- neurological diseases such as bedsores, joint stiffness, and poor physical fitness**

**A10- The ability to link theoretical knowledge with practical application in developing initial physical therapy plans for various neurological conditions**

**.B. The specific skills objectives of the course**

**Conduct a thorough neurological clinical assessment (such as examining B1- (muscle strength, muscle tone, nerve reflexes, balance, and motor coordination**

**functional neurological assessment tests to determine the patient's ability to .perform daily living activities**

**Designing and implementing initial physical therapy programs for B3- neurological conditions in accordance with the individual rehabilitation goals of .each patient**

***PNF* neuromuscular facilitation techniques , walking training, balance .(exercises**

**Properly employing assistive tools and devices in rehabilitation (crutches, B5- .(splints, walking training devices**

**Implementing strategies to prevent complications such as bedsores, joint B6- stiffness, and muscle atrophy**

**B7- Training the patient and his family on self-care techniques and strategies to .improve quality of life**

**to monitor the patient's response to treatment and adjust the The ability B8- treatment plan according to clinical changes**

**effective clinical communication skills with the patient, their Demonstrate B9- family, and members of the medical team**

**theoretical knowledge with the practical aspect through clinical simulation and virtual/realistic cases Integrating B10-**

**Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions presentations**

**Assessment methods**

**Daily tests, term exams - final exams**

**C. Affective and value-based objectives**

**sense of human and professional responsibility in dealing with neurological patients with respect and dignity To promote a A1-**

**spirit of empathy and patience with patients and their families, Developing a C2-.due to the physical and psychological disabilities they suffer**

**) C3- Adherence to professional ethics in the practice of physiotherapy Confidentiality, Integrity, Respect .(**

**Instilling the value of teamwork and cooperation with the multidisciplinary medical team to achieve rehabilitation goals C4-**

**the student to adopt the principle of continuous learning and Encouraging Q5-.to keep up with modern developments in the treatment of neurological diseases**

**Developing awareness of the importance of prevention and spreading health education to patients and their families C6-**

**Enhancing self-confidence and the ability to make decisions in clinical situations C7-**

**Instilling the value of humanity before the profession by dealing with the patient as a complete person and not just a medical case Q8-**

**commitment to time and discipline in clinical training and Encouraging C9-.professional work**

**Instilling values of positivity and hope in helping the patient improve their Q10-quality of life despite neurological disability**

**Teaching and learning methods**

**(In-person lectures)**

● **Assessment methods**

**Daily tests, term exams - final exams**

**D. General and transferable skills (other skills related to employability and personal development)**

**D1- Developing critical thinking and problem-solving skills** when dealing with .complex neurological cases

**D2- Acquiring effective communication skills** with patients, their families, and .colleagues within the medical team

**D3- Working as a team** and cooperating with other medical specialties to achieve an .integrated treatment plan

**D4- Effective time management** in therapy sessions and clinical training

**D5- Developing scientific research skills** and staying informed about modern .references and studies in neurophysiotherapy

**D6- Using modern medical technology** and computer programs in assessment and .rehabilitation

**D7- Developing self-learning** and lifelong learning skills .

**D8- Enhancing the ability to make evidence-based clinical decisions** Evidence-Based Practice .(

**D9- Developing leadership and supervisory skills** when dealing with cases or .training others

**D10- Building self-confidence and independence** in practicing the profession, which enhances employability in the labor market

**Course Structure-10**

<b>Evaluation Method</b>	<b>Teaching method</b>	<b>Unit/Topic Name</b>	<b>Required learning outcomes</b>	<b>Hours</b>	<b>Week</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Medical terminology regarding neurological system, Anatomy and Physiology of the nervous system (Brain, CNS Support Structures, Neurons, PNS, Spinal Level Reflexes).</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the first</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Neurological assessment (Higher mental function, assessment of brain, evaluation of cranial nerves and evaluation of autonomic nervous system)</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the second</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Investigations (principles, methods, views, normal/abnormal values/features of following investigative procedures in brief- skull x-ray, CT, MRI, evoked potentials, lumbar puncture, EMG, NCV).</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the third</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Cerebro-vascular diseases: Define stroke, TIA, stroke in evolution, Lacunar infarct, Classification of stroke – Ischemic, hemorrhagic, venous infarcts</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fourth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Cerebro-vascular diseases: Early warning Sign &amp; Prevention. Risk factors, causes of ischemic stroke, causes of hemorrhagic stroke, Classification of</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fifth</b>

		hemorrhagic stroke, classification of stroke, stroke syndrome, investigations .			
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Cerebro-vascular diseases: complications, medical and surgical management, physical therapy management</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Facial palsy, Bell's palsy: Causes, clinical features, physical therapy management .</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Seventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Multiple sclerosis: pathophysiology, causes, clinical presentation, physical therapy management</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Eighth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Parkinson's disease: pathophysiology, causes, clinical presentation, physical therapy management.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Ninth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Trigeminal neuralgia: pathophysiology, causes, clinical presentation, physical therapy management</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>tenth</b>
<b>Reports, oral and written</b>	<b>Whiteboard,</b>	<b>Higher cortical, neuropsychological and neurobehavioral disorders: Causes of</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>eleventh</b>

<b>theory exams</b>	<b>PowerPoint slides</b>	<b>blackouts, Neural basis of consciousness, causes and investigations of Coma. Perceptual disorders and Speech disorders.</b>			
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Movement disorders: Definition, etiology, risk factors, pathophysiology, classification, clinical signs &amp; symptoms, investigations, medical management</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>twelfth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>. Movement disorders: Definition, etiology, risk factors, pathophysiology, classification, clinical signs &amp; symptoms, investigations, medical management, surgical management and complications of following disorders –, Myoclonus and Wilson's disease</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>thirteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Cerebellar and coordination disorders: Etiology, Pathophysiology, classification, clinical signs and symptoms, investigations, differential diagnosis, management of Congenital ataxia, Friedreich's ataxia, Tabes dorsalis and Syphilis .</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fourteenth</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>General Revision</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fifteenth</b>
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<b>Course Evaluation -11</b>	
<b>Student activities and reports, oral and written theoretical and practical exams</b>	
<b>Learning and teaching resources -12</b>	
<b>Umphred, D. A., Lazaro, R. T., Roller, M., &amp; Burton, G. U. (2013). <i>Umphred's Neurological Rehabilitation</i> (6th ed.). Elsevier</b>	<b>Required textbooks (curriculum (books, if available</b>
<b>Lundy-Ekman, L. (2020). <i>Neuroscience: Fundamentals for Rehabilitation</i> (6th ed.). Elsevier</b>	<b>Main references (sources)</b>
<b>Journal of Neurologic Physical Therapy (JNPT)</b>	<b>Recommended books and references (scientific journals (...and reports</b>
<b>Physiopedia – Neurological Physiotherapy:</b>	<b>Electronic references and websites</b>

<b>Physical therapy for spinal cord injuries</b>	<b>Course Name -1</b>
<b>PTT304</b>	<b>Course code -2</b>
<b>Chapter Two / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>

<b>In-person lectures</b>	<b>Available forms of -5 attendance</b>
<b>hours of theory + 45 hours of practical 30 work / 3 units</b>	<b>Number of credit hours -6 (total) / Number of units (total)</b>
<b>Dr. Ibrahim Kazem Nouri</b>	<b>course Name of the -7 coordinator (list all names, if (there is more than one</b>

**Course Objectives-8**

**Understanding the anatomy, physiology, and function of the spinal cord and -1 .the most common injuries it is exposed to**

**Identifying spinal cord injuries and diseases that affect it -2**

**the most important pathological causes of diseases and disorders Identifying -3 affecting the spinal cord**

**medical treatments and surgical interventions for treating these Identifying -4 injuries**

**Recognizing clinical symptoms, differential diagnosis, and assessment of -5 disorders affecting the spinal cord**

**Understanding the role of physiotherapy and the necessary medical -6 rehabilitation to treat various injuries using appropriate therapeutic methods and exercises in rehabilitating those injuries**

**Teaching and learning strategies -9**

**A. Cognitive objectives**

**A1- Introduction to the neuroanatomy and neurophysiologyof the spinal cord .and its relationship to motor and sensory functions**

**A2- Understanding the pathophysiologyof spinal cord injuries of all types .(complete/incomplete) and their impact on neurological functions**

**Distinguishing the different clinical signs and symptoms associated with A3- levels of spinal cord injury such as: paralysis, loss of sensation, convulsions, and .bladder and bowel control disorders**

**with the basics of neurological assessment in cases of spinal cord Familiarity A4- injuries, including the ASIA classification assessment of muscle strength, , muscle tone, .balance, and reflexes**

**the basic principles of therapeutic interventions used in cases of Identifying A5- spinal cord injury, such as: therapeutic exercises, training in sitting, standing .and walking, and electrical stimulation**

**A6- Understanding the role of the multidisciplinary medical team in the rehabilitation of spinal cord injury patients, and how to integrate physiotherapy .with medical, nursing, psychological and social therapy**

**Understanding the relationship between the level of spinal cord injury and A7- .appropriate rehabilitation plans in terms of short-term and long-term goals**

