

# **Department of Physical Therapy Techniques**

## **Courses Description**

**2025-2026**

## Courses Description – First Level

1. Course Name: Biomechanics	
2. Course Code: PTT101	
3. Semester / Year: First semester / 2025-2026	
4. Description Preparation Date: 1/9/2025	
5. Available Attendance Forms: In-person Lectures	
6. Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical / 2 Units	
7. Course administrator's name (mention all, if more than one name)	
Name: Dr. Salah Fadhil Email:	
8. Course Objectives	
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>Knowing the types and analysis of movement in the human body</li> </ul>
9. Teaching and Learning Strategies	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>Definition of the natural laws affecting human body movement.</p> <p>Definition of factors that help analyze human body movement.</p> <p>Iron deficiency or dysfunction in body movement and how to restore it to normal</p> <p>B. Course specific skill objectives</p>

<p>Conducting scientific research experiments represented by kinetic analysis bilateral Three- dimensional and some physical and body measurements .</p> <ol style="list-style-type: none"> <li>1. Educating students and developing their abilities and skills in conducting motion analysis experiments on cameras and advanced analysis</li> <li>2. programs, and conducting physical and anthropometric measurements.</li> <li>3. Holding educational and training courses and seminars to qualify staff how to use the equipment in the laboratory.</li> <li>4. Contributing with other concerned parties to prevent movement disorders through sports programs</li> </ol>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2 Theoretical	Knowledge and Application	Basic Concepts in Biomechanics Kinematics	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2 Theoretical	Knowledge and Application	Basic Concepts in Biomechanics: Kinematics and Kinetics ( Reaction forces, Equilibrium, Objects in Motion, Force of friction, Concurrent force systems, Parallel	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2 Theoretical	Knowledge and Application	Basic Concepts in Biomechanics: Kinematics and Kinetics (Moment arm of force, Force components, Equilibrium of levers , Supporting base, types, and equilibrium in static and dynamic state	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2 Theoretical	Knowledge and Application	Muscle structure and function: Mobility and stability functions of muscles, Elements of muscle structure, Muscle function, Effects of immobilization, and aging	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams

Fifth	2 Theoretical	Knowledge and Application	Levers - Definition, function, classification and application of levers in physiotherapy & order of levers with example of lever in human body	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2 Theoretical	Knowledge and Application	Elasticity – Definition, stress, strain, HOOKE'S Law	slides, hands-on experiments Reports, oral and written theoretical exams	slides, hands-on experiments Reports, oral and written theoretical exams
Seventh	2 Theoretical	Knowledge and Application	Muscular System : Definition, properties of muscle, muscular contraction, structural classification, action of muscle in moving bone, direction of pull, angle of pull, functional	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2 Theoretical	Knowledge and Application	Muscular System : Definition, properties of muscle, muscular contraction, structural classification, action of muscle in moving bone, direction of pull, angle of pull, functional classification,	slides, hands-on experiments	slides, hands-on experiments
ninth	2 Theoretical	Knowledge and Application	Joint Structure and Function: Describe the basic principles of joint design and a human joint, Describe the tissues present in human joints, including dense fibrous tissue, bone,	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2 Theoretical	Knowledge and Application	Joint Structure and Function: Describe the basic principles of joint design and a human joint, Describe the tissues present in human joints, including dense fibrous tissue, bone,	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2 Theoretical	Knowledge and Application	Joint Structure and Function: Classify joints: Synarthrosis, amphiarthrosis, diarthrosis, subclassification of synovial joints	slides, hands-on experiments	slides, hands-on experiments
Twelfth	2 Theoretical	Knowledge and Application	Joint Structure and Function: Describe joint functions, kinematics, range of motion, Describe the general effects	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

			of injury and disease.		
Thirteenth	2 Theoretical	Knowledge and Application	Posture – dynamic and static posture, kinetic and kinematics of posture, analysis of posture,.	Whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2 Theoretical	Knowledge and Application	Gait – kinematics and kinetics of gait, gait in running and stair climbing.	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2 Theoretical	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Basic Biomechanics of the Musculoskeletal System (4th ed.). Lippincott Williams & Wilkins
Main references (sources)	Hamill, J., Knutzen, K. M., & Derrick, T. R. (2015). <i>Biomechanical Basis of Human Movement</i> (4th ed.). Wolters Kluwer
Recommended books and references (scientific journals, reports...)	Journal of Biomechanics Clinical Biomechanics Gait & Posture
Electronic References, Websites	National Center for Biotechnology Information (NCBI)

1.Course Name: Principles of Physiology

2.Course Code: PTT105

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5. Available Attendance Forms: In-Person lectures	
6. Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 60 Practical hours / 4 Units	
7. Course administrator's name (mention all, if more than one name)	
Name: Dr. Abeer Talib Email:	
8. Course Objectives	
<b>Course Objectives</b>	• Acquire the skill in addition to information related to the medical condition
9. Teaching and Learning Strategies	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>The cognitive objectives of studying medical physiology in the Department of Physical Therapy Technology include providing students with a deep and comprehensive understanding of how biological systems in the human body function under normal conditions and how disease or injury affects these functions. The following are basic cognitive objectives in this field:</p> <ul style="list-style-type: none"> <li>. Understand normal functions: Learn how different body systems function under normal conditions.</li> <li>Physiological mechanisms: Understanding the mechanisms of physiological regulation and how to control the body's internal environment.</li> <li>. Stress Response: Understanding how the body adapts to different stressors such as trauma, infection, and environmental changes.</li> <li>Impact of Disease: Learn the physiological changes that occur during illness or injury and how they affect bodily systems.</li> <li>Systems Integration: Understanding how different physiological systems interact and function in an integrated manner.</li> </ul> <p>By achieving these cognitive objectives, physical therapy students gain the cognitive foundation necessary to understand the physiological needs of their patients and how to use this knowledge to improve physical therapy and rehabilitation outcomes</p> <p>B. Course specific skill objectives .</p> <p>The skill objectives for studying medical physiology in the Department of Physical Therapy Technology focus on developing practical skills that can be used in assessing and managing patients' conditions and improving the physical therapy process. Some of the main objectives are Assessment skills: Develop the ability to conduct an accurate physiological assessment of patients, using a variety of assessment tools and equipment.</p> <p>Application of measurements: The ability to interpret physiological data and use them in treatment planning.</p>

	<p><b>Intervention skills:</b> The ability to design and implement physical therapy plans based on an understanding of the physiology of different conditions.</p> <p><b>Therapeutic Responses:</b> Learn how to modify physical therapy interventions based on the patient's physiological responses.</p> <p><b>Manual Skills:</b> Acquire specialized manual skills in handling therapeutic exercises and other techniques based on physiological principles.</p> <p>By achieving these skill objectives, physical therapy graduates become equipped with the practical skills necessary to provide high-quality, effective care based on a thorough understanding of medical physiology</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +4 Practical's	Knowledge and Application	Reproductive System: 1. Sex determination and development Puberty. 2. Male sex hormones and their functions, spermatogenesis	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	Reproductive System: 3. Female sex hormones and functions, menstrual cycle ovulation and contraceptives. 4. Pregnancy, functions of placenta and lactation	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +4 Practical's	Knowledge and Application	Excretory System: 1. Gross and minute structure of Kidney and features of Renal circulation. 2. Mechanism of formation of Urine, Glomerular and Tubular function	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +4 Practical's	Knowledge and Application	Excretory System: Renal function Physiology of Micturition	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	Muscle and Nerve: 1. Structure of Neurons, membrane potential and generation of action potential. 2. Nerve impulse conduction, saltatory conduction	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	Muscle and Nerve: 3. Neuromuscular junction and drugs acting on it – Myasthenia.	slides , hands-on experiments Reports, oral and	slides , hands-on experiments Reports, oral and

			4. Degeneration and regeneration in peripheral nerves – Wallerian degeneration of electrotonus and flaggers Law	written theoretical exams	written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	Muscle: 1. Type of muscles and their gross structure, stimulus chronaxi strength duration curve. 2. Structure sarcomere – Basis of muscle contraction, Starling's Law and changes during muscle contraction	whiteboard, powerpoint	whiteboard, powerpoint
Eight	2Theoretical +4 Practical's	Knowledge and Application	Muscle: 3. Electrical – Biphasic and monophasic action potentials. 4. Chemical, thermal and physical changes, isometric and isotonic contraction.	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical +4 Practical's	Knowledge and Application	Muscle: 5. Motor units and its properties, Clonus, Tetanus, All or None Law, Beneficial Effect. 6. Nature of Voluntary contraction, Fatigue	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 1. Types and properties of receptors, types of sensations. 2. Structure of Synapse Reflex and its properties, occlusion summation, sub minimal fringe , etc	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 3. Tracts of Spinal Cord. 4. Descending, pyramidal and extra pyramidal tracts	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 5. Hemi section and complete section of spinal cord, upper and lower motor neuron paralysis. Cerebral cortex – areas and functions EEG	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 7. Structure, connections and functions of Cerebellum. 8. Connections and functions of Basal Ganglia and Thalamus	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 9. Reticular formation, tone, posture and balance. 10. Autonomic nervous system.	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Guyton, A. C., & Hall, J. E. (2021). <i>Guyton and Hall Textbook of Medical Physiology</i> (14th ed.). Elsevier
Main references (sources)	Costanzo, L. S. (2018). <i>Physiology</i> (6th ed.). Elsevier
Recommended books and references (scientific journals, reports...)	American Journal of Physiology Journal of Applied Physiology Physiological Reviews
Electronic References, Websites	American Physiological Society (APS)

1.Course Name: Human Physiology	
2.Course Code: PTT106	
3.Semester / Year: Second semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 60 Practical hours / 4 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Dr. Abeer Talib Email:	
8. Course Objectives	
<b>Course Objectives</b>	• Acquire the skill in addition to information related to the medical condition
9. Teaching and Learning Strategies	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>The cognitive objectives of studying medical physiology in the Department of Physical Therapy Technology include providing students with a deep and comprehensive understanding of how biological systems in the human body function under normal conditions and how disease or injury affects these functions. The following are basic cognitive objectives in this field:</p> <p>. Understand normal functions: Learn how different body systems function under normal conditions.</p> <p>Physiological mechanisms: Understanding the mechanisms of physiological regulation and how to control the body’s internal environment.</p> <p>. Stress Response: Understanding how the body adapts to different stressors such as trauma, infection, and environmental changes.</p> <p>Impact of Disease: Learn the physiological changes that occur during illness or injury and how they affect bodily systems.</p> <p>Systems Integration: Understanding how different physiological systems interact and function in an integrated manner.</p> <p>By achieving these cognitive objectives, physical therapy students gain the cognitive foundation necessary to understand the physiological needs of their patients and how to use this knowledge to improve physical therapy and rehabilitation outcomes</p> <p>B. Course specific skill objectives .</p>

	<p>The skill objectives for studying medical physiology in the Department of Physical Therapy Technology focus on developing practical skills that can be used in assessing and managing patients' conditions and improving the physical therapy process. Some of the main objectives are Assessment skills: Develop the ability to conduct an accurate physiological assessment of patients, using a variety of assessment tools and equipment.</p> <p>Application of measurements: The ability to interpret physiological data and use them in treatment planning.</p> <p>Intervention skills: The ability to design and implement physical therapy plans based on an understanding of the physiology of different conditions.</p> <p>Therapeutic Responses: Learn how to modify physical therapy interventions based on the patient's physiological responses.</p> <p>Manual Skills: Acquire specialized manual skills in handling therapeutic exercises and other techniques based on physiological principles.</p> <p>By achieving these skill objectives, physical therapy graduates become equipped with the practical skills necessary to provide high-quality, effective care based on a thorough understanding of medical physiology</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +4 Practical's	Knowledge and Application	Reproductive System: 1. Sex determination and development Puberty. 2. Male sex hormones and their functions, spermatogenesis	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	Reproductive System: 3. Female sex hormones and functions, menstrual cycle, ovulation and contraceptives. 4. Pregnancy, functions of placenta and lactation	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +4 Practical's	Knowledge and Application	Excretory System: 1. Gross and minute structure of Kidney and features of Renal circulation. 2. Mechanism of formation of Urine, Glomerular and Tubular function	whiteboard, powerpoint	whiteboard, powerpoint

The Fourth	2Theoretical +4 Practical's	Knowledge and Application	Excretory System: Renal function. Physiology of Micturition	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	Muscle and Nerve: 1. Structure of Neurons, membrane potential and generation of action potential. 2. Nerve impulse conduction, saltatory conduction	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	Muscle and Nerve: 3. Neuromuscular junction and drugs acting on it – Myasthenia. 4. Degeneration and regeneration in peripheral nerves – Wallerian degeneration of electrotonus and flaggers Law	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	Muscle: 1. Type of muscles and their gross structure, stimulus chronaxi strength duration curve. 2. Structure sarcomere – Basis of muscle contraction, Starling's Law and characteristics during muscle contraction	whiteboard, powerpoint	whiteboard, powerpoint
Eighth	2Theoretical +4 Practical's	Knowledge and Application	Muscle: 3. Electrical – Biphasic and monophasic action potentials. 4. Chemical, thermal and physical changes, isometric and isotonic contraction.	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical +4 Practical's	Knowledge and Application	Muscle: 5. Motor units and its properties, Clonus, Tetanus, All or None Law, Beneficial Effect. 6. Nature Voluntary contraction, Fatigue	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 1. Types and properties of receptors, types of sensations. 2. Structure of Synapses Reflex and its properties, occlusion summation, sub minimal fringe , etc	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 3. Tracts of Spinal Cord. 4. Descending, pyramidal and extra pyramidal tracts	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 5. Hemisection and complete section of spinal cord, upper and lower motor neuron paralysis. Cerebral cortex – areas and functions EEG	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 7. Structure, connections and functions of Cerebellum. 8. Connections and functions of Basal Ganglia and Thalamus	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	Nervous System: 9. Reticular formation, tone, posture and balance. 10. Autonomic nervous system.	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

12. Learning and Teaching Resources	
Required textbooks (curricular books, if any)	Guyton, A. C., & Hall, J. E. (2021). <i>Guyton and Hall Textbook of Medical Physiology</i> (14th ed.). Elsevier
Main references (sources)	Costanzo, L. S. (2018). <i>Physiology</i> (6th ed.). Elsevier
Recommended books and references (scientific journals, reports...)	American Journal of Physiology Journal of Applied Physiology Physiological Reviews
Electronic References, Websites	PubMed - Human Physiology Research

1. Course Name: Kinesiology
2. Course Code: PTT102
3. Semester / Year: Second semester / 2025-2026

4. Description Preparation Date: 1/9/2025					
5. Available Attendance Forms: In-person Lectures					
6. Number of Credit Hours (Total) / Number of Units (Total)					
30 Theoretical / 2 Units					
7. Course administrator's name (mention all, if more than one name)					
Name: Dr. Salah Fadhil Email:					
8. Course Objectives					
<b>Course Objectives</b>		• Learn the types and analysis of advanced movement in the human body and how to deal with it			
9. Teaching and Learning Strategies					
<b>Strategy</b>		<p>A. Cognitive objectives</p> <p>Definition of the natural laws affecting human body movement.</p> <p>Definition of factors that help analyze human body movement.</p> <p>Iron deficiency or dysfunction in body movement and how to restore it to normal</p> <p>B. Course specific skill objectives</p> <p>B1 . Identify the deficiency or defect in body movement and how to restore it to its normal state .</p> <p>B2 . Knowing the specific exercises for each of the different body movements</p>			
10. Course Structure					
<b>Week</b>	<b>Hours</b>	<b>Required Learning Outcomes</b>	<b>Unit or subject name</b>	<b>Learning method</b>	<b>Evaluation method</b>

The First	2 Theoretical	Knowledge and Application	peripheral joints The shoulder complex: Structure and component the shoulder complex and their integrated function	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2 Theoretical	Knowledge and Application	The elbow complex: Structure and function of the elbow joint – humeroulnar and humeroradial articulations, superior and inferior radioulnar joints; mobility and stability of the elbow complex; the effects of immobilization and injury	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2 Theoretical	Knowledge and Application	The wrist and hand complex: Structural components and functions of the wrist complex; structure of the hand complex; comprehension; functional position of the wrist and hand.	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2 Theoretical	Knowledge and Application	The hip complex: Structure and function of the hip joint; hip joint pathology - arthrosis fracture, bone abnormality of the femur	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2 Theoretical	Knowledge and Application	The knee complex: Structure and function of the knee joint – tibiofemoral joint and patellofemoral joint; effects of injury and disease	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2 Theoretical	Knowledge and Application	The ankle and foot complex.: structure and function of the ankle joint subtalar joint, talocalcaneonavicular joint, transverse tarsal joint, tarsometatarsal joint, metatarsophalangeal joint, interphalangeal joints structure and function of plantar arches, muscles of the ankle and foot, deviations from normal structure and function – Pes Planus and Pes Cavus	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2 Theoretical	Knowledge and Application	The ankle and foot complex.: structure and function of the ankle joint, subtalar joint, talocalcaneonavicular joint, transverse tarsal joint, tarsometatarsal joints,	whiteboard, powerpoint	whiteboard, powerpoint

			metatarsophalangeal joints, interphalangeal joints, structure and function of the plantar arches, muscles of the ankle and foot, deviations from normal structure and function – Pes Planus and Pes Cavus		
eighth	2 Theoretical	Knowledge and Application	Thorax and Chest wall: General structure and function, Rib cage and the muscles associated with the rib cage, Ventilatory movements: coordination and integration. Developmental aspects structure and function. Changes in normal structure and function I relation pregnancy, scoliosis and COPD	slides , hands-on experiments	slides , hands-on experiments
ninth	2 Theoretical	Knowledge and Application	Thorax and Chest wall: General structure and function, Rib cage and the muscles associated with the rib cage, Ventilatory movements: its coordination and integration, Developmental aspects structure and function. Changes in normal structure and function I relation pregnancy, scoliosis and COPD	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2 Theoretical	Knowledge and Application	Temporomandibular Joint: General features structure, function and dysfunction	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2 Theoretical	Knowledge and Application	Gait: Define, the stance, swing and double support phases of gait, sub-division of the stance and swing phases of gait. time and distance parameters of gait	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2 Theoretical	Knowledge and Application	Gait: Joint motion at the knee and ankle for one extreme during a gait cycle. The location of line of gravity in relation to the knee and ankle during the stance phases of gait. The gravitational moments of force acting at the hip, knee and ankle during the stance phase	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2 Theoretical	Knowledge and Application	Gait: Muscle activity at the hip, knee and ankle throughout the gait cycle, including why and when a particular muscle is active and the type of construction required. The role of each muscle and the determinants of gait	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2 Theoretical	Knowledge and Application	Gait: The muscle activity that occurs in the upper extremity and trunk. Pathological gaits	slides , hands-on experiments	slides , hands-on experiments

			and gait deviations.		
Fifteenth	2 Theoretical	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

### 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

### 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Neumann, D. A. (2017). <i>Kinesiology of the Musculoskeletal System: Foundations for Rehabilitation</i> (3rd ed.). Elsevier
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Main references (sources)	Enoka, R. M. (2015). <i>Neuromechanics of Human Movement</i> (5th ed.). Human Kinetics
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Recommended books and references (scientific journals, reports...)	Journal of Biomechanics Journal of Applied Biomechanics
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Electronic References, Websites	PubMed – Kinesiology & Human Movement Research:
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1.Course Name: Clinical Chemistry

2.Course Code: PTT109

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5. Available Attendance Forms: In-person lectures	
6. Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 60 Practical hours / 4 Units	
7. Course administrator's name (mention all, if more than one name)	
Name: Dr. Ahmed Mousa Email:	
8. Course Objectives	
<b>Course Objectives</b>	• Acquire the skill in addition to information related to the medical condition
9. Teaching and Learning Strategies	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>The cognitive objective of studying clinical chemistry in the Department of Physical Therapy Technology includes understanding the chemical and biochemical processes that occur in the body and how these processes affect patients' health and treatment. Other objectives include :</p> <ol style="list-style-type: none"> <li>1. Understanding the chemical composition of the body: Identifying the basic chemical components such as proteins, fats, carbohydrates, and vitamins and their role in maintaining health</li> <li>2. Clinical Analysis: Learn how to perform and interpret various clinical chemical tests that help diagnose diseases and monitor the course of treatment</li> <li>3. The relationship between chemistry and physical therapy: Understanding how chemical changes in the body can affect functional performance and healing, and how physical therapy can interfere with these processes.</li> <li>4. Integrating chemical knowledge into therapeutic practices: Using clinical chemistry knowledge to improve physical therapy techniques and develop personalized treatment programs for each patient.</li> <li>5. Clinical Decision Making: Develop the ability to evaluate clinical chemical data and use them effectively in making medical decisions related to physical therapy .</li> </ol> <p>This comprehensive understanding helps students in physical therapy techniques better communicate with the patient care team and contribute more to the patient's overall treatment plan</p> <p>B. Course specific skill objectives .</p>

The skill objectives for studying clinical chemistry in the Department of Physiotherapy Technology focus on enabling students to perform a variety of practical and applied activities. Some of these objectives are as follows :

- . Sample analysis skills: Learn how to properly collect and prepare biological samples for chemical analysis .
- . Operating laboratory equipment: Acquiring the ability to handle laboratory equipment and techniques used in clinical chemistry, such as spectrometers and blood chemical analyzers .
- . Laboratory technology skills: Developing the ability to conduct biochemical tests and interpret their results accurately .
- . Laboratory safety skills: Understanding and applying biological and chemical safety rules within the laboratory