**A8- Acquiring knowledge about assistive devices such as wheelchairs, .orthopedic devices, and walking training devices**

**A9- Understanding the principles of preventing secondary complications of spinal cord injuries such as: bedsores, joint stiffness, osteoporosis, and poor .physical fitness**

**to link theoretical knowledge with practical application by The ability A10- developing initial and integrated physical therapy plans for patients with spinal cord injuries**

**.B. The specific skills objectives of the course**

**) B1- Developing the skill of taking a medical history History Taking related to ( .spinal cord injuries accurately and comprehensively**

**B2- To equip the student with the ability to conduct clinical examination and neurological assessment of patients, including assessment of muscle strength, .balance, reflexes, and patient position**

**Training the student to use and classify spinal cord injuries according to the B3- )ASIA Scale .and to interpret its results practically (**

**Enabling the student to design individual physical therapy plans that suit B4- .the level of injury and the treatment goals of each patient**

**Mastering the application of appropriate therapeutic exercises (movement B5- therapy, balance exercises, walking exercises, breathing exercises) according to .the patient's needs**

**Equipping the student with the ability to use therapeutic devices and B6- equipment (such as electrical stimulation devices, orthopedic devices, .wheelchairs) efficiently and safely**

**Developing the skill of monitoring and evaluating the patient's progress on a B7- regular basis, and adjusting the treatment plan according to the clinical .response**

**Training the student to educate the patient and his family on methods of B8- daily care, prevention of complications, and promotion of functional .independence**

**Enhancing teamwork skills with other members of the multidisciplinary B9- .medical team to ensure comprehensive patient care**

**Developing clinical problem-solving skills and the ability to handle B10- emergencies or sudden complications during therapy sessions**

#### **Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions presentations**

#### **Assessment methods**

**Daily tests, term exams - final exams**

#### **C. Affective and value-based objectives**

**sense of professional and ethical responsibility in dealing with Developing a A1- .patients with spinal cord injuries**

**C2- Enhancing empathywith the patient and appreciating their psychological and physical suffering, in order to achieve a supportive, humane therapeutic .relationship**

**Instilling the values of patience and commitment in following up on long- C3- .term treatment for these chronic conditions**

**Promoting respect for the patient's dignity and rights to choose and C4- .participate in treatment decisions**

**Establishing the concept of collaborative teamwork with the Q5- .multidisciplinary medical team to serve the patient in an integrated manner**

**C6- Encouraging the student to adopt the values of lifelong learning and to stay informed about the latest scientific developments in the field of .neurorehabilitation**

**spirit of initiative and positivity in facing the challenges and Instilling a Q7- .difficulties that may hinder the progress of the treatment plan**

**Strengthening adherence to occupational safety rules and protecting the C8- .patient from any complications during treatment sessions**

**Q9- Establishing the value of humanity in caring for patients with disabilities .and integrating them into society**

**Promoting respect for the cultural, social and psychological diversity of Q10- .patients to ensure the provision of fair and inclusive care**

#### **Teaching and learning methods**

**(In-person lectures)**

**●Assessment methods**

**Daily tests, term exams - final exams**

**D. General and transferable skills (other skills related to employability and .(personal development**

**D1- Developing effective communication skills with patients, their families, and .the multidisciplinary medical team**

**D2- Enhancing the ability to think critically and analyze logically when .developing treatment plans and making clinical decisions**

**D3- Equipping the student with time management skills and organizing therapy .sessions in a way that achieves efficiency and quality in providing the service**

**) D4- Developing the ability to work within a team Teamwork Skills and to ( .cooperate with various medical specialties to achieve common goals**

**D5- Enhancing problem-solving skills and the ability to adapt to complex and .changing clinical situations**

**Equipping the student with leadership and supervisory skills in clinical D6- .practices and managing groups of patients or treatment teams**

**D7- Developing scientific research skills and the ability to use scientific sources to update professional knowledge**

**D8- Encouraging self-reliance and lifelong learning to keep pace with scientific developments in the field of neurorehabilitation**

**) D9- Enhancing skills in using modern technology Digital Literacy in ( assessment, documentation, and developing treatment plans**

**Preparing the student for the labor market by refining his professional, D10- clinical and personal skills in a way that increases his employability and future professional development**

**Course Structure-10**

<b>Evaluation Method</b>	<b>Teaching method</b>	<b>Unit/Topic Name</b>	<b>Required learning outcomes</b>	<b>Hours</b>	<b>Week</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Introduction to the rehabilitation of SCI, effective system of SCI care, types of paralysis in SCI, etiology, complications, causes of death, aim of rehabilitation, rehabilitation team work, team work members, functions of team member</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the first</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Anatomy and physiology of spinal column and spinal cord: the spinal curvature functions, the ligaments &amp; disks functions, spinal column functions, spinal cord functions, spinal circulation &amp; meninges functions, spinal cord vascular anatomy, relationship of vertebrae to the spinal cord.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the second</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	ASIA classification and definitions: ASIA classification system, basic definitions of completeness with sacral sparing, sensory exam, motor exam, neurological level of injury, ASIA impairment scale	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the third</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	ASIA motor index score and guide: manual muscle testing, purposes of muscle test, factors affecting 'strength, preparation and information, assessment, contraindication and precautions, grading system in SCI, 10 key muscles	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fourth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	ASIA sensory index score and guide: types of sensory receptors, sensory nerves pathways, dermatome – sensory level, dermatomes distribution	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fifth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	SCI management at the scene of the accident: general rules, the unconscious patient: position & alignment correction, respiratory care, basic examination, 2/the conscious patient, evacuation	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Initial management of acute traumatic SCI: spinal shock, acute manifestations of spinal injury the primary medical procedures of the acute or unstable SCI, unstable SCI stages duration determining, medical procedures of the	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Seventh</b>

		unstable SCI, the stable (acute) injuries			
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Respiratory rehabilitation functions for SCI: chest physical therapy definition, process of respiration, respiratory muscles function, respiratory system changes in SCI, respiratory complications, respiratory tests</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Eighth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Respiratory rehabilitation plans the goals: exercises of respiratory muscles according to the level of injury, bronchial hygiene, treatment of spasticity effects on respiratory functions, use of the resistance in breathing, respiratory exercises, postural drainage: procedures and complications.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Ninth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Respiratory rehabilitation functions for pressure ulcer: definition, stages and classification pressure ulcer causes locations, skin care and early treatment and prevention</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>tenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Rehabilitation of the spasticity: definition, types of SCI according to reflexes, patterns of spasticity, stretch reflex, classification of spasticity, spasticity physiology, clinical features, increasing factors, advantages and disadvantages, goal of all treatment, plan of treatment.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>eleventh</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Deep vein thrombosis: anatomy, physiology, definition, physiological factors affected clots formation, etiology, locations, signs and symptoms, diagnosing, complications, prevention, treatment</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>twelfth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Contractures: definition, causes, common contractures and shortening, prevention and treatment.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>thirteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Heterotopic ossification, definition, classification, causes, diagnosis, clinical presentation, prevention and treatment, surgical intervention and physiotherapy.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fourteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Revision</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fifteenth</b>

<b>Course Evaluation -11</b>	
<b>Student activities and reports, oral and written theoretical and practical exams</b>	
<b>Learning and teaching resources -12</b>	
<b>Kirshblum, S. C., &amp; Lin, V. W. (2019). <i>Spinal Cord Medicine</i> (3rd ed.). Demos Medical</b>	<b>Required textbooks (curriculum (books, if available</b>
<b>1. Handbook of Physical Medicine and Rehabilitation Hardcover – October, 1982</b>	<b>Main references (sources)</b>

<b>2. Neurological Rehabilitation, 6e (Umphreds Neurological Rehabilitation) 6th Edition</b>	
<b>Journal of Spinal Cord Medicine</b>	<b>Recommended books and references (scientific journals (...and reports</b>
<b>American Spinal Injury Association (ASIA):</b>	<b>Electronic references and websites</b>

<b>Physical therapy for skeletal system diseases</b>	<b>Course Name -1</b>
<b>PTT305</b>	<b>Course code -2</b>
<b>Chapter One / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>

<b>In-person lectures</b>	<b>Available forms of attendance -5</b>
<b>hours of theory + 45 hours of practical work / 30 work / 3 units</b>	<b>Number of credit hours (total) / Number of units (total) -6</b>
<b>Dr. Salam Muhannad Salman</b>	<b>course Name of the coordinator (list all names, if there is more than one) -7</b>
<b>Course Objectives-8</b>	
<p><b>Knowledge of the types of diseases that affect the musculoskeletal system-1</b></p> <p><b>Familiarization with medical terminology related to the musculoskeletal system -2</b></p> <p><b>the causes of diseases affecting the musculoskeletal system: signs and symptoms Identifying -3</b></p> <p><b>Knowledge of the field of medical rehabilitation and its role in treating diseases of the peripheral musculoskeletal system -4</b></p> <p><b>treatment methods and rehabilitation programs for muscular system diseases Identifying -5</b></p>	
<b>Teaching and learning strategies -9</b>	
<p><b>A. Cognitive objectives</b></p> <p><b>A1- To understand the anatomical and physiological structure of the skeletal system (bones, joints, muscles, and ligaments) and its relationship to movement and function . A2- To understand the pathophysiology of common diseases and injuries of the skeletal system, such as fractures, dislocations, arthritis, osteoporosis, spinal deformities, and sports injuries .</b></p> <p><b>A3- To recognize the clinical signs and symptoms of musculoskeletal diseases such as pain, swelling, limited mobility, muscle weakness, and postural ) .( deformities</b></p> <p><b>A4- To be familiar with the principles of clinical assessment and examination of ) patients with skeletal disorders: assessing range of motionROM muscle ,( . strength, joint stability, gait, and motor functions</b></p> <p><b>A5- To learn the foundations and principles of physical therapy interventions</b></p>	

used in skeletal system diseases, such as therapeutic exercises, manual therapy, . electrotherapy, and heat and cold therapy