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +4 Practical's	Knowledge and Application	CELL	Whiteboard, powerpoint	Whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	BODY FLUIDS	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +4 Practical's	Knowledge and Application	BIOMOLECULES: AMINO ACIDS, PEPTIDES & PROTEINS	Whiteboard, powerpoint	Whiteboard, powerpoint
The Fourth	2Theoretical +4 Practical's	Knowledge and Application	BIOMOLECULES: AMINO ACIDS, PEPTIDES & PROTEINS	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written

					theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	ENZYMES	iteboard, powerp	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	CARBOHYDRATES	slides , hands-on experiments Repor oral and written theoretical exam	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	LIPIDS	iteboard, powerp	whiteboard, powerpoint
eighth	2Theoretical +4 Practical's	Knowledge and Application	LIPIDS	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +4 Practical's	Knowledge and Application	NUCLEIC ACIDS	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	NUTRITIONAL BIOCHEMISTR MINERALS & TRACE ELEMEN	iteboard, powerp	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	NUTRITIONAL BIOCHEMISTR MINERALS & TRACE ELEMEN	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +4 Practical's	Knowledge and Application	VITAMINS	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	NUTRITION	iteboard, powerp	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	MOLECULAR BIOLOGY	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)

**Burtis, CA, Ashwood, ER, & Bruns, DE (2017). Tietz Fundamentals of Clinical Chemistry and Molec  
Diagnostics (8th ed.). Elsevier**

Main references (sources)

**Mayne, P. D. (2010). Clinical Chemistry in Diagnosis and Treatment (7th ed.). CRC Press**

Recommended books and references (scientific journals, reports...)	<b>Clinical Biochemistry (Journal)</b>
Electronic References, Websites	<b>PubMed - Clinical Biochemistry Research</b>

1.Course Name: Medical physics
2.Course Code: PTT110
3.Semester / Year: Second semester / 2025-2026
4.Description Preparation Date: 1/9/2025
5.Available Attendance Forms: In-person Lectures
6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 60 Practical hours / 4 Units	
7. Course administrator's name (mention all, if more than one name)	
Name: Dr. Mohamed Ajami Abed Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> <li>• <b>Acquiring skills in addition to information related to the relationship between</b></li> <li>• <b>its relationship to physical therapy physics and movement and</b></li> </ul>
9. Teaching and Learning Strategies	
Strategy	<p>A. Cognitive objectives</p> <p>It involves understanding how the laws of physics apply to the human body and using physical therapies to improve health. Goals include:</p> <ul style="list-style-type: none"> <li>. Understanding the scientific foundations and physical principles that underlie natural therapies .</li> <li>Learn how to use physics based medical machines and devices in physical therapy .</li> <li>. Explain how movement , forces and pressure affect the human body .</li> <li>. Learn how to use heat , cold, ultrasound and electricity therapy in managing patients' conditions</li> <li>Develop the ability to analyze data and conduct appropriate assessments to select the optima treatment .</li> </ul> <p>B. Course specific skill objectives .</p> <p>The skill objectives for studying medical physics in the Department of Physical Therapy</p> <p>Technology aim to develop a set of practical skills that enhance the student's ability to interact directly with patients and use various tools and technologies. These objectives may include :</p> <ul style="list-style-type: none"> <li>. Proficiency in the use of specialized devices and tools in physical therapy .</li> <li>. Applying therapeutic techniques based on physical principles safely and effectively .</li> <li>. Developing effective communication skills with patients while providing physical therapy .</li> <li>. Evaluating individual cases and determining appropriate doses of physiotherapy using medical physics .</li> <li>. Developing critical thinking and problem-solving skills related to physical therapy .</li> </ul>

. Learn how to conduct tests and interpret results to evaluate the effectiveness of treatments .

These skills help students become professionals who can work independently and contribute effectively to healthcare teams

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +4 Practical's	Knowledge and Application	ELECTRICITY AND MAGNETISM	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	static electricity	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +4 Practical's	Knowledge and Application	CURRENT ELECTRICITY	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +4 Practical's	Knowledge and Application	Electromagnetism	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	ELECTRO MECHANICS	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	CLASSIFICATION OF CURRENTS	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	Medium Frequency Current	whiteboard, powerpoint	whiteboard, powerpoint

eighth	2Theoretical +4 Practical's	Knowledge and Application	High Frequency Current	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +4 Practical's	Knowledge and Application	SOUND WAVES	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	HEAT	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	ELECTROMAGNETIC RADIATION	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +4 Practical's	Knowledge and Application	SAFETY IN BIOMEDICAL INSTRUMENTS	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	RADIATION PROTECTION	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	PRACTICAL	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports ... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Hendee, W. R., Ritenour, E. R., & Kanal, E. (2013). <i>Medical Imaging Physics</i> (4th ed.). Wiley
Main references (sources)	Podgorsak , E. B. (2006). <i>Radiation Physics for Medical Physicists</i> . Springer
Recommended books and references (scientific journals, reports...)	Medical Physics (Journal, AAPM)
Electronic References, Websites	ScienceDirect – Medical Physics Articles

1.Course Name: Medical Biology

2.Course Code: MTCD101

3.Semester / Year: Second semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

<b>6.Number of Credit Hours (Total) / Number of Units (Total)</b>					
30 Theoretical + 60 Practical hours / 4 Units					
<b>7.Course administrator's name (mention all, if more than one name)</b>					
Name: Dr. Maksood Adil Mahmood Email:					
<b>8. Course Objectives</b>					
<b>Course Objectives</b>		<ul style="list-style-type: none"> <li>• Knowing the history and branches of medical biology and dealing with them through</li> <li>• accurate diagnosis of the relationship with the impact on the body's systems, which</li> <li>• helps the physical therapist to deal with such cases</li> </ul>			
<b>9. Teaching and Learning Strategies</b>					
<b>Strategy</b>		<p>A. Cognitive objectives</p> <p>Knowing the types of pathogens that cause injuries to the body</p> <p>Genetic factors and chromosomal changes</p> <p>The body's defense mechanism against pathogens</p> <p>Some pathogens and how to prevent them</p> <p>A. Course specific skill objectives</p> <p>Develop an understanding of the fundamentals of microbiology and the research methods used in this field .</p> <p>Gain technical skills in using microscopes and other laboratory tools used in the analysis of live samples .</p> <p>Identify different types of microorganisms including bacteria, viruses, fungi, and parasites .</p> <p>Develop the ability to estimate the size, shape and cellular structure of living organisms using a microscope</p>			
<b>10. Course Structure</b>					
<b>Week</b>	<b>Hours</b>	<b>Required Learning Outcomes</b>	<b>Unit or subject name</b>	<b>Learning method</b>	<b>Evaluation method</b>

The First	2Theoretical +4 Practical's	Knowledge and Application	Histo microbiology - History	whiteboard, powerp	whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	Branches of Microbiology	slides , hands-on xperiments Report oral and written theoretical exams	slides , hands- on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +4 Practical's	Knowledge and Application	Structure of Microbes	whiteboard, powerp	whiteboard, powerpoint
The Fourth	2Theoretical +4 Practical's	Knowledge and Application	Morphology of Bacteria	slides , hands-on xperiments Report oral and written theoretical exams	slides , hands- on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	Requirement of Bacteria	whiteboard, powerp	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	Nutrition ( Autotrophic: Photoautotrophic, Chemoautotrophic) Heterotroph	slides , hands-on xperiments Report oral and written theoretical exams	slides , hands- on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	Factors influencing growth (Physical factors + Chemical factors)	whiteboard, powerp	whiteboard, powerpoint
eighth	2Theoretical +4 Practical's	Knowledge and Application	Physical and chemical Method	slides , hands-on experiments	slides , hands- on experiments
ninth	2Theoretical +4 Practical's	Knowledge and Application	ANTIBIOTICS THE BASES OF CHEMOTHERAPY	Reports, oral and written theoretica exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	Classification tissue / Nucleic acid / properties Tissue	whiteboard, powerp	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	growth curve	slides , hands-on experiments	slides , hands- on experiments

Twelfth	2Theoretical +4 Practical's	Knowledge and Application	Introduction to Biosafety and Security, The main components of bio risk management, Safety measures in all laboratories and laboratory design, General safety precaution Personal protective equipment.	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	Biosafety level, risk assessment strategy, Hazard groups, biosafety levels and equipment, Standard practices required in biological laboratories	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	The biological factors, Routes of infection, Risk group classification Biosafety measures, Control of substances hazardous to health	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Tortora, G. J., & Derrickson, B. (2018). <i>Principles of Anatomy and Physiology</i> (15th ed.). Wiley
Main references (sources)	Marieb, E. N., & Hoehn, K. (2019). <i>Human Anatomy &amp; Physiology</i> (11th ed.). Pearson
Recommended books and references (scientific journals, reports...)	Annual Review of Cell and Developmental Biology
Electronic References, Websites	PubMed - Medical Biology Research

1.Course Name: Nursing and First aid Basics

2.Course Code: PTT103

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 45 Practical hours / 3 Units

7.Course administrator's name (mention all, if more than one name)

Name: Nada Wahab  
 Email:

## 8. Course Objectives

**Course Objectives** • Acquire the skill in addition to information related to the medical condition

## 9. Teaching and Learning Strategies

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1 . Knowledge of the practical application of the nursing profession and how to solve problems related to it.</p> <p>A2 . How to treat the patient and create an atmosphere of understanding and cooperation between the patient and the therapist</p> <p>Course specific skill objectives B.</p> <p>B1 . How to measure vital signs .</p> <p>B2 . How to give injections and their types</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Introduction Definition of first aid. Importance of first aid, Golden rules of first aid, Scope and concept of emergency.	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	First aid emergencies Burns & Scalds: Causes, Degrees of burns, First aid treatment, General treatment	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	First aid emergencies <i>Poisoning</i> Classification (irritants, acid, alkali, narcotics), Signs and symptoms. First aid treatment general treatment	whiteboard, powerpoint	whiteboard, powerpoint

The Fourth	2Theoretical +3 Practical's	Knowledge and Application	First aid emergencies Trauma due to foreign body intrusion: Eye, ear, nose , thro stomach and lungs	slides , hands-on xperiments Report oral and written theoretical exams	slides , hands- on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	First aid emergencies <i>Bites</i> : First aid, signs, symptoms and treatment. Dog bite: rabbit bite Snake bite: neurotoxin, bleeding diathesi Snake bite: neurotoxin, bleeding diathesis	iteboard, powerp	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Skeletal injuries Definition: Types of fractures of various pa of the body. Causes, Signs an Symptoms. Rules of treatment transportation of patient with fracture and spinal cord injuri First aid measures in dislocatio joints . Treatment of muscle injuries.	slides , hands-on xperiments Report oral and written theoretical exams	slides , hands- on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Respiratory emergencies: Asphy Etiology, Signs & Symptoms, ru of treatment	iteboard, powerp	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Respiratory emergencies: Drowning: Definition and management	slides , hands-on experiments	slides , hands- on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Respiratory emergencies: Artifi respiration: Types and techniqu	Reports, oral and written theoretica exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Wounds and Hemorrhage Wound Classification, management	iteboard, powerp	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Wounds and Hemorrhage Wound Classification, management Woun and Hemorrhage Haemorrhages Classification, signs and symptom rules for treatment of hemorrhag	slides , hands-on experiments	slides , hands- on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Wounds and Hemorrhage Treatment hemorrhage from special areas ( scalp, mouth, nose, ear , palm a various veins ).Internal Haemorrhag Visible and concealed	Reports, oral and written theoretica exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	F. Shock and unconsciousness Definition: Types of shock, Common causes of shock, signs and symptoms of shock ( assessmer established shock ). General and special treatment of established sh	iteboard, powerp	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Transportation of the injured 1. Methods of transportation: Sing helper, Hand seat, Stretcher, Whee transport (ambulance). 2. Precautions taken: Blanket lif Air and Sea travel	slides , hands-on experiments	slides , hands- on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretica exams	Reports, oral and written theoretical exams

11.

## Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Potter, P. A., Perry, A. G., Hall, A., &amp; Stockert, P. A. (2017). <i>Fundamentals of Nursing</i> (10th ed.). Elsevier</b>
Main references (sources)	<b>American Red Cross. (2017). <i>First Aid/CPR/AED Participant's Manual</i>. StayWell</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Nursing Education</b>
Electronic References, Websites	<b>American Red Cross – First Aid Resources</b>

1.Course Name: Anatomy Basics

2.Course Code: PTT108

3.Semester / Year: Second semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: person lectures-In

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 60 Practical hours / 4 Units

7.Course administrator's name (mention all, if more than one name)

Name: Dr. Assad Hameed Taha

Email:

## 8. Course Objectives

<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• Learn the importance of anatomy and the location of organs for the student</li> <li>• in his field of specialization</li> </ul>
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## 9. Teaching and Learning Strategies

<b>Strategy</b>	<p>A. Cognitive objectives</p> <ol style="list-style-type: none"> <li>1. Gaining knowledge of the structure of the human body in general.</li> <li>2. Knowledge of anatomical positions, terminology and levels.</li> <li>3. Types of tissues.</li> <li>4. Understanding the histological features of different organs</li> <li>5. Identify muscle tissue and its types</li> </ol> <p>Course specific skill objectives B.</p> <p>. The general objective of teaching basic sciences in the field of human anatomy is to provide important scientific knowledge that involves knowledge of the structural composition of the body at the level of systems, organs and cells.</p> <p>- Raising students' ability to link anatomical facts with clinical applications using radiographs, ultrasound, MRI, and histological slides.</p> <p>- Implementing professional and ethical education for students</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +4 Practical's	Knowledge and Application	Introduction: Define Anatomy and mention its sub-divisions Name regions, cavities and systems of the body.	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	Histology: General Histology, study the basic tissues of the body, classify and mention the microscopic structure of types of tissues) such as Cell, Epithelium, Connective Tissue, Cartilage, Bone, Muscular tissue	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams

The Third	2Theoretical +4 Practical's	Knowledge and Application	Osteology: Anatomical position of the body, axes, planes, common anatomical terminologies (groove, tuberosity, trochanters etc ), Connective tissue classification	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +4 Practical's	Knowledge and Application	Osteology: Bones Composition and functions, classification of types according to morphology and development, growth and repair, structure of long bone vertebral column, types of vertebrae, bones of extremities and body landmarks	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	Arthrology: Definitions, Classification of joints, Construction of joint Motions of joints, Structure of fibrous, cartilaginous joints,	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	Arthrology: Blood supply and nerve supply of joints, articulations articular surfaces, types of joint motions of upper and lower extremities, trunk, head	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	Myology: Types of muscle tissue Muscles of upper extremity, lower extremity, trunk, eye, face etc. origin, insertion, nerve supply and action (in detail)	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +4 Practical's	Knowledge and Application	Myology of other systems: Cardiovascular system, Blood lymph, tissue fluid-characteristics composition, and function, The heart-main arteries, veins, capillaries, Lymph circulation	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +4 Practical's	Knowledge and Application	Upper extremity	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	Pectoral region, Outline the features of pectoral region, Name and identify sternum, clavicle, scapula and humerus Outline the main features of the bones of shoulder girdle, Identify the parts, borders and surfaces of sternum	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	Scapular region, Comprehend the main features of the muscle in the scapular region, State the layered arrangements of the muscles of the back, Name and identify the muscles	slides , hands-on experiments	slides , hands-on experiments

			the scapular region. Mention the origin, insertion, nerve supply and actions		
Twelfth	2Theoretical +4 Practical's	Knowledge and Application	Shoulder Girdle, Comprehend the main features of the joints of the shoulder girdle. Name the joints of the shoulder girdle. Identify the articular surfaces and name the ligaments and movements of sternoclavicular and acromioclavicular joints.	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	Shoulder Girdle, Mention the types of the joints. Demonstrate and name the movements of scapula. Mention the chief muscles producing these movements	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	Shoulder joint, Mention the types of articular surfaces and ligaments of the shoulder joint.	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	Define and demonstrate the movements of the shoulder joint, Name and identify the chief muscles producing these movements. Mention the blood supply and nerve supply of this joint	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Moore, K. L., Dalley, A. F., &amp; Agur, A. M. R. (2018). Clinical Oriented Anatomy (8th ed.). Wolters Kluwer</b>
Main references (sources)	<b>Snell, R. S. (2011). Clinical Anatomy by Systems. Lippincott Williams &amp; Wilkins</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Anatomy</b>
Electronic References, Websites	<b>Visible Body – Anatomy Learning Tools</b>

1.Course Name: Medical microbiology

2.Course Code: MTCD 102

3.Semester / Year: Second semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 60 Practical hours / 4 Units

7.Course administrator's name (mention all, if more than one name)

Name: Dr. Louay Manaa Ibrahim

Email:

## 8. Course Objectives

### Course Objectives

- Acquire the skill in addition to information related to the medical condition

## 9. Teaching and Learning Strategies

### Strategy

#### A. Cognitive objectives

The cognitive objectives of studying medical microbiology in the Department of Physiotherapy Technology are primarily to provide students with the theoretical and scientific foundation they need to understand how different microbes, such as bacteria, viruses, fungi, and parasites, can affect human health and how to manage them. Some of the main cognitive objectives are detailed below

. Understand the principles of medical microbiology: learn the basic characteristics of microbes and how to classify them .

Knowledge of bacteriology and virology: gaining information about types of bacteria and viruses,

their life cycles, and mechanisms of disease causation .

Develop knowledge of infectious diseases: Learning about various infectious diseases and their

effect on the human body .

. Laboratory techniques: Knowing how to perform and interpret laboratory tests to diagnose

infection .

Treatment and clinical management: Understanding the different treatment options for infectious diseases .

. Evaluating scientific information: Learn how to evaluate scientific literature and new research

in the field of medical microbiology .

. Application of knowledge: Students ' ability to apply their knowledge of medical microbiology in physical therapy practice .

. Work within a multidisciplinary team : Learn how to work collaboratively with other healthcare professionals to provide comprehensive treatment to patients

These cognitive objectives are essential to provide students with the skills and knowledge necessary to understand the impact of infectious diseases in the field of physical therapy and to enhance

their ability to contribute effectively to the comprehensive health care of patients

	<p>Course specific skill objectives B.</p> <p>The skill objectives for studying medical microbiology in the Department of Physical Therapy Technology focus on developing students' practical and technical abilities to work with microorganisms and apply these skills in their professional practice. Here are some of these objectives :</p> <ul style="list-style-type: none"> <li>. Diagnostic skills : Develop the ability to correctly collect clinical samples and perform laboratory tests to diagnose infectious diseases</li> <li>Laboratory skills: Gain experience in using a microscope, performing microbial cultures, and identifying organisms . Microscopic</li> <li>. Implementing infection control procedures: practicing standard infection prevention procedures, including sterilization control and the use of personal protective measures .</li> <li>. Analytical skills: learning how to analyze laboratory test results and evaluate their relevance to clinical diagnosis .</li> <li>. Communication: Develop the ability to communicate effectively with healthcare teams and exchange information about the diagnosis and treatment management of infected patients .</li> <li>Integrated Clinical Skills: Learn how to integrate medical microbiology knowledge with clinical practice in physical therapy .</li> <li>. Ability to self-assess and continuously learn: Encourage students to self-assess their skills and identify the need for continuous learning for continuous improvement in clinical practice</li> </ul>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +4 Practical's	Knowledge and Application	Introduction	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	Classification	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams

The Third	2Theoretical +4 Practical's	Knowledge and Application	Sterilization & disinfection	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +4 Practical's	Knowledge and Application	Immunology	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	Immunology	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	Laboratory Diagnosis	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	Bacteriology	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +4 Practical's	Knowledge and Application	Bacteriology	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +4 Practical's	Knowledge and Application	Viruses	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	Viruses	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	Mycology	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +4 Practical's	Knowledge and Application	Introduction to Biosafety and Security	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	Biosafety level, risk assessment strategy	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	The biological factors	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

12. Learning and Teaching Resources	
Required textbooks (curricular books, if any)	<b>Alberts, B., Johnson, A., Lewis, J., Morgan, D., Raff, Roberts, K., &amp; Walter, P. (2015). <i>Molecular Biology of Cell</i> (6th ed.). Garland Scienc</b>
Main references (sources)	<b>Marieb, E. N., &amp; Hoehn, K. (2019). <i>Human Anatomy &amp; Physiology</i> (11th ed.). Pearson</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Medical Biology</b>
Electronic References, Websites	<b>PubMed - Medical Biology Research</b>

1.Course Name: Computer
2.Course Code: NTU 101
3.Semester / Year: First semester / 2025-2026
4.Description Preparation Date: 1/9/2025
5.Available Attendance Forms: In-person lectures
6.Number of Credit Hours (Total) / Number of Units (Total)
15 Theoretical + 15 Practical hours / 2 Units

7. Course administrator's name (mention all, if more than one name)

Name: Omar Tariq Khatab  
 Email:

8. Course Objectives

<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• Providing students with skills in using basic office applications, creating office files and documents, using the operating system, and the basics of working in a digital environment.</li> </ul>
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9. Teaching and Learning Strategies

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>Providing the student with knowledge in managing and using various computer applications</p> <p>Course specific skill objectives B.</p> <p>Understand basic concepts in computer science and the history of the development of computer technology</p> <p>Gain skills in using operating systems and office software such as Microsoft Office</p> <p>Develop online research skills and learn how to evaluate information sources on the web</p>
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10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	1 Theoretical +1 Practical's	Knowledge and Application	Computer Fundamentals	Computer Fundamen	Computer Fundamentals