**A6- To understand the relationship between risk factors (age, sex, lifestyle, . nutrition) and the occurrence of skeletal system diseases**

**A7- Understanding the importance of prevention and rehabilitation and the role of physiotherapy in improving quality of life and reducing complications in patients with musculoskeletal disorders**

**B1. Apply clinical examination and functional assessment skills to patients with . musculoskeletal disorders and injuries**

**B2. Design appropriate treatment and rehabilitation programs for each patient . based on the assessment results**

**B3. Implement therapeutic interventions such as therapeutic exercises, manual . therapy, and physical therapy efficiently and safely**

**B4. Use measurement tools (such as goniometers and manual muscle testing to ( . assess therapeutic progress**

**B5. Document clinical data and prepare treatment reports systematically and .accurately. B. Course-Specific Skills Objectives**

#### **Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions presentations**

#### **Assessment methods**

**Daily tests, term exams - final exams**

#### **C. Affective and value-based objectives**

**sense of professional and ethical responsibility towards patient Developing a A1- . care**

**Promoting patience and empathy towards patients and understanding their A2- . physical and psychological suffering**

**A3- Adhering to professional values and ethics in dealing with patients and . colleagues**

**spirit of teamwork and cooperation among members of the Fostering a A4- . healthcare team**

**Raising awareness of the importance of health education and the prevention A5- .of musculoskeletal diseases**

<b>Teaching and learning methods</b>					
<b>(In-person lectures)</b>					
<b>●Assessment methods</b>					
<b>Daily tests, term exams - final exams</b>					
<b>D. General and transferable skills (other skills related to employability and .(personal development</b>					
. Developing critical thinking and problem-solving skills in clinical settings .1					
Developing effective communication skills with patients, their families, and .2					
. members of the medical team					
Acquiring the ability for continuous self-learning and keeping up with .3					
. scientific advancements in physiotherapy					
Utilizing modern techniques and information technology in research and .4					
. therapeutic evaluation					
Enhancing employability by equipping students with professional and applied .5					
skills relevant to the job market. General and transferable skills (other skills					
.(related to employability and personal development					
<b>Course Structure-10</b>					
<b>Evaluation Method</b>	<b>Teaching method</b>	<b>Unit/Topic Name</b>	<b>Required learning outcomes</b>	<b>Hours</b>	<b>Week</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Cervical pain: Definition, Acute and Chronic, Etiology, Clinical presentation, Physiotherapy .</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the first</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Adhesive capsulitis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the second</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Rotator cuff tendonitis and tear: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the third</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Lateral and medial epicondylitis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy .</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fourth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Carpal tunnel syndrome: Definition, etiology, pathology, clinical presentation, Physiotherapy</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fifth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>De Quervains tenosynovitis, Trigger finger, Dupuytren's contracture: Definition, Etiology, Clinical presentation, Physiotherapy .</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Low back pain: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Seventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Scoliosis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Eighth</b>
<b>Reports, oral and written</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Coccydynia: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Ninth</b>

<b>theory exams</b>					
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Diffuse Idiopathic Skeletal Hyperostosis: Definition, Etiology, Pathology, Clinical Presentation, Physiotherapy.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>tenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Plantar fasciitis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>eleventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Patellofemoral pain syndrome: Definition, etiology, pathology, clinical presentation, Physiotherapy.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>twelfth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Meralgia Paresthetica: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>thirteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Bursitis and anserine bursitis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy .</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fourteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Metatarsalgia: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fifteenth</b>

<b>Course Evaluation -11</b>	
<b>Student activities and reports, oral and written theoretical and practical exams</b>	
<b>Learning and teaching resources -12</b>	
Magee, D. J. (2014). <i>Orthopedic Physical Assessment</i> (6th ed.). Elsevier	<b>Required textbooks (curriculum (books, if available</b>
Hertling, D., & Kessler, R. M. (2018). <i>Management of Common Musculoskeletal Disorders: Physical Therapy Principles and Methods</i> (5th ed.). Wolters Kluwer	<b>Main references (sources)</b>
Journal of Orthopedic & Sports Physical Therapy (JOSPT)	<b>Recommended books and references (scientific journals (...and reports</b>
Physiopedia – Musculoskeletal Physiotherapy:	<b>Electronic references and websites</b>

<b>Physical therapy for sports injuries</b>	<b>Course Name -1</b>
<b>PTT306</b>	<b>Course code -2</b>
<b>Chapter Two / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>
<b>In-person lectures</b>	<b>Available forms of attendance -5</b>

<b>hours of theory + 45 hours of practical work / 3 units 30</b>	<b>Number of credit hours (total) / Number of units (total) -6</b>
<b>Dr. Fawzi Hammadi Mahdi</b>	<b>course Name of the coordinator (list all names, if there is more than one -7</b>
<b>Course Objectives-8</b>	
<b>Identifying sports injuries -1</b>  <b>Understanding the basic sciences to provide knowledge about aspects related to sports injuries -2</b>  <b>the various sports injuries that affect joints, muscles, and ligaments Identifying -3</b>  <b>Familiarization with medical topics and terminology, the physiological variables of sports injuries, clinical examination and evaluation, comparison of contemporary and traditional interventions, and the impact of advanced technology in this field -4</b>  <b>the appropriate rehabilitation programs for each medical condition using available therapeutic methods and exercises Determining -5</b>	
<b>Teaching and learning strategies -9</b>	
<b>A. Cognitive objectives</b>  <b>A1- Defining the concept of sports injuries, their types (acute and chronic), and their causes</b> <b>A2- Understanding the functional anatomy of the musculoskeletal system and its relationship to different types of sports injuries . A3- Comprehending the pathophysiology of common sports injuries such as muscle tears, sprains, fractures, ligament and cartilage injuries, and overuse syndromes. -A4</b> <b>Recognizing the clinical signs and symptoms associated with various sports injuries, such as pain, swelling, limited mobility, loss of strength, and instability</b> <b>A5- Familiarity with the basics of clinical assessment and examination methods used in diagnosing sports injuries: (assessing range of motion(ROM) muscle , strength, joint stability, and injury-specific tests</b> <b>A6- Recognizing the basic principles of physical therapy interventions aimed at treating and rehabilitating sports injuries (such as exercise therapy, manual therapy, physical aids, and motor rehabilitation</b>	

**A7- Understanding the different stages of sports rehabilitation (from first aid to . return to sports) and the goals of each stage**

**A8- Recognizing the importance of sports injury prevention programs and their relationship to biomechanics and . proper physical training**

**A9- Understanding the role of physiotherapy in improving athletic performance, .accelerating a safe return to the field, and reducing long-term complications**

## **B. Course-specific skill objectives**

**B1. Apply clinical examination and functional assessment skills to athletes with . sports injuries**

**B2. Design comprehensive treatment and rehabilitation programs that consider . the type and severity of the injury and the athlete's skill level**

**B3. Implement therapeutic interventions such as therapeutic exercises, manual . therapy, and the use of physical therapy effectively and safely**

**. B4. Apply first aid skills for field sports injuries**

**B5. Use measurement tools and methods to assess therapeutic improvement and .document clinical progress**

## **Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions presentations**

## **Assessment methods**

**Daily tests, term exams - final exams**

## **C. Affective and value-based objectives**

**. A1- To foster a sense of professional responsibility towards injured athletes**

**To cultivate empathy and respect for patients, taking into account the A2- . athlete's psychological state after injury**

**A3- To adhere to the ethical values of the profession in dealing with players, . coaches, and medical staff**

**. A4- To promote teamwork within the medical and sports team**

**To recognize the importance of health education for athletes and coaches A5- .regarding injury prevention**

## **Teaching and learning methods**

**(In-person lectures)**

● **Assessment methods**

Daily tests, term exams - final exams

**D. General and transferable skills (other skills related to employability and personal development)**

Developing critical thinking and problem-solving skills in sports clinical cases .1

Developing effective communication skills with athletes, coaches, and medical .2  
. staff

The ability to engage in continuous self-learning and stay up-to-date with .3  
. scientific advancements in sports medicine and physiotherapy

Utilizing modern technology in sports assessment and rehabilitation (such as .4  
.( motion analysis devices and digital training programs

Enhancing employability by equipping students with practical, applied skills .5  
.relevant to sports medicine centers and the job market