The Second	1 Theoretical +1 Practical's	Knowledge and Application	Computer Concept, Computer	Computer Concept Computer	Computer Concept, Computer
The Third	1 Theoretical +1 Practical's	Knowledge and Application	Life Cycle Phases, Evolution of Computer Generations whiteboard, powerpoint	Life Cycle Phases Evolution of Computer Generations whiteboard, powerpoint	Life Cycle Phases, Evolution of Computer Generations whiteboard, powerpoint
The Fourth	1 Theoretical +1 Practical's	Knowledge and Application	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands- on experiments Reports, oral and written theoretical exams
Fifth	1 Theoretical +1 Practical's	Knowledge and Application	Advantages of computers and their	Advantages of computers and their	Advantages of computers and their
Sixth	1 Theoretical +1 Practical's	Knowledge and Application	areas of use. Classification of	areas of use. Classification of	areas of use. Classification of
Seventh	1 Theoretical +1 Practical's	Knowledge and Application	computers in terms of purpose,	computers in terms purpose,	computers in terms of purpose,
eighth	1 Theoretical +1 Practical's	Knowledge and Application	size, and data type	size, and data type	size, and data type
ninth	1 Theoretical +1 Practical's	Knowledge and Application	whiteboard, powerpoint	whiteboard, powerpoint	whiteboard, powerpoint
Tenth	1 Theoretical +1 Practical's	Knowledge and Application	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands- on experiments Reports, oral and written theoretical exams
Eleventh	1 Theoretical +1 Practical's	Knowledge and Application	Computer components	Computer compone	Computer components
Twelfth	1 Theoretical +1 Practical's	Knowledge and Application	Computer Components Hardware parts of the computer Software entities whiteboard, powerpoint	Computer Compone Hardware parts of t computer Software entities whiteboard powerpoint	Computer Components Hardware parts of the computer Software entities whiteboard, powerpoint
Thirteenth	1 Theoretical +1 Practical's	Knowledge and Application	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands- on experiments Reports, oral

					and written theoretical exams
Fourteenth	1 Theoretical +1 Practical's	Knowledge and Application	Your Personal Computer:	Your Personal Computer:	Your Personal Computer:
Fifteenth	1 Theoretical +1 Practical's	Knowledge and Application	Computer Security Concept and Software Licensing	Computer Security Concept and Software Licensing	Computer Security Concept and Software Licensing

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports ... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Shelly, G. B., &amp; Vermaat, M. E. (2014). <i>Discover Computers: Fundamentals (8th ed.)</i>. Cengage Learning</b>
Main references (sources)	<b>Brookshear, J. G., &amp; Brylow, D. (2019). <i>Computer Science: An Overview (13th ed.)</i>. Pearson</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Computer Science and Technology</b>
Electronic References, Websites	<b>GeeksforGeeks – Computer Science Portal</b>

1.Course Name: Human rights and democracy

2.Course Code: NTU 102

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person Lectures

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical / 2 Units

7.Course administrator's name (mention all, if more than one name)

Name: Asmaa Mohamed Jassim

Email:

8. Course Objectives					
<b>Course Objectives</b>		<ul style="list-style-type: none"> <li>The subject of Rights and Democracy provides students with increased awareness and training on the importance of active participation in all aspects of life , such as enhancing respect for the principles of general human rights in various aspects of life</li> </ul>			
9. Teaching and Learning Strategies					
<b>Strategy</b>		<p>A. Cognitive objectives</p> <p>The subject of Rights and Democracy provides students with increased awareness and training on the importance of active participation in all aspects of life , such as enhancing respect for the principles of general human rights in various aspects of life To increase the student's knowledge of the theoretical conceptual aspect and historical development of the subject of human rights and democracy. To develop the student's analytical and critical</p> <p>skills regarding the reality and future of human rights and democracy. To enable students to understand the importance of education and its role in spreading the culture of human rights and democracy in building a civilized society based on good governance, one of the most important components of which is belief in human rights</p> <p>Course specific skill objectives B.</p> <p>Introduction to the history of human rights and stages of development.</p> <p>Spreading culture and nourishing the student from the Islamic side.</p> <p>How to preserve society and country by promoting love for country.</p> <p>Learn about the most important rights granted to them according to international norms and laws.</p> <p>Promoting citizenship among students</p>			
10. Course Structure					
Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical	Knowledge	Historical development of human rights, human rights ancient civilizations whiteboard powerpoint	Historical development of human rights, human rights ancient civilizations whiteboard powerpoint	Historical development of human rights, human rights in ancient civilizations whiteboard, powerpoint
The Second	2Theoretical	Knowledge	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written

					theoretical exams
The Third	2Theoretical	Knowledge	Human rights in divine law	Human rights in divine law	Human rights in divine laws
The Fourth	2Theoretical	Knowledge	with a focus on human rights	with a focus on human rights	with a focus on human rights
Fifth	2Theoretical	Knowledge	in Islam whiteboard, powerpoint	Islam whiteboard, powerpoint	in Islam whiteboard, powerpoint
Sixth	2Theoretical	Knowledge	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical	Knowledge	Human Rights in the Middle Ages	Human Rights in the Middle Ages	Human Rights in the Middle
eighth	2Theoretical	Knowledge	Ages and Modern Times whiteboard, powerpoint	Ages and Modern Times whiteboard, powerpoint	Ages and Modern Times whiteboard, powerpoint
ninth	2Theoretical	Knowledge	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	Regional recognition of human rights	Regional recognition of human rights	Regional recognition of human
Eleventh	2Theoretical	Knowledge	rights at the European, American, African, Islamic and Arab levels whiteboard, powerpoint	rights at the European, American, African, Islamic and Arab levels whiteboard, powerpoint	rights at the European, American, African, Islamic and Arab levels whiteboard, powerpoint
Twelfth	2Theoretical	Knowledge	slides , hands-on experiments	slides , hands-on experiments	slides , hands-on experiments

Thirteenth	2Theoretical	Knowledge	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Fourteenth	2Theoretical	Knowledge	Non-governmental organizations	n-governmental organizations	Non-governmental organizations
Fifteenth	2Theoretical	Knowledge	and their role in human rights (International Committee of the Red Cross, Amnesty International, Human Rights Watch, Arab Organization for Human Rights whiteboard powerpoint	and their role in human rights (International Committee of the Red Cross, Amnesty International, Human Rights Watch, Arab Organization for Human Rights whiteboard powerpoint	and their role in human rights (International Committee of the Red Cross, Amnesty International, Human Rights Watch, Arab Organization for Human Rights whiteboard, powerpoint

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Freeman, M. (2017). <i>Human Rights: An Interdisciplinary Approach</i> (3rd ed.). Polity Press</b>
Main references (sources)	<b>Beetham, D. (2013). <i>Democracy and Human Rights</i>. Polity Press.</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Human Rights</b>
Electronic References, Websites	<b>Office of the High Commissioner for Human Rights (OHCHR)</b>

1.Course Name: Sport Education

2.Course Code: NTU 104

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

<b>6.Number of Credit Hours (Total) / Number of Units (Total)</b>					
15 Theoretical + 15 Practical hours / 2 Units					
<b>7.Course administrator's name (mention all, if more than one name)</b>					
Name: Dr.Majid Hameed Abed Email:					
<b>8. Course Objectives</b>					
<b>Course Objectives</b>		• The student acquires motor skills			
<b>9. Teaching and Learning Strategies</b>					
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>Sports culture awareness.</p> <p>. Providing students with comprehensive information about the rules of the games and explaining good behavior when participating in races</p> <p>Course specific skill objectives B.</p> <p>B1 . Developing students' skills in various sports.</p> <p>B2. Knowing the rules and regulations for each game.</p> <p>B3. Developing and improving physical fitness and motor skills</p>				
<b>10 .Course Structure</b>					
<b>Week</b>	<b>Hours</b>	<b>Required Learning Outcomes</b>	<b>Unit or subject name</b>	<b>Learning method</b>	<b>Evaluation method</b>
The First	1Theoretical +1 Practical's	Knowledge and Application	Sports: definition, importance	Sports: definition importance	Sports: definition, importance
The Second	1Theoretical +1 Practical's	Knowledge and Application	and types whiteboard, powerpoint	and types whiteboard, powerpoint	and types whiteboard, powerpoint

The Third	1 Theoretical +1 Practical's	Knowledge and Application	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Fourth	1 Theoretical +1 Practical's	Knowledge and Application	Mechanism of human body	Mechanism of human body	Mechanism of human body
Fifth	1 Theoretical +1 Practical's	Knowledge and Application	movement whiteboard, powerpoint	ovement whiteboard powerpoint	movement whiteboard, powerpoint
Sixth	1 Theoretical +1 Practical's	Knowledge and Application	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	1 Theoretical +1 Practical's	Knowledge and Application	Common sports injuries whiteboard, powerpoint	Common sports injuries whiteboard, powerpoint	Common sports injuries whiteboard, powerpoint
Eighth	1 Theoretical +1 Practical's	Knowledge and Application	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Ninth	1 Theoretical +1 Practical's	Knowledge and Application	Basic basketball skills whiteboard powerpoint	Basic basketball skills whiteboard, powerpoint	Basic basketball skills whiteboard, powerpoint
Tenth	1 Theoretical +1 Practical's	Knowledge and Application	slides , hands-on experiments	slides , hands-on experiments	slides , hands-on experiments
Eleventh	1 Theoretical +1 Practical's	Knowledge and Application	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Twelfth	1 Theoretical +1 Practical's	Knowledge and Application	International Basketball Laws whiteboard, powerpoint	International Basketball Laws whiteboard powerpoint	International Basketball Laws whiteboard, powerpoint
Thirteenth	1 Theoretical +1 Practical's	Knowledge and Application	slides , hands-on experiments	slides , hands-on experiments	slides , hands-on experiments
Fourteenth	1 Theoretical +1 Practical's	Knowledge and Application	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Fifteenth	1 Theoretical +1 Practical's	Knowledge and Application	Basic table tennis skills and international rules whiteboard powerpoint	Basic table tennis skills and international rules whiteboard, powerpoint	Basic table tennis skills and international rules

					whiteboard, powerpoint
<b>11. Course Evaluation</b>					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc					
<b>12. Learning and Teaching Resources</b>					
Required textbooks (curricular books, if any)			Wuest, D. A., & Fisette, J. L. (2014). <i>Foundations of Physical Education, Exercise Science, and Sport</i> (18th edition) McGraw-Hill		
Main references (sources)			Siedentop, D. (2004). <i>Introduction to Physical Education, Fitness, and Sport</i> (5th ed.). McGraw-Hill		
Recommended books and references (scientific journals, reports...)			Research Quarterly for Exercise and Sport		
Electronic References, Websites			WHO – Physical Activity and Health		

1.Course Name: Arabic Language
2.Course Code: NTU 103
3.Semester / Year: Second semester / 2025-2026
4.Description Preparation Date: 1/9/2025
5.Available Attendance Forms: In-person lectures
6.Number of Credit Hours (Total) / Number of Units (Total) 30 Theoretical / 2 Units
7.Course administrator's name (mention all, if more than one name) Name: Sura Dhia Mahdi Email:
8. Course Objectives

<b>Course Objectives</b>	• The student learns about spelling and grammatical errors and Arabic grammar rules
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## 9. Teaching and Learning Strategies

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>The student learns the methods and rules of administrative correspondence</p> <p>. The student learns the style of linguistic communication in business administration</p> <p>Course specific skill objectives B.</p> <p>B1 . Develop students' listening, reading and expression skills.</p> <p>B2. Providing students with expression skills in classical Arabic</p> <p>B3. Developing positive attitudes and values among students towards their Arabic language, linked to religion and Arab heritage</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical	Knowledge	Introduction to linguistic error	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical	Knowledge	Rules for writing the extended and shortened alif - solar and lunar letters	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical	Knowledge	Dad and Tha	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical	Knowledge	Writing the hamza	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical	Knowledge	punctuation marks	whiteboard, powerpoint	whiteboard, powerpoint