**Course Structure-10**

<b>Evaluation Method</b>	<b>Teaching method</b>	<b>Unit/Topic Name</b>	<b>Required learning outcomes</b>	<b>Hours</b>	<b>Week</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Introduction to sport injury management, physiological effects of exercise</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the first</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Shoulder injuries in sport, Shoulder Separation, Shoulder Dislocation,</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the second</b>
<b>Reports, oral and written</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Shoulder injuries in sports, rotator cuff tendonitis and supraspinatus tendonitis.</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the third</b>

<b>theory exams</b>					
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>The elbow and forearm, tennis and golfer elbow (medial and lateral epicondylitis), Olecranon Bursitis (Draftsman's Elbow)</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fourth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>The elbow and forearm, Little League Elbow, Anterior Interosseous Nerve Syndrome (Kiloh Nevin Syndrome), Triceps Tendinitis</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fifth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Hand and Wrist Injuries, De Quervain's Tenosynovitis, Wrist Sprain</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Hand and Wrist Injuries, Trigger Finger (Flexor Tenosynovitis), Jersey Finger</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Seventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Lower Back Injuries, Lumbar Sprain and Strain,</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Eighth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Hip Injuries, Acetabular Labral Tears, Groin Strain or Hip Adductor Strain</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Ninth</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Hip Injuries Piriformis Syndrome, Hamstring Strain, Greater Trochanter Bursitis</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>tenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Knee injuries, Anterior and posterior Cruciate Ligaments injuries</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>eleventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Knee injuries, medial and lateral collateral injuries</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>twelfth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Knee injuries Medial and Lateral Meniscus, Osgood- Schlatter Disease</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>thirteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Ankle and foot injuries, Ankle Sprains, Achilles Tendon Rupture Plantar Fasciitis</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fourteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Ankle and foot injuries, Tibialis Anterior Tendinopathy, Tibialis Posterior Tendon Injuries, Sprain of the First Metatarsophalangeal Joint</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fifteenth</b>

<b>Course Evaluation -11</b>	
<b>Student activities and reports, oral and written theoretical and practical exams</b>	
<b>Learning and teaching resources -12</b>	
Houglum, P. A., & Bertoti, D. B. (2018). <i>Therapeutic Exercise for Musculoskeletal Injuries</i> (4th ed.). Human	<b>Required textbooks (curriculum (books, if available</b>
Starkey, C. (2013). <i>Evaluation of Orthopedic and Athletic Injuries</i> (3rd ed.). F. A. Davis.	<b>Main references (sources)</b>
Journal of Orthopedic & Sports Physical Therapy (JOSPT	<b>Recommended books and references (scientific journals (...and reports</b>
Physiopedia – Sports Injuries & Rehabilitation	<b>Electronic references and websites</b>

<b>Prosthetics and supports</b>	<b>Course Name -1</b>
<b>PTT307</b>	<b>Course code -2</b>
<b>Chapter One / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>
<b>In-person lectures</b>	<b>Available forms of -5 attendance</b>
<b>hours of theory + 45 hours of practical work / 2 units</b>	<b>Number of credit hours -6 (total) / Number of units (total)</b>

**Dr. Fawzi Hammadi Mahdi**

**course Name of the -7  
coordinator (list all names, if  
(there is more than one**

### **Course Objectives-8**

**To provide students of the Department of Physical Therapy Technologies -1  
with the basic knowledge and skills in the field of prosthetics and orthotics,  
enabling them to understand the medical and engineering principles associated  
with them, and to deal with patients in need of these means, with the aim of  
improving motor functions and quality of life, and enhancing their role as an  
.integrated rehabilitation team**

**the student to the principles of designing and manufacturing Introducing -2  
.prosthetic limbs and supports**

**Explaining the types of prosthetic limbs (lower - upper) and their therapeutic -3  
.uses**

**Clarifying the role of supports and prosthetic devices in rehabilitation -4  
.processes**

**Differentiating between different clinical conditions that benefit from -5  
prostheses or supports**

### **Teaching and learning strategies -9**

**A1- To introduce the basic concepts of prostheses and orthotics and their role in  
. physical therapy plans for motor rehabilitation**

**A2- To understand the anatomy and biomechanics of the upper and lower limbs  
. and their relationship to therapeutic exercises and functional rehabilitation**

**A3- To grasp the basic principles of designing prostheses and orthotics in  
. accordance with physical therapy goals**

**A4- To identify the different types of prostheses (upper and lower) and orthotics  
(such as splints and braces) and their impact on facilitating physical therapy  
. programs**

**A5- To understand the different stages of prosthesis fitting and the importance  
. of early intervention by the physical therapist through preparatory exercises**

**A6- To recognize clinical conditions that require physical therapy intervention  
in conjunction with the use of prostheses (such as amputations, muscle  
.( weakness, and joint deformities**

- A7- To be familiar with the principles of functional and motor assessment of the . patient from a physical therapy perspective before and after prosthesis fitting**
- A8- To identify the problems and complications resulting from the use of prostheses and orthotics and the role of physical therapy in prevention and treatment (such as skin training, improving muscle strength, and gait correction .(**
- A9- Understanding the importance of integrating prosthetics and supports into the comprehensive motor rehabilitation programs supervised by the .physiotherapy department**

#### **B. Course-specific skill objectives**

- B1. Conduct a comprehensive clinical and motor assessment that links the . prosthesis to the needs of the physiotherapy program**
- B2. Participate in determining the most suitable prosthesis or assistive device . that achieves the best response to physiotherapy**
- B3. Train patients in the functional use of prostheses within physiotherapy .sessions (e.g., gait training, balance, motor skills )**
- B4. Design integrated treatment programs that include therapeutic exercises . and support with assistive devices**
- B5. Document the progress of the treatment and measure functional .improvement using physiotherapy assessment tools**

#### **Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions presentations**

#### **Assessment methods**

**Daily tests, term exams - final exams**

#### **C. Affective and value-based objectives**

- A1- To promote professional responsibility towards patients with special needs . within the framework of physiotherapy programs**
- A2- To demonstrate empathy and psychological support for amputees and . prosthetic limb users throughout their rehabilitation journey**
- A3- To adhere to the ethics of the profession and the values of the physiotherapy . department in dealing with patients and colleagues on the medical team**
- A4- To cultivate a spirit of teamwork among the physiotherapist, the prosthetics . manufacturing team, physicians, and nurses**

**A5- To contribute to disseminating health education about the importance of .integrating prosthetics and physiotherapy programs to improve quality of life**

**Teaching and learning methods**

**(In-person lectures)**

**●Assessment methods**

**Daily tests, term exams - final exams**

**D. General and transferable skills (other skills related to employability and (personal development**

**Developing critical thinking skills in selecting rehabilitation solutions most .1 . compatible with physiotherapy programs**

**Enhancing effective communication skills with patients and their families to .2 . clarify the role of physiotherapy in their prosthetic training**

**The ability to learn continuously and keep up with scientific advancements in .3 . the field of prosthetics and apply them in physical training**

**Utilizing modern methods in assessment and motion analysis to serve the .4 . objectives of the physiotherapy department**

**Increasing employability by linking course outcomes to the job requirements .5 .in hospitals, prosthetic centers, and rehabilitation institutions**

**Course Structure-10**

<b>Evaluation Method</b>	<b>Teaching method</b>	<b>Unit/Topic Name</b>	<b>Required learning outcomes</b>	<b>Hours</b>	<b>Week</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Introduction, Rehabilitation, the handicap, concept, taking care, psychological effect of the handicap</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>the first</b>
<b>Reports, oral and written</b>	<b>Whiteboard,</b>	<b>Psychological effect of the handicap, the amputee, causes of amputation, level of</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>the second</b>

theory exams	PowerPoint slides	amputation in the lower limbs .			
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Training program for amputee, nursing after operation, nursing before prosthesis	Knowledge and Application	Theory 1 3 + Practical	the third
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Importance of stump, muscular exercise, nursing during prosthesis, temporary prosthesis & management	Knowledge and Application	Theory 1 3 + Practical	Fourth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Normal gait & its analysis, gait deviation & its treatment	Knowledge and Application	Theory 1 3 + Practical	Fifth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Early management (Clinic Team Approach to Rehabilitation, Computational Surgery: Osteomyoplastic Reconstructive Technique, Postoperative Management	Knowledge and Application	Theory 1 3 + Practical	Sixth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Early management (Pain Management, Skin Disorders and Their Management, Psychological Consequences of Computation	Knowledge and Application	Theory 1 3 + Practical	Seventh
Reports, oral and written	Whiteboard, PowerPoint slides	Rehabilitation of adults with lower limb amputation (Partial Foot and Syme's Amputations	Knowledge and Application	Theory 1 3 + Practical	Eighth

<b>theory exams</b>		<b>and Prosthetic Designs)</b>			
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Rehabilitation of adults with lower limb amputation (Transtibial Prosthetic Designs)</b>	<b>Knowledge and Application</b>	<b>Theory 13 + Practical</b>	<b>Ninth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Rehabilitation of adults with lower limb amputation (Transfemoral Prosthetic Designs)</b>	<b>Knowledge and Application</b>	<b>Theory 13 + Practical</b>	<b>tenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Rehabilitation of adults with lower limb amputation (Hip Disarticulations and Trans pelvic Prosthetic Designs, Basic Lower-Limb Prosthetic Training)</b>	<b>Knowledge and Application</b>	<b>Theory 13 + Practical</b>	<b>eleventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Rehabilitation of adults with upper limb amputation (Body-Powered Upper-Limb Prosthetic Designs)</b>	<b>Knowledge and Application</b>	<b>Theory 13 + Practical</b>	<b>twelfth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Rehabilitation of adults with upper limb amputation (Upper-Limb Externally Powered Prosthetic Designs )</b>	<b>Knowledge and Application</b>	<b>Theory 13 + Practical</b>	<b>thirteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Rehabilitation of adults with upper limb amputation (Training Patients with Upper-Limb Amputations ).</b>	<b>Knowledge and Application</b>	<b>Theory 13 + Practical</b>	<b>fourteenth</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Revision</b>	<b>Knowledge and Application</b>	<b>Theory 13 + Practical</b>	<b>fifteenth</b>
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**Course Evaluation -11**

**Student activities and reports, oral and written theoretical and practical exams**

**Learning and teaching resources -12**

<b>Kahle, J. T., Highsmith, M. J., &amp; Hubbard, S. L. (2018). <i>Prosthetics and Orthotics</i> (2nd ed.). Wolters Kluwe</b>	<b>Required textbooks (curriculum books, if available)</b>
<b>Moore, K. L., Dalley, A. F., &amp; Agur, A. M. R. (2018). <i>Clinically Oriented Anatomy</i> (8th ed.). Wolters Kluwe</b>	<b>Main references (sources)</b>

<b>amputation rehabilitation</b>	<b>Course Name -1</b>
<b>PTT308</b>	<b>Course code -2</b>
<b>Chapter Two / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>
<b>In-person lectures</b>	<b>Available forms of -5 attendance</b>
<b>hours theory + 45 hours practical / 2 units 15</b>	<b>Number of credit hours -6 (total) / Number of units (total)</b>
<b>Dr. Fawzi Hammadi Mahdi</b>	<b>course Name of the -7 coordinator (list all names, if (there is more than one</b>

## **Course Objectives-8**

**To provide the student with the theoretical knowledge and practical skills -1 necessary to assess and diagnose amputation cases at various levels, and to design and implement physical therapy and functional rehabilitation programs that contribute to improving the motor, psychological and social abilities of .amputees, and enable them to integrate into daily life and society**

**the types of amputations, their medical causes, and their Identifying -2 immediate and long-term complications**

**Understanding the physiological and mechanical changes that occur in the -3 musculoskeletal system after amputation**

**clinical and functional assessment of the patient after Conducting a -4 amputation, including an assessment of muscle strength, range of motion, and .functional abilities**

**Applying the principles of physiotherapy in the different stages of -5 stage, post-installation stage rehabilitation (post-operative stage, pre-installation .of the prosthesis).4**

**Teaching the patient how to care for the remaining limb to prevent -6 complications such as skin ulcers and muscle spasms.5**

**Training the patient to use the prosthetic limb effectively, and to achieve -7 .motor and functional integration in daily activities**

**Developing individualized treatment programs that take into account the -8 psychological and social aspects of amputees to increase adaptation and self-confidence**

## **Teaching and learning strategies -9**

### **A. Cognitive objectives**

**A1- To understand the anatomical and physiological basis of the upper and . lower limbs and their relationship to the amputation process**

**A2- To understand the medical and surgical causes of amputation (such as .( injuries, tumors, diabetic complications, and vascular diseases**

**A3- To be familiar with the different types of amputation (partial, total, above- . knee, below-knee, above-elbow, below-elbow) and their complications**

**A4- To distinguish the post-amputation stages: wound care, deformity .prevention, and pain management (especially phantom limb pain )**

**A5- To understand the principles of clinical and functional assessment of the amputee, including assessment of muscle strength, range of motion, and balance**

.

**: A6- To understand physical rehabilitation strategies for amputees, including**

**A7- To know the theoretical basis for the use of prostheses and orthotics, and**

**. how to integrate them with the rehabilitation program**

**A8- To understand the psychological and social aspects associated with**

**. amputation and their impact on the treatment plan**

**A9- To understand the role of the multidisciplinary rehabilitation team**

**.( surgeon, physical therapist, prosthetist, psychologist, and nurse)**

**A10- Identifying the latest scientific and technological trends in the field of**

**.amputee rehabilitation (smart limbs, robotic limbs, and computerized limbs)**

## **B. Course-specific skill objectives**

**B1. Mastering methods for clinically and functionally assessing amputees (range**

**.( of movement, muscle strength, balance, gait**

**B2. Implementing therapeutic exercise programs specific to amputees**

**.( strengthening, stretching, balance, breathing, and general fitness exercises)**

**B3. Training the patient in proper posture and contracture prevention. B4**

**Using practical strategies to reduce pain and manage phantom pain .. B5**

**Developing skills to train the patient in progressive load-bearing on the .**

**. amputated limb in preparation for prosthetic use**

**B6. Teaching the patient how to care for the residual limb and maintain the skin**

**.and surgical scar . B7**

**Equipping the patient with walking skills using prosthetic devices (prostheses)**

**,or supports (crutcheswalkers .(**

**B8. Designing individualized rehabilitation programs that consider each**

**. patient's needs based on the type of amputation, age, and activity level**

**B9. Training the patient in activities of daily living to achieve independence and**

**. self-reliance**

**Practical collaboration with the multidisciplinary rehabilitation team in B10-**

**implementing an integrated treatment plan**

## **Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions presentations**

## **Assessment methods**

**Daily tests, term exams - final exams**

**C. Affective and value-based objectives**

**sense of professional and humanitarian responsibility in dealing . To foster a A1-  
. with amputees**

**To instill values of empathy and understanding of the patient's physical, A2-  
. psychological, and social needs**

**A3- To adhere to the ethics of the physiotherapy profession by respecting the  
. patient's privacy and dignity**

**positive attitude towards teamwork with the rest of the . To develop a A4-  
. medical and rehabilitation team**

**A5- To enhance the patient's confidence in their abilities and encourage their  
. adaptation and integration into society after amputation**

**To instill values of patience, perseverance, and resilience in facing A6-  
. therapeutic challenges**

**To commit to keeping abreast of scientific and technological developments A7-  
. in the field of amputation rehabilitation and utilizing them to benefit patients**

**spirit of community service through participation in . To promote a A8-  
.awareness and support programs for amputees**

**Teaching and learning methods**

**(In-person lectures)**

**●Assessment methods**

**Daily tests, term exams - final exams**

**D. General and transferable skills (other skills related to employability and  
.personal development**

**Developing effective communication skills .1with patients, their families, and  
. the medical team**

**Acquiring the ability to work effectively as part of a team .2within a  
. multidisciplinary environment**

**Developing problem-solving skills .3in . complex clinical situations**

**Enhancing critical thinking skills .4and the scientific analysis of medical cases .**

**Acquiring .5**

**time management skills and prioritizing tasks within the rehabilitation program**

**.**

**Developing self .6-learning skills and keeping up with scientific and**

. technological advancements in the field of rehabilitation  
 Equipping students with presentation skills and .7the ability to effectively  
 . communicate knowledge to others  
 Developing the ability to use modern technologies in education and .8  
 rehabilitation (such as simulationand interactive software ). 9. Enhancing  
 leadership . skills in guiding patients or small teams  
 Preparing graduates to be highly competent and ready to work in .10  
 .rehabilitation centers, hospitals, or private clinics

**Course Structure-10**

<b>Evaluation Method</b>	<b>Teaching method</b>	<b>Unit/Topic Name</b>	<b>Required learning outcomes</b>	<b>Hours</b>	<b>Week</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Introduction to amputation: definition, history, epidemiology. Classification of calculation: by level (upper, lower) and by cause (traumatic, pathological, congenital).	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>the first</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Medical and surgical causes of amputation (diabetes, gangrene, tumors, trauma). Immediate postoperative complications	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>the second</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Physiological changes after calculation: circulation, muscle imbalance, loss of balance. Biomechanical and functional consequences	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>the third</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Principles of postoperative care. Wound care and residual limb management	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>Fourth</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Common complications: phantom pain, contractures, skin breakdown. Prevention and management strategies.</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>Fifth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Post-amputation assessment: - Clinical examination. - Range of motion and muscle strength evaluation. - Functional assessments.</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Early physiotherapy interventions: breathing exercises, strengthening, balance training. Psychological and social preparation of the patient</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>Seventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Pre-prosthetic rehabilitation: - Preparation of the residual limb. - Bandaging and shaping techniques</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>Eighth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Prosthetics introduction: types of prostheses (upper and lower limbs). Main components of prosthetic devices</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>Ninth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Training in prosthetic use: - Donning and doffing. - Balance and posture control</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>tenth</b>
<b>Reports, oral and written</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Gait training with lower limb prosthesis. Progression from parallel bars → walker</b>	<b>Knowledge and Application</b>	<b>Theory 1 3 + Practical</b>	<b>eleventh</b>

theory exams		→ crutches → independent walking			
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Functional training with upper limb prosthesis: - Grasping and releasing objects. - Activities of daily living (ADLs).	Knowledge and Application	Theory 1 3 + Practical	twelfth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Designing individualized rehabilitation programs. Integration of physical, psychological, and social aspects	Knowledge and Application	Theory 1 3 + Practical	thirteenth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Role of the multidisciplinary team: physician, physiotherapist, prosthetist, psychologist, social worker	Knowledge and Application	Theory 1 3 + Practical	fourteenth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Comprehensive review. Case-based clinical applications and practical examination	Knowledge and Application	Theory 1 3 + Practical	fifteenth