Sixth	2Theoretical	Knowledge	Noun, verb, and the difference between them	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical	Knowledge	Effects	whiteboard, powerpoint	whiteboard, powerpoint
Eighth	2Theoretical	Knowledge	number	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical	Knowledge	Common language errors applications	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	Common language errors applications	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical	Knowledge	Meanings of -and Tanween No Prepositions	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical	Knowledge	Formal aspects of administrative discourse	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical	Knowledge	The language of administrative discourse	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical	Knowledge	The language of administrative discourse	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical	Knowledge	Examples of administrative correspondence	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Hashem, Mahdi(2018). <i>Introduction to the Study of the Ilmiyah-Kotob Al-Dar Al- Arabic Language</i></b>
Main references (sources)	<b>Ansari (Edited by: Muhammad Muhyi-Ibn Hisham Al (Din Abdul Hamid-Al . <i>The Singer of the Intelligent from Books of Grammar. House of Thought</i></b>
Recommended books and references (scientific journals, reports...)	<b>Journal of the Arabic Language Academy in Cairo</b>

1.Course Name: English Language	
2.Course Code: NTU 101	
3.Semester / Year: Second semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical / 2 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Dr.Bassim Ibrahim Rajab	
Email:	
8. Course Objectives	
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• Acquire the skill of dialogue in the English language and read and analyze scientific</li> <li>• research and medical terminology correctly</li> </ul>

## 9. Teaching and Learning Strategies

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>Identify the tenses and verbs used with each tense and adjust the context of the sentence.</p> <p>. Identify general rules, interrogative words, and conversational structure</p> <p>Course specific skill objectives B.</p> <p>B1 . Speak correct English.</p> <p>B2. Ability to read medical tests.</p> <p>B3. Knowing medical terms in English because of their importance in the field of medical work</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical	Knowledge	Cardinal numbers/years/price times( in words and figures).	Whiteboard, powerpoint	Whiteboard, powerpoint
The Second	2Theoretical	Knowledge	Phonetic of alphabet letters, punctuation.	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Report oral and written theoretical exams
The Third	2Theoretical	Knowledge	Countries/Capitals, arrange words (makes full sentence)/ arrange letters (make full word).	Whiteboard, powerpoint	Whiteboard, powerpoint
The Fourth	2Theoretical	Knowledge	Simple present/1. Verb to be (is/am/are) (affirmative, negative interrogative).	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Report oral and written theoretical exams
Fifth	2Theoretical	Knowledge	Simple present/2. Verb to do( Do/Does) (affirmative, negative and interrogative).	Whiteboard, powerpoint	Whiteboard, powerpoint
Sixth	2Theoretical	Knowledge	Simple present/3. Verb to have(have/has) (affirmative, negative and interrogative).	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Report oral and written theoretical exams

Seventh	2Theoretical	Knowledge	Simple present/4. Ordinary verbs (eat, go, play ...etc.) (affirmative negative and interrogative).	Whiteboard, powerpoint	Whiteboard, powerpoint
Eighth	2Theoretical	Knowledge	Tag questions and short answers (yes/no questions).	slides, hands-on experiments	slides, hands-on experiments
Ninth	2Theoretical	Knowledge	Review (simple present).	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	Question words (what, where, who, why, how, whom, whose, which).	Whiteboard, powerpoint	Whiteboard, powerpoint
Eleventh	2Theoretical	Knowledge	Abbreviation (short form), adjectives (and their opposite).	slides, hands-on experiments	slides, hands-on experiments
Twelfth	2Theoretical	Knowledge	Plural nouns (regular and irregular)	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical	Knowledge	Possession (all types).	Whiteboard, powerpoint	Whiteboard, powerpoint
Fourteenth	2Theoretical	Knowledge	Pronunciation (-s at the end of word).	slides, hands-on experiments	slides, hands-on experiments
Fifteenth	2Theoretical	Knowledge	Pronouns (all types).	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Soars, J., &amp; Soars, L. (2020). <i>New Headway Plus: Intermediate</i> (4th ed.). Oxford University Press</b>
Main references (sources)	<b>Swan, M., &amp; Walter, C. (2014). <i>Oxford English Grammar Course</i>. Oxford University Press</b>
Recommended books and references (scientific journals, reports...)	<b>ELT Journal</b>
Electronic References, Websites	<b>BBC Learning English</b>

## Course Description/ Level Two

1.Course Name: Foundation of therapeutic exercise	
2.Course Code: PTT201	
3.Semester / Year: First semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total) 30 Theoretical + 45 Practical hours / 3 Units	
7.Course administrator's name (mention all, if more than one name) Name: Dr. Fawzi Hamadi Mahdi Email:	
8. Course Objectives	
<b>Course Objectives</b>	<ul style="list-style-type: none"><li>• Understand the basic principles of therapeutic exercise: Learn the scientific basis of exercise and its effects on the musculoskeletal and nervous systems</li></ul>
9. Teaching and Learning Strategies	

<p><b>Strategy</b></p>	<p>A. Cognitive objectives</p> <p>A-1- Understanding the scientific foundations : Learning the physiological and anatomical principles related to therapeutic exercises and how they affect the body .</p> <p>A-2- Designing treatment programs : The ability to design treatment programs appropriate for different medical conditions based on the clinical assessment of the patient’s condition</p> <p>A-3 Classifying the different types of therapeutic exercises : Identify the different types of therapeutic exercises (such as aerobic exercise, muscle strengthening, flexibility exercises) and determine when and how to use them .</p> <p>A-4- Evaluation and Diagnosis : Learn how to evaluate the patient’s condition and use therapeutic exercises as part of a comprehensive treatment plan .</p> <p>A- 5- Understanding the Stages of Recovery : Knowing how each type of exercise affects the stages of healing and injury and providing appropriate care during each stage .</p> <p>A-6- Management of injuries and chronic conditions : The ability to manage injuries and chronic conditions through therapeutic exercises effectively .</p> <p>A-7- Modifying exercises according to individual needs : Learn how to modify therapeutic exercises based on the individual’s abilities and needs</p> <p>Course specific skill objectivesB.</p> <p>B1 . Developing empathy for patients: Enhancing the ability to empathize with patients and understand their psychological and emotional needs in addition to their physical needs .</p> <p>B2 - Motivating professional commitment: Encouraging students to adhere to professional standards and ethics, with an emphasis on responsibility and transparency in working with patients .</p> <p>B3 - Enhancing patience and understanding: Developing skills of patience and understanding, especially when working with patients who suffer from chronic pain or significant physical challenges .</p> <p>B4 - Building self-confidence in providing care: Developing confidence in the ability to provide appropriate therapeutic care and use therapeutic exercises effectively .</p> <p>B5 - Encouraging the spirit of cooperation: stimulating teamwork and cooperation among members of the medical team and with patients to achieve treatment goals jointly</p>
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10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	INTRODUCTION TO EXERCISE THERAPY	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	BASICS OF EXERCISE:	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	Disability models	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Exercise physiology	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	JOINT MOVEMENTS: - • Terminology. Range of motion. axes and • Planes of movement levers	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Passive movements	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Active movements	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	STARTING POSITIONS: - 1-Fundamental starting position . 2- Derived positions. 3- Muscle work - effects and uses	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	MANUAL MUSCLE TEST:	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	GONIOMETRY:-	whiteboard, powerpoint	whiteboard, powerpoint

Eleventh	2Theoretical +3 Practical's	Knowledge and Application	CAUSES FOR RESTRICTION RANGE OF MOTION:-	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Mobility aids – crutches, canes, walker	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Measurement of limb length, girth	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Suspension Therapy	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	RELAXATION: - • Types & Techniques. • Effects & Uses	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Kisner, C., &amp; Colby, L. A. (2017). <i>Therapeutic Exercise: Foundations and Techniques</i> (7th ed.). F. A. Davis</b>
Main references (sources)	<b>Goodman, C. C., &amp; Fuller, K. S. (2020). <i>Pathology for the Physical Therapist Assistant</i> (2nd ed.). Elsevier</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Orthopedic &amp; Sports Physical Therapy (JOSPT)</b>
Electronic References, Websites	<b>American Physical Therapy Association (APTA)</b>

1.Course Name: Advanced therapeutic exercise

2.Course Code: PTT202

3.Semester / Year: Second semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lecturers

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 45 Practical hours / 3 Units

7.Course administrator's name (mention all, if more than one name)

Name: Dr. Fawzi Hamadi Mahdi

Email:

8. Course Objectives

<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• Developing specialized treatment programs: The ability to design advanced</li> <li>• therapeutic exercise programs that suit complex health conditions such as acute</li> <li>• injuries, surgeries, and chronic diseases, as well as focusing on restoring and improving patients' functional ability, including natural movement and muscle strength,</li> <li>• while taking into account all health restrictions</li> </ul>
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**9. Teaching and Learning Strategies**

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Understanding A1- Understanding the basic principles of therapeutic exercises : This includes understanding the motor, physiological and biomechanical systems that influence the body's response to therapeutic exercises</p> <p>A2- Analysis and evaluation of treatment needs : The ability to analyze the individual needs of patients and evaluate their health conditions to design customized therapeutic exercise programs .</p> <p>A3- Design and implement advanced therapeutic exercise programs : Learn how to create therapeutic exercise programs that suit specific conditions such as sports injuries, musculoskeletal diseases, and chronic diseases .</p> <p>A4- Applying advanced rehabilitation strategies : Learn advanced strategies to increase the efficiency of rehabilitation and improve physical performance through the use of therapeutic exercises .</p> <p>A5 - Learn about modern techniques in movement therapy : Knowing how to use modern devices and techniques in the field of therapeutic exercises to enhance the effectiveness of treatment</p> <p>A6- Evaluation of treatment outcomes : The ability to measure and evaluate the impact of therapeutic exercises on patients' progress using scientific and objective measures</p> <p>Course specific skill objectivesB.</p> <p>B1 - Accurate physical assessment : The ability to conduct a comprehensive and accurate assessment of the patient's physical condition using clinical examinations and modern assessment methods to determine treatment needs .</p> <p>B2 - Developing individual therapeutic exercise programs: The skill of designing customized exercise programs based on each patient's condition, taking into account factors such as age, fitness level, and type of injury or health condition .</p> <p>B3 - Performing therapeutic exercises correctly: Mastering the safe and effective implementation of therapeutic exercises using various techniques, while taking into account the correct technique and necessary precautions to avoid injuries .</p> <p>B4 - Use of advanced techniques and equipment: The ability to use modern devices and equipment used in rehabilitation, such as balance devices, strength training equipment, and motor</p>
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	<p>simulation devices</p> <p>B5 - Modifying exercises according to the patient's progress: Developing the skill of modifying doses and therapeutic techniques according to the improvement of the patient's condition or the emergence of new problems .</p> <p>B6 - Effective communication with patients and the healthcare team: The ability to provide clear and accurate instructions to patients and healthcare team members, while promoting collaboration among stakeholders in treatment plans</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	MAT EXERCISES :-	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	FREE EXERCISES	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	Resisted exercise :	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Progressive Resistance Exercise - de Lormes , Oxford, MacQueen, Circuit Weight	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Stretching :	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	BREATHING EXERCISE	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written

					theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Aerobic exercise :	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Coordination	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Posture :	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Gait Training :	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	SOFT TISSUE LESION	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Massage: Define and describe the various manipulation techniques used in massage	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Hydrotherapy :	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Transfers training:- selection of transfers, levels, amount assist transfer, belt of transfers	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Proprioceptive Neuromuscular Facilitation	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Kisner, C., Colby, L. A., & Borstad, J. (2017). <i>Therapeutic Exercise: Foundations and Techniques</i> (7th ed.). F. A. Davis
Main references (sources)	Magee, D. J. (2014). <i>Orthopedic Physical Assessment</i> (6th ed.). Elsevier
Recommended books and references (scientific journals, reports...)	Journal of Orthopedic & Sports Physical Therapy (JOSPT)
Electronic References, Websites	American Physical Therapy Association (APTA)

1.Course Name: Physiotherapy for General Surgery	
2.Course Code: PTT 203	
3.Semester / Year: First semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 60 Practical hours / 4 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Dr. Salam Muhannad Salman Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> <li>The aim of physical therapy in general surgery are diverse and focus on supporting rapid recovery and improving quality of life after surgery</li> </ul>
9. Teaching and Learning Strategies	
Strategy	<p>A. Cognitive objectives</p> <p>A1- Understanding : the physiological foundations of surgery</p> <p>Learn about the effects of surgical procedures on the body, including vital systems such as the respiratory, cardiovascular, and musculoskeletal systems .</p> <p>A2- To learn : about the different types of surgical operations</p>

Understand the differences between different types of surgeries (such as abdominal, thoracic,

and reconstructive surgeries) and their effects on movement and physical function.

A3- Knowing : the basic principles of post-surgical physical therapy Understand the role of

physical therapy in rehabilitating patients after surgery, including techniques to improve

movement and flexibility, reduce pain, and speed up the healing process .

A4- Understanding : the effect of anesthesia and surgery on breathing

Learn about the effects of anesthesia and surgery on the respiratory system and how to perform breathing exercises to improve lung function after surgery .

A5- Clinical evaluation: of patients before surgery

Know how to perform a comprehensive pre-operative assessment of the patient's condition, including assessment of muscle strength, flexibility, and respiratory function .

A6- Designing pre -surgical rehabilitation programs :

Learn how to develop rehabilitation programs aimed at improving general fitness and body functions before surgery to enhance post-surgical outcomes.

Course specific skill objectives B.

B1 - Assessment of the physical condition of patients :

Develop the skill of assessing the physical and functional status of patients before and after surgery using objective assessment tools such as measuring muscle strength, range of motion, and respiratory functions .

B2 - Designing customized treatment programs :

Ability to design and implement individual rehabilitation programs tailored to the needs of patients before and after surgery, taking into account the type of surgery and the patients' medical history .

B3 - Performing therapeutic exercises correctly :

Master the implementation of therapeutic exercises and clinical techniques required to improve mobility and flexibility and promote recovery after surgery .

B4 - Application of pain management techniques :

Learn how to use techniques such as electrical stimulation, manual techniques, and breathing exercises to relieve pain and improve comfort for patients after surgery

B5 - Implementing strategies to prevent complications :

<p>Develop the skill of applying preventive strategies such as deep breathing exercises and early movement, to reduce the risk of complications such as pneumonia or blood clots .</p> <p>B6 - Providing advice and psychological support to patients :</p> <p>Improve communication skills to provide psychological support and advice to patients and their families about the stages of recovery and treatment requirements after surgery .</p> <p>B7 - Interaction with health teams :</p> <p>The ability to collaborate and communicate effectively with other members of the healthcare team, such as surgeons and nurses, to ensure comprehensive and integrated care for patients .</p> <p>B8 - Evaluation of treatment results :</p> <p>The skill of measuring and documenting the progress achieved by patients during the treatment stages, and evaluating the effectiveness of the treatment programs that have been implemented</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +4 Practical's	Knowledge and Application	Introduction: Definition, Indications for surgery	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	Postoperative complications	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +4 Practical's	Knowledge and Application	Infection and Inflammation	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +4 Practical's	Knowledge and Application	Wounds / ulcers	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	Complications of immobilization	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	Abdominal surgeries for gastrointestinal tract	slides , hands-on experiments Report	slides , hands-on experiments

				oral and written theoretical exams	Reports, oral and written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	Genito-urinary system surgery	whiteboard, powerpoint	whiteboard, powerpoint
Eight	2Theoretical +4 Practical's	Knowledge and Application	Breast cancer and mastectomy	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical +4 Practical's	Knowledge and Application	Mastectomy	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	Burn: Definition, Types, Classification	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	Burn: Immediate care, physiotherapy management	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +4 Practical's	Knowledge and Application	Skin grafting: Indications, Types, Post-operative care of plastic surgery with specific role of physiotherapy	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	Tendon repair: Procedure, Recovery, Complications, Pre-operative and post-operative physical therapy management	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	Reconstructive surgery of peripheral nerves	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	Revision.	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Goodman, C. C., &amp; Fuller, K. S. (2020). <i>Pathology for Physical Therapist Assistant</i> (2nd ed.). Elsevier</b>
Main references (sources)	<b>Cameron, M. H. (2017). <i>Physical Agents in Rehabilitation From Research to Practice</i> (5th ed.). Elsevier</b>
Recommended books and references (scientific journals, reports...)	<b>Archives of Physical Medicine and Rehabilitation</b>
Electronic References, Websites	<b>American Physical Therapy Association (APTA)</b>

1.Course Name: Physical therapy for muscular system diseases	
2.Course Code: PTT 204	
3.Semester / Year: First semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person Lectures	
6.Number of Credit Hours (Total) / Number of Units (Total) 30 Theoretical + 60 Practical hours / 4 Units	
7.Course administrator's name (mention all, if more than one name) Name: Dr. Muhannad Emad Majeed Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> <li>• The aim of physical therapy for musculoskeletal disorders focus improving</li> <li>• muscle function, relieving pain, and restoring normal movement</li> </ul>
9. Teaching and Learning Strategies	
Strategy	<p>A. Cognitive objectives</p> <p>A1- Understanding Anatomy</p> <p>Learn about the anatomy of the muscular system, including the muscular and skeletal structure of muscles and their relationship to the nervous system .</p> <p>A2- Knowing muscle functions :</p> <p>Understand muscle functions and normal movement patterns, and how diseases and injuries affect these functions .</p> <p>A3- Understanding muscular system diseases :</p>

Learn about the different types of muscular diseases, such as muscular dystrophy, inflammation, and genetic disorders, and the causes and causative factors of each .

A4 - Diagnosis of muscle diseases :

Understand the methods used to diagnose diseases of the musculoskeletal system, including clinical examinations, medical imaging, and laboratory tests .

A5 - Knowing the basic principles of physical therapy :

Learn the principles of physical therapy and its goals in treating diseases of the muscular system, including the use of exercises and manual therapy .

A6 - Understanding evaluation techniques :

Knowledge of assessment techniques used to determine the level of muscle weakness, range of motion, and functional ability of patients .

A7 - Design of rehabilitation programs :

Develop knowledge on how to design individual rehabilitation programs that take into account

the type and severity of the muscular disease and the patient's specific needs .

A8 - Learn about therapeutic techniques :

Knowledge of different physical therapy techniques used to treat muscular disorders, such as strengthening exercises, flexibility exercises, and electrotherapy

Course specific skill objectives B.

B1 - Assessment of the physical condition of patients :

Develop the skill of conducting a comprehensive assessment of patients' condition, including measuring muscle strength, range of motion, and balance.

B2 - Designing customized treatment programs :

Ability to design and implement individual rehabilitation programs that meet patients' specific needs, taking into account the type and severity of the disease .

B3 - Implementation of therapeutic exercises :

Mastering the correct and safe implementation of various therapeutic exercises, including muscle strengthening and flexibility exercises .

B4 - Application of manual therapy techniques :

Develop skills in using manual therapy techniques to improve joint and muscle movement and relieve pain .

B5 - Application of electrical technologies :

	<p>Learn how to use electrical techniques such as electrical stimulation to improve muscle function and relieve pain</p> <p><b>B6 - Providing psychological and emotional support :</b></p> <p>Improving communication skills to provide psychological and emotional support to patients, enhancing their treatment experience and increasing their commitment to treatment .</p> <p><b>B7 - Evaluation of treatment results :</b></p> <p>Ability to evaluate the effectiveness of treatment programs by monitoring patients' progress and documenting improvements in their functional ability .</p> <p><b>B8 - Implementing prevention strategies :</b></p> <p>Develop skills to implement preventive strategies to prevent the exacerbation of musculoskeletal conditions, and teach patients how to maintain healthy muscles .</p> <p><b>B9 - Cooperation with health teams :</b></p> <p>Enhance the ability to collaborate and communicate effectively with other members of the healthcare team to ensure comprehensive patient care . Skilled in measuring and documenting patient progress throughout treatment and evaluating the effectiveness of implemented treatment programs. Assessment of the physical condition of patients</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +4 Practical's	Knowledge and Application	Medical terminology	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +4 Practical's	Knowledge and Application	Patient history, Examination	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +4 Practical's	Knowledge and Application	Musculoskeletal Signs and Symptoms	whiteboard, powerpoint	whiteboard, powerpoint

The Fourth	2Theoretical +4 Practical's	Knowledge and Application	Rheumatoid Arthritis: Definition, Epidemiology, Pathology, and Pathogenesis Clinical and Laboratory Manifestations	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +4 Practical's	Knowledge and Application	Rheumatoid Arthritis: Assessment and Physical Therapy Management	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +4 Practical's	Knowledge and Application	Ankylosing Spondylitis	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +4 Practical's	Knowledge and Application	Psoriatic arthritis	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +4 Practical's	Knowledge and Application	Reactive arthritis :	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +4 Practical's	Knowledge and Application	Systemic lupus Erythematosus	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +4 Practical's	Knowledge and Application	Systemic Sclerosis :	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +4 Practical's	Knowledge and Application	Polymyositis and dermatomyositis :	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +4 Practical's	Knowledge and Application	Polymyalgia Rheumatica:	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +4 Practical's	Knowledge and Application	Gout:	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +4 Practical's	Knowledge and Application	Pseudo gout	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +4 Practical's	Knowledge and Application	General Revision.	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)

**Magee, D. J. (2014). *Orthopedic Physical Assessment* (6th ed.). Elsevier**

Main references (sources)	O'Sullivan, S. B., Schmitz, T. J., & Fulk, G. D. (2019). <i>Physical Rehabilitation</i> (7th ed.). F. A. Davis.
Recommended books and references (scientific journals, reports...)	Journal of Orthopedic & Sports Physical Therapy (JOSP)
Electronic References, Websites	Physiopedia – Musculoskeletal Physiotherapy

1.Course Name: Primary Therapeutic equipment	
2.Course Code: PTT 205	
3.Semester / Year: First semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 45 Practical hours / 3 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Dr. Mazher Ali Aboud Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> <li>The objectives of the course on primary care devices in physical therapy are to teach students and practitioners how to use various devices and techniques to improve patients' condition and speed up the recovery process</li> </ul>
9. Teaching and Learning Strategies	
Strategy	<p>A. Cognitive objectives</p> <p>A1-Understanding the different types of primary care devices Learn about the different types of devices used in primary treatment, such as electrical stimulation devices, ultrasound devices, and heat therapy devices</p> <p>A2-Knowledge of physical principles : Understand the physical principles underlying treatment devices, such as how electrical current and ultrasound work and their effects on tissue .</p> <p>A3- Understanding how devices work : Learn how each device used in primary care works, including settings and operational parameters</p> <p>A4-Evaluation of treatment effectiveness : Understand how to evaluate the effectiveness of treatment using these devices by measuring patients' response and changes in symptoms .</p>

A5-Knowledge of clinical uses :  
Learn about the clinical uses of each device, including the disease conditions that can be treated with specific devices

A6-Understanding precautions and side effects :  
Know the necessary precautions when using devices, in addition to the possible side effects and how to deal with them .