<b>Course Evaluation -11</b>	
Student activities and reports, oral and written theoretical and practical exams	
<b>Learning and teaching resources -12</b>	
Esquenazi, A., & DiGiacomo, R. (2013). <i>Rehabilitation After Limb Amputation</i> . Springer	Required textbooks (curriculum books, if available)

<b>Kahle, J. T., Highsmith, M. J., &amp; Hubbard, S. L. (2018). <i>Prosthetics and Orthotics</i> (2nd ed.). Wolters Kluwer</b>	<b>Main references (sources)</b>
<b>Prosthetics and Orthotics International (POI Journal)</b>	<b>Recommended books and references (scientific journals (...and reports</b>
<b>International Society for Prosthetics and Orthotics (ISPO</b>	<b>Electronic references and websites</b>

<b>therapeutic exercises</b>	<b>Course Name -1</b>
<b>PTT309</b>	<b>Course code -2</b>
<b>Chapter One / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>
<b>In-person lectures</b>	<b>Available forms of -5 attendance</b>
<b>hours of theory + 45 hours of practical work / 30 work / 3 units</b>	<b>Number of credit hours -6 (total) / Number of units (total)</b>

**Dr. Fawzi Hammadi Mahdi**

**course Name of the -7  
coordinator (list all names, if  
(there is more than one**

### **Course Objectives-8**

**To become familiar with all traditional and modern physiotherapy exercise -1  
techniques used in the specialty**

**Knowledge of manual manipulation techniques for all body joints -2**

**Knowledge of Maitland and Mulcan's principles in manual joint -3  
manipulation technique**

**Understanding the stages of injury and therapeutic exercises for treating soft -4  
tissue injuries**

### **Teaching and learning strategies -9**

#### **A. Cognitive objectives**

**A1- Introduction to the basic principles of therapeutic exercises and their role in  
. physical therapy plans**

**A2- Understanding the anatomical and physiological basis of therapeutic  
. exercises**

**Comprehending the effects of therapeutic exercises on the musculoskeletal A3-  
and nervous systems. A4- Differentiating**

**between the various types of therapeutic exercises (range of motion exercises,  
corrective exercises, resistance exercises, aerobic exercises, and balance  
exercises) A5- Understanding .**

**exercise prescription principles such as intensity, repetition, and duration, and  
. how to adapt them to the patient's condition**

**A6- Familiarity with mechanisms for preventing complications resulting from  
. immobility, such as joint stiffness, muscle weakness, and atrophy**

**A7- Recognizing the role of therapeutic exercises in rehabilitation after motor  
. injuries and surgeries**

**A8- Understanding the specific considerations in therapeutic exercises for  
. different patient groups: children, the elderly, and chronically ill patients**

**) A9- Learning methods for evaluating exercise responses Evaluation of Exercise  
Outcomes .(**

**Understanding the scientific principles for selecting and matching the A10-  
. appropriate exercise with the diagnosis and physical therapy plan**

## **B. Course-specific skill objectives**

**B1. Ability to conduct a clinical examination to determine range of motion and muscle strength before prescribing exercises**

**B2. Practical and safe application of various therapeutic exercises (ROM, orthopedic exercises, resistance exercises, aerobic exercises, balance exercises)**

**B3. Skill in designing an individualized therapeutic exercise program  
Exercise Program Design (**

**that suits the patient's condition . B4. Mastery of exercise progression techniques based on the patient's response**

**B5. Ability to use simple assistive devices and equipment for therapeutic exercises (such as Theraband, ball, weights )**

**B6. Developing the skill of observing and evaluating the patient's response to exercises and adjusting the program when necessary**

**B7. Practicing the skill of teaching and guiding the patient or their family on how to perform home exercises correctly**

**B8. Ability to integrate therapeutic exercises into the comprehensive physical therapy treatment plan**

**B9. Developing professional documentation skills to record prescribed exercises and patient responses**

**B10. Adherence to occupational safety rules during the performance of therapeutic exercises to avoid injuries**

## **Teaching and learning methods**

**, Theoretical lectures, practical lectures, clinical training, group discussions presentations**

## **Assessment methods**

**Daily tests, term exams - final exams**

## **C. Affective and value-based objectives**

**A1- To foster a sense of professional and ethical responsibility when dealing with patients during therapeutic exercises**

**A2- To cultivate empathy towards patients, understand their suffering, and encourage them to continue treatment**

**A3- To instill the values of cooperation and teamwork with members of the medical and rehabilitation team**

**A4- To reinforce the importance of adhering to professional confidentiality and respecting patient privacy**

**A5- To enhance self-confidence and the ability to make appropriate decisions in . prescribing and implementing therapeutic exercises**

**A6- To develop discipline and commitment to the ethics of the physiotherapy . profession**

**A7- To encourage students to develop positive attitudes towards the importance . of therapeutic exercises in improving patients' quality of life**

**A8- To instill the values of patience and perseverance in monitoring patient . progress, even with slow improvement**

**A9- To promote the concept of health education in the community and raise awareness of the importance of therapeutic exercises for prevention and . treatment**

**A10- To build a balanced professional personality that combines scientific .knowledge and ethical conduct**

**Teaching and learning methods**

**(In-person lectures)**

**●Assessment methods**

**Daily tests, term exams - final exams**

**D. General and transferable skills (other skills related to employability and .(personal development**

**Developing effective communication skills with patients and colleagues in a .1 . multidisciplinary clinical environment**

**Developing teamwork and coordination skills with the medical team to .2 . achieve optimal therapeutic outcomes**

**Enhancing problem-solving and decision-making abilities when designing or .3 . modifying therapeutic exercise programs**

**Acquiring time management skills and the ability to efficiently organize .4 therapeutic exercise sessions . 5. Refining**

**critical . thinking skills and analyzing patient responses to exercises**

**Developing the ability for continuous self-learning and keeping up with .6 . scientific advancements in the field of therapeutic exercise**

**Developing leadership and supervisory skills when dealing with groups of .7 . patients or during clinical training**

**Equipping students with professional documentation and reporting skills in .8 . accordance with clinical practice standards**

**Enhancing adaptability skills to different professional environments .9**

.( hospitals, rehabilitation centers, home care)

Preparing students to acquire employable skills that contribute to increased .10  
 .job opportunities and career development

**Course Structure-10**

<b>Evaluation Method</b>	<b>Teaching method</b>	<b>Unit/Topic Name</b>	<b>Required learning outcomes</b>	<b>Hours</b>	<b>Week</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Joint mobilization: Definitions of terms, Mobilization, Manipulation, Self Mobilization (Auto-mobilization), Mobilization with Movement, Physiological Movements, Accessory Movements, Component motions, Joint play, Manipulation Under Anaesthesia, basic concepts of joint motion: arthrokinematics</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the first</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Joint mobilization: indications, contraindications and precautions, procedures for applying passive joint mobilization technique: - Examination and Evaluation to various joints, Quality of pain, Capsular Restriction, Grades or Dosages of • Movement, Principles of Maitland, Mulligan and Meckzi joint Manipulation techniques</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the second</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Joint mobilization peripheral joint, Principles, Manipulation techniques MWM define, principle, indication, contraindication	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>the third</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	joint mobilization of shoulder joint complex:- the mechanical movement of joint, accessory joint (AC joint, CS joint, SUB scapular joint, methods of application to increase all physiological movement of shoulder joint:- flexion, extension, hyperextension, abduction....extra.	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fourth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Joint mobilization of elbow joint complex, mechanical movement of joint, methods of applying joint mobilization to increase all physiological movement of the elbow joint, flexion, extension, accessory joint radioulnar joint for supination and pronation movements.	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fifth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Joint mobilization of wrist joint and hand complex, mechanical movement of joint, methods of applying mechanical movement of the joint, wrist joint, phalangeal joints	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Joint mobilization of knee joint complex, mechanical movement of the joint, methods of applying mechanical movement of the joint	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Seventh</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Joint mobilization of the ankle joint complex & foot, mechanical movement of the joint methods of applying mechanical movement of the joint	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Eighth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Joint mobilization for an axial part, define, Mulligan Principles, Manipulation techniques MWM& NAGs, SNAGs, indication, contraindication	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Ninth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Joint mobilization of the cervical spine, MWM& NAGs, SNAGs • Joint mobilization of the lumbar spine, MWM& NAGs, SNAGs	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>tenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Positional Release Technique:</b> Introduction Keywords, three further PRT related modalities – each with a different fascial connection – are outlined: • Strain-counterstrain (SCS), • Facilitated positional release (FPR) • Functional positional release (FuPR).	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>eleventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Mechanisms that may explain SCS effects Neurological changes • General SCS guidelines for achieving tender-point ease	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>twelfth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Myofascial Release technique: define, properties of soft tissue, mechanical and neurophysiologic properties of connective tissue,	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>thirteenth</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Myofascial release technique for trigger points. • Myofascial release technique for axial part	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fourteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Revision	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>fifteenth</b>

<b>Course Evaluation -11</b>	
<b>Student activities and reports, oral and written theoretical and practical exams</b>	
<b>Learning and teaching resources -12</b>	
Houglum, P. A., & Bertoti, D. B. (2018). <i>Brunnstrom's Clinical Kinesiology</i> (6th ed.). F. A. Davis.	<b>Required textbooks (curriculum (books, if available</b>
O'Sullivan, S. B., Schmitz, T. J., & Fulk, G. D. (2019). <i>Physical Rehabilitation</i> (7th ed.). F. A. Davis	<b>Main references (sources)</b>
Journal of Orthopedic & Sports Physical Therapy (JOSPT)	<b>Recommended books and references (scientific journals (...and reports</b>
Physiopedia – Therapeutic Exercise	<b>Electronic references and websites</b>

<b>Treatment devices</b>	<b>Course Name -1</b>
<b>PTT310</b>	<b>Course code -2</b>
<b>Chapter Two / 2025-2026</b>	<b>Semester / Year -3</b>

15/9/2025	Date of preparation of the -4 description
In-person lectures	Available forms of -5 attendance
hours of theory + 45 hours of practical 30 work / 3 units	Number of credit hours -6 (total) / Number of units (total)
Dr. Mazhar Ali Aboud	course Name of the -7 coordinator (list all names, if (there is more than one
<b>Course Objectives-8</b>	
<p><b>Knowledge of the equipment used in physiotherapy in general -1</b></p> <p><b>Introducing the student to each electrical device used in physiotherapy -2</b></p> <p><b>Introducing the student to the operating principles of each device -3</b></p> <p><b>Understanding the physiological and therapeutic effects of each system -4</b></p> <p><b>Knowledge of the application methods and techniques for each physiotherapy -5 device</b></p> <p><b>the standards for dosages, intensity, and frequency of treatment Knowledge of-6 .with physiotherapy devices</b></p>	
<b>Teaching and learning strategies -9</b>	
<p><b>A. Cognitive objectives</b></p> <p><b>A1- To identify the physical and biological principles underlying physiotherapy . devices</b></p> <p><b>A2- To understand the operating principles of various therapeutic devices, such ) as: heat deviceshot packs, infrared ) cold devices ,(cryotherapy ultrasound ,( ) devicesultrasound therapy ) electrical stimulation devices ,(electrotherapy ,( . and laser devices</b></p> <p><b>A3- To comprehend the physiological effectsof therapeutic devices on tissues . and vital organs</b></p> <p><b>A4- To differentiate between types of therapeutic devices in terms of their . therapeutic uses, precautions, and contraindications</b></p> <p><b>A5- To understand safety standardswhen using therapeutic devices in clinical</b></p>	

**. practice**

**A6- To be familiar with the principles of calibrating and testing devices to**

**. ensure their safety and effectiveness**

**A7- To recognize the role of therapeutic devices in rehabilitation programs for**

**. patients with various conditions**

**A8- To understand the relationship between the choice of therapeutic device and**

**( ) the type of injury or disease clinical indications .(**

**A9- To understand the scientific principles of documenting the use of**

**. therapeutic devices within the patient's medical record**

**A10- Understanding modern developments and future trends in the field of  
therapeutic devices: Cognitive objectives**

### **B. Course-specific skill objectives**

**B1. Proficiency in operating various therapeutic devices according to approved  
. protocols**

**B2. Ability to calibrate and adjust device settings (such as current intensity,  
. frequency, and time) to suit the patient's condition**

**B3. Skill in determining the appropriate location for applying the device to the  
. patient's body to ensure effectiveness and safety**

**B4. Practice initial device inspection and maintenance procedures to ensure  
. their safety before use**

**B5. Develop the ability to apply therapeutic devices in practical treatment plans  
. for various clinical cases**

**B6. Skill in monitoring the patient's response during and after device therapy  
. sessions and documenting observations**

**B7. Ability to recognize early signs of any side effects or complications resulting  
. from device use and take appropriate action**

**B8. Proficiency in integrating therapeutic devices with other treatment methods  
. (such as therapeutic exercises or manual therapy)**

**B9. Skill in educating and informing the patient about the benefits of the device,  
. the session procedure, and what to avoid afterward**

**B10. Adherence to occupational safety rules and protection of the patient and  
. medical team from any electrical or thermal hazards**

### **Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions  
presentations**

### **Assessment methods**

**Daily tests, term exams - final exams**

**C. Affective and value-based objectives**

**sense of professional responsibility when using therapeutic . Developing a A1-  
. devices to ensure patient safety**

**Promoting adherence to professional ethics and respect for patient privacy A2-  
. during therapy sessions**

**Instilling values of precision and discipline when handling sensitive and A3-  
-modern equipment . A4**

**Encouraging empathy towards patients and providing psychological support  
. during device therapy**

**Enhancing self-confidence in operating devices and making appropriate A5-  
. clinical decisions**

**Instilling the value of patience and perseverance when dealing with chronic A6-  
. or slow-recovering cases**

**A7- Developing a spirit of teamwork and cooperation with the medical team in  
. implementing treatment programs**

**students to focus on self-development and keep up with Encouraging A8-  
. technological advancements in the field of therapeutic devices**

**A9- Establishing the concept of safety and prevention as a fundamental value in  
. the clinical work environment**

**Building positive attitudes towards the importance of therapeutic devices A10-  
.as an integral part of the physical therapy plan**

**Teaching and learning methods**

**(In-person lectures)**

**●Assessment methods**

**Daily tests, term exams - final exams**

**D. General and transferable skills (other skills related to employability and  
.(personal development**

**Developing effective communication skills with patients and colleagues on the .1  
. medical team when using therapeutic devices**

**. Enhancing teamwork skills and coordination with other medical specialties .2**

**Refining problem-solving and decision-making skills when encountering .3  
. malfunctions or contraindications to device use**

**Developing time management skills and the ability to efficiently organize .4**

. therapy sessions using devices  
 Acquiring critical thinking skills .5in selecting the appropriate device based on  
 . the patient's condition  
 Developing the ability to learn independently and keep up with technological .6  
 . and scientific advancements in the field of therapeutic devices  
 Enhancing leadership and supervisory skills when training patients or .7  
 . colleagues on device use  
 Practicing professional documentation skills .8to record details of therapy  
 . sessions  
 Developing the ability to adapt to different work environments (hospitals, .9  
 .( rehabilitation centers, private clinics  
 Preparing students to acquire employable skills that increase job .10  
 .opportunities and support professional development in the healthcare market

### Course Structure-10

Evaluation Method	Teaching method	Unit/Topic Name	Required learning outcomes	Hours	Week
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Traction: definition, the physiological effects of traction	Knowledge and Application	Theory 2 3 + Practical	the first
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Traction: Clinical indication for the use of spinal traction, Contraindications and Precautions for the use of Spinal Traction	Knowledge and Application	Theory 2 3 + Practical	the second
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Adverse Effects of Spinal Traction, Application Techniques (Mechanical Lumbar Traction)	Knowledge and Application	Theory 2 3 + Practical	the third
Reports, oral and written	Whiteboard,	Application Techniques (Mechanical cervical traction) intermittent versus sustained traction	Knowledge and Application	Theory 2 3 + Practical	Fourth

<b>theory exams</b>	<b>PowerPoint slides</b>				
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Cryotherapy, physiological effects of cold, Indication and contra indication and precaution of cold therapy</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Fifth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Application technique cold packs or ice packs, Application technique ice massage</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Application technique cold compression unit and Vapocoolant Sprays and brief Icing</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Seventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Application technique Cold Whirlpool. Application technique ice immersion</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Eighth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Hydrotherapy: Physical Principles and Properties of Water,</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>Ninth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	<b>Hydrotherapy: Physiological Effects of Hydrotherapy, uses of Hydrotherapy, Contraindications and Precautions for Hydrotherapy</b>	<b>Knowledge and Application</b>	<b>Theory 2 3 + Practical</b>	<b>tenth</b>

Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Hydrotherapy: application general technique hydrotherapy	Knowledge and Application	Theory 2 3 + Practical	eleventh
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Hydrotherapy: apply Whirlpool technique	Knowledge and Application	Theory 2 3 + Practical	twelfth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Hydrotherapy: method of applying Hubbard tank	Knowledge and Application	Theory 2 3 + Practical	thirteenth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Hydrotherapy: method of applying pool exercise	Knowledge and Application	Theory 2 3 + Practical	fourteenth
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Revision	Knowledge and Application	Theory 2 3 + Practical	fifteenth

<b>Course Evaluation -11</b>	
Student activities and reports, oral and written theoretical and practical exams	
<b>Learning and teaching resources -12</b>	
Knight, K. L., & Draper, D. O. (2013). <i>Therapeutic Modalities: The Art and Science</i> (2nd ed.). Lippincott Williams & Wilkin	Required textbooks (curriculum books, (if available