A7- Application of ethical and professional standards :  
Understanding the ethical and professional principles related to the use of treatment devices, including respecting patients' rights and ensuring their safety .

A8- Understanding technological updates :  
Keeping up with technological updates and developments in the field of primary care devices, which helps improve clinical practices .

A9- Conducting the necessary examinations :  
Knowing how to perform the necessary tests before using the devices to ensure they are suitable the patient's condition

**Course specific skill objectives B.**

B1 - Setting up and operating the devices :  
Develop skills to set up and operate primary treatment equipment correctly according to technical guidelines .

B2 - Clinical assessment :  
Ability to assess the clinical condition of patients and determine appropriate treatment requirements using equipment .

B3 - Implementation of treatment :  
Proficiency in implementing treatment using devices safely and effectively, taking into account the needs of each patient .

B4- Monitoring the patient's response :  
Learn how to monitor patients' response during treatment and adjust settings based on their needs and progress

B5 - Applying the necessary precautions :  
Develop skills to apply the necessary precautions to ensure patient safety while using devices .

B6 - Evaluation of treatment results :  
The ability to evaluate the results of treatment using devices by measuring improvement in symptoms and functional performance. For patients .

B7- Interact with patients :  
Improving communication skills with patients, clarifying treatment procedures and goals, and enhancing their commitment to treatment .

B8- Time management :  
Develop effective time management skills while providing treatment, ensuring that the necessary care is provided in a timely manner

B9 - Cooperation with health teams :  
Enhance collaboration and communication skills with other healthcare team members to ensure comprehensive and effective care

**10. Course Structure**

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Electromagnetic Waves: Electromagnetic spectrum, physical properties of Electromagnetic radiations reflection	whiteboard, powerpoint	whiteboard, powerpoint

The Second	2Theoretical +3 Practical's	Knowledge and Application	Managing Pain with Therapeutic Modalities	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
The Third	2Theoretical +3 Practical's	Knowledge and Application	Infrared Radiation	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Infra-Red Radiation: technique of application, duration and frequency of treatment	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Moist Heat Therapy: Hydro coll packs – in brief, Therapeutic uses, Indications & Contraindications	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Moist Heat Therapy: Method of application, technique of application	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Wax Therapy	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Wax Therapy: Methods of application of Wax, technique of application	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Contrast Bath	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Fluid therapy: Construction of Therapeutic uses, Indications & Contraindications. Fluid therapy: Methods of applications	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Ultra Violet Production of UVR physiological effects of U.VR	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Ultra Violet Radiation Calculation of E1, E2, E3, E4 doses., technique to find out test dose and its importance	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	LASER: Define, Types, Principles of Production. Production of LASER by various methods	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	LASER: Methods of application technique of application	slides , hands-on experiments	slides , hands-on experiments

Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	General Revision.	Reports, oral and ritten theoretical exams	Reports, oral and written theoretical exam
11. Course Evaluation					
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc					
12. Learning and Teaching Resources					
Required textbooks (curricular books, if any)			<b>Cameron, M. H. (2017). <i>Physical Agents in Rehabilitation From Research to Practice</i> (5th ed.). Elsevier</b>		
Main references (sources)			<b>Licht, S. (2002). <i>Therapeutic Heat and Cold</i> (4th ed.). Williams &amp; Wilkins</b>		
Recommended books and references (scientific journals, reports...)			<b>Physiotherapy Research International</b>		
Electronic References, Websites			<b>American Physical Therapy Association (APTA).</b>		

1.Course Name: Specialized Treatment Devices	
2.Course Code: PTT 206	
3.Semester / Year: Second semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 45 Practical hours / 3 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Dr. Mazher Ali Aboud Email:	
8. Course Objectives	
<b>Course Objectives</b>	• The objectives of the Specialized Therapeutic Equipment course in the field of physical therapy focus on the use of advanced techniques and devices in treating complex cases and providing specialized treatments
9. Teaching and Learning Strategies	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1-Understanding the types of specialized devices</p> <p>Learn about the different types of devices used in specialized treatments, such as ultrasound therapy devices, electrical stimulation devices, and laser devices .</p> <p>A2-Knowledge of scientific principles :</p> <p>Understand the physical and biological principles underlying specialized treatment devices and their effects on tissues .</p> <p>A3-Understanding the mechanism of action Learn how each device works, including the settings and operating parameters necessary to achieve the best treatment results .</p> <p>A4-Knowledge of clinical uses :</p> <p>Understand the different clinical uses of specialized devices, and the disease conditions that can be treated with each device .</p> <p>A5-Understanding interactions and side effects :</p> <p>Knowing the potential interactions and side effects of using devices and how to deal with them .</p> <p>A6-Evaluation of treatment effectiveness :</p>

The ability to evaluate the effectiveness of treatments using specialized devices by measuring the improvement in patients' condition

A7- Understanding ethical standards :

Knowledge of ethical and professional standards related to the use of specialized equipment, ensuring patient safety and respect for their rights .

A8- Follow-up of technological developments :

Learn about the latest developments and innovations in the field of specialized treatment devices and how to apply them in clinical practice .

A9- Treatment planning :

Understand how to plan treatment using specialized devices based on patient needs and assessment of the clinical condition .

A10- Conducting the necessary examinations :

Knowing how to perform the necessary tests to determine the suitability of using devices for patients .

A11- Documentation and reports :

Understand the importance of accurately documenting device use and treatment outcomes to

ensure quality

Course specific skill objectives B.

B1 - Setting up and operating the devices :

Develop skills to properly set up and operate specialized treatment equipment according to technical guidelines .

B2 - Clinical assessment :

Ability to assess the clinical condition of patients and determine appropriate treatment requirements using equipment .

B3 - Implementation of treatment :

Proficiency in implementing treatment using specialized equipment in a safe and effective

manner, taking into account the needs of each patient

B4 - Monitoring the patient's response :

Learn how to monitor patients' response during treatment and adjust settings based on their

<p>needs and progress</p> <p><b>B5 - Applying the necessary precautions :</b></p> <p>Develop skills to apply the necessary precautions to ensure patient safety while using devices .</p> <p><b>B6 - Evaluation of treatment results :</b></p> <p>The ability to evaluate the results of treatment using devices by measuring the improvement in symptoms and functional performance of patients .</p> <p><b>B7 - Interacting with patients :</b></p> <p>Improving communication skills with patients, clarifying treatment procedures and goals, and enhancing their commitment to treatment</p> <p><b>B8 - Time management :</b></p> <p>Develop effective time management skills while providing treatment, ensuring that the necessary care is provided in a timely manner</p> <p><b>B9 - Cooperation with health teams :</b></p> <p>Enhance collaboration and communication skills with other healthcare team members to ensure comprehensive and effective care .</p> <p><b>B10 - Documentation and reports :</b></p> <p>Develop skills to accurately document device use and treatment outcomes in medical records</p>
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## 10. Course Structure

<b>Week</b>	<b>Hours</b>	<b>Required Learning Outcomes</b>	<b>Unit or subject name</b>	<b>Learning method</b>	<b>Evaluation method</b>
The First	2Theoretical +3 Practical's	Knowledge and Application	Introduction to Physical Therapy Modalities	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Electrotherapy Equipment	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams

The Third	2Theoretical +3 Practical's	Knowledge and Application	Thermotherapy and cryotherapy devices	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Therapeutic Exercise Devices	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Hydrotherapy Devices	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Laser and Light Therapy Devices	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Introduction to phototherapy	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Prosthetic Devices	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Traction Therapy Devices	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Orthotics and Prosthetics	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Robotic and advanced rehabilitation devices	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Clinical Practicum	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Traction Therapy Devices	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Patient Safety and Equipment Maintenance	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Ethical Considerations in Device use.	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

12. Learning and Teaching Resources	
Required textbooks (curricular books, if any)	<b>Prentice, W. E. (2015). <i>Therapeutic Modalities Rehabilitation</i> (4th ed.). McGraw-Hill.</b>
Main references (sources)	<b>Kitchen, S., &amp; Bazin, S. (2015). <i>Clayton's Electrotherapy</i> (13th ed.). Elsevier.</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Electromyography and Kinesiology</b>
Electronic References, Websites	<b>American Physical Therapy Association (APTA):</b>

2.Course Code: PTT 207	
3.Semester / Year: First semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total) 30 Theoretical hours / 2 Units	
7.Course administrator's name (mention all, if more than one name) Name: Amna Muhannad Abd-rahman Email:	
8. Course Objectives	
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• pathology include understanding disease processes and analyzing the causes</li> <li>• and effects of diseases on the human body. This science plays a fundamental</li> <li>• role in diagnosing diseases, directing treatment, and understanding how to</li> <li>• prevent diseases</li> </ul>
9. Teaching and Learning Strategies	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Understanding the scientific foundations :</p> <p>Study of the scientific foundations related to pathology, including definitions and basic concepts .</p> <p>A2- Knowing the types of diseases Identify different types of diseases, including infectious diseases, chronic diseases, and tumors .</p> <p>A3- Understanding the pathological mechanisms :</p> <p>Study of the biological and physiological mechanisms that lead to the occurrence of diseases and how they affect the vital functions of the body .</p> <p>A4- Knowing the causative factors :</p> <p>Understanding the causative factors of disease, including genetic, environmental, and behavioral factors .</p> <p>A5-Understanding the signs and symptoms :</p> <p>Recognize the various clinical signs and symptoms associated with diseases and how to evaluate them.</p>

A6- Study of diagnostic tests :

Knowledge of the examinations and tests used to diagnose diseases and evaluate their condition .

A7- Understanding tissue changes :

Study of tissue changes associated with diseases and how they are used in diagnosis .

A8-Learning about the principles of treatment :

Understand the basic principles of treatment and management of various diseases .

A9- Understanding the impact of diseases on public health :

The study of how diseases affect public health, including epidemics and social spread .

A10-Application of clinical knowledge :

Develop the ability to apply academic knowledge to understand and analyze