<b>Kitchen, S., &amp; Bazin, S. (2015). <i>Clayton's Electrotherapy</i> (13th ed.). Elsevier</b>	<b>Main references (sources)</b>
<b>Journal of Electromyography and Kinesiology</b>	<b>Recommended books and references (...scientific journals and reports)</b>
<b>Physiopedia – Physical Agents &amp; Modalities</b>	<b>Electronic references and websites</b>

<b>Medical research methods</b>	<b>Course Name -1</b>
<b>MTCD303</b>	<b>Course code -2</b>
<b>Chapter One / 2025-2026</b>	<b>Semester / Year -3</b>
<b>15/9/2025</b>	<b>Date of preparation of the -4 description</b>
<b>In-person lectures</b>	<b>Available forms of -5 attendance</b>
<b>hours of theory / 2 units 30</b>	<b>Number of credit hours -6 (total) / Number of units (total)</b>
<b>M.M. Suleiman Musari Karim</b>	<b>course Name of the -7 coordinator (list all names, if (there is more than one</b>
<b>Course Objectives-8</b>	
<b>To provide students with basic knowledge about the principles and foundations .of scientific research in the medical field</b> <b>Developing skills in designing and conducting medical research related to .physical therapy</b> <b>.Enabling students to use appropriate statistical methods to analyze medical data</b> <b>Enhancing the ability to critically evaluate published research and utilize it in .developing professional practice</b> <b>Instilling academic values and research ethics in students</b>	
<b>Teaching and learning strategies -9</b>	

## **A. Cognitive objectives**

**To understand the concept of scientific research and its importance in** A1-  
**. developing medical knowledge and the practice of physical therapy**

**To understand the types of medical research (quantitative, qualitative, and** A2-  
**. mixed-methods) and the characteristics of each type**

**To grasp the steps of the scientific research methodology: identifying the** A3-  
**problem, formulating hypotheses, designing the research, collecting data,**  
**. analyzing results, and drawing recommendations**

**A4- To understand the principles of measurement tools (validity and reliability)**  
**. in medical research and how to choose the appropriate tool**

**To be familiar with the basics of medical statistics used in data analysis and** A5-  
**. results interpretation**

**mechanisms of literature review** A6- **To understand theand how to search**  
**. medical sources and databases**

**fundamentals of writing a report or research paper according to** **To know the** A7-  
**) academic standards and the scientific documentation style**APA **or**Vancouver **.(**  
**the ethics of scientific research, such as** A8- **To recognize quality standards and**  
**confidentiality, informed consent, and avoiding plagiarism**

## **.B. The specific skills objectives of the course**

**To equip students with the skills to formulate a medical research problem in a**  
**.precise scientific manner, and to define the research objectives and hypotheses**

**Developing skills in designing research studies (descriptive, experimental,**  
**comparative, cross-sectional...) in a manner appropriate to the nature of health**  
**.and medical problems**

**Mastering the steps of data collection through scientific research tools**  
**.(questionnaires, interviews, medical records, laboratory/clinical measurements)**

**Applying statistical analysis skills using computer programs (such as**SPSS **or**  
**Excel .to accurately interpret research results (**

**Developing medical report/research writing skills according to academic**  
**templates and principles (summary, introduction, methodology, results,**  
**.(discussion, conclusions, references**

**To equip students with the skill of critiquing and evaluating published scientific**  
**.research in terms of methodology, tools, and the validity of results**

**Employing presentation and scientific communication skills to present the results of medical research through lectures, posters, or scientific seminars**

**Developing the ability to work as a team when conducting joint research and distributing tasks among team members**

**Teaching and learning methods**

**,Theoretical lectures, practical lectures, clinical training, group discussions presentations**

**Assessment methods**

**Daily tests, term exams - final exams**

### **C. Affective and value-based objectives**

Developing **positive attitudes towards scientific research** as a key tool for developing medical practice and physical therapy

**Promoting the values of accuracy, objectivity, and scientific integrity** in data collection, documenting results, and adhering to intellectual property rights

**Instilling a sense of ethical responsibility** in dealing with research participants, including respecting their privacy and the confidentiality of their information

Encouraging **students to be creative and think critically** in choosing research topics that serve the community and the health sector

**To promote cooperation and team spirit** among students in carrying out joint research and managing scientific discussions

**To instill in students the value of adhering to academic standards** in writing and presenting research in a way that reflects a high professional image

• s research abilities and encouraging him to continue with **Instilling self-confidence** in the student postgraduate studies and future scientific projects

**Teaching and learning methods**

**(In-person lectures)**

● **Assessment methods**

**Daily tests, term exams - final exams**

### **D. General and transferable skills (other skills related to employability and personal development)**

• **skills** through analyzing scientific data and drawing **Critical thinking and problem-solving** conclusions

**Developing skills in using technology** through dealing with statistical software and reference management programs (such as EndNote or Mendeley).

**To acquire time management and work organization skills** to complete research within • specific timeframes

**Enhancing oral and written communication skills** through the preparation of research reports •  
 .and the presentation of findings at seminars or conferences  
**The ability to continuously learn independently** to keep up with the latest developments in the •  
 .field of medical and scientific research  
 Developing **leadership and teamwork skills** through participation in joint research projects  
**Acquiring skills to adapt to diverse work environments** in the health and academic fields, •  
 .which increases employment opportunities  
**Enhancing skills in searching for information** in digital scientific sources and electronic •  
 .libraries  
**Developing professional and ethical awareness** in accordance with labor market requirements and  
 .international standards in medical research

## Course Structure-10

Evaluation Method	Teaching method	Unit/Topic Name	Required learning outcomes	Hours	Week
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Introduction to Research methodology: Meaning of research, objectives of research, Motivation in research, Types of research & research approaches, Research methods vs methodology, Criteria for good research.	Knowledge	Theory 2	the first
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Research problem: Statement of research problem., Statement of purpose and objectives of research problem, Necessity of defining the problem	Knowledge	Theory 2	the second
Reports, oral and written theory exams	Whiteboard, PowerPoint slides	Research design: Meaning of research design, Need for research design, Features for good design, Different research designs, Basic principles of research design	Knowledge	Theory 2	the third

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Sampling Design: Criteria for selecting sampling procedure, Implications for sample design, steps in sampling design, characteristics of good sample design, Different types of samples design	<b>Knowledge</b>	<b>Theory 2</b>	<b>Fourth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	the same lecture as the last week	<b>Knowledge</b>	<b>Theory 2</b>	<b>Fifth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Measurement and scaling techniques: Measurement in research- Measurement scales, sources of error in measurement, Technique of developing measurement tools, Meaning of scaling, its classification., Important scaling techniques	<b>Knowledge</b>	<b>Theory 2</b>	<b>Sixth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	the same lecture as the last week	<b>Knowledge</b>	<b>Theory 2</b>	<b>Seventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Methods of data collection: collection of primary data, collection of data through questionnaires & schedules, difference between questionnaires & schedules	<b>Knowledge</b>	<b>Theory 2</b>	<b>Eighth</b>

<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Sampling fundamentals, need for sampling & some fundamental definitions, Important sampling distributions	<b>Knowledge</b>	<b>Theory 2</b>	<b>Ninth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Processing & analysis of data: Processing operations, problems in processing, Types of analysis, Statistics in research, Measures of central tendency, Dispersion, Asymmetry, relationship.	<b>Knowledge</b>	<b>Theory 2</b>	<b>tenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	the same lecture as the last week	<b>Knowledge</b>	<b>Theory 2</b>	<b>eleventh</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Testing of hypothesis: What is hypothesis? Basic concepts concerning testing of hypothesis, Procedure of hypothesis testing, measuring the power of hypothesis test, Tests of hypothesis, limitations of the tests of hypothesis	<b>Knowledge</b>	<b>Theory 2</b>	<b>twelfth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	the same lecture as the last week	<b>Knowledge</b>	<b>Theory 2</b>	<b>thirteenth</b>
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	Computer technology: Introduction to Computers, computer application in research,	<b>Knowledge</b>	<b>Theory 2</b>	<b>fourteenth</b>

<b>theory exams</b>		computers & researcher			
<b>Reports, oral and written theory exams</b>	<b>Whiteboard, PowerPoint slides</b>	General Revision	<b>Knowledge</b>	<b>Theory 2</b>	<b>fifteenth</b>

<b>Course Evaluation -11</b>	
<b>Student activities and reports, oral and written theoretical and practical exams</b>	
<b>Learning and teaching resources -12</b>	
<b>An introduction of Biostatistics: Sunder Rao.PSS</b>	<b>Required textbooks (curriculum (books, if available</b>
<b>Methods in Bio-Statistics 6th Edn. 1997: BK Mahajan</b> <b>4. Biostatistics: A manual of statistical methods: K. Visweswara Rao</b>	<b>Main references (sources)</b>
<b><i>The Lancet</i> - Journal of Clinical and Medical Research.</b>	<b>Recommended books and references (scientific journals (...and reports</b>
<b>National Institutes of Health ( <a href="https://www.nih.gov">https://www.nih.gov</a></b>	<b>Electronic references and websites</b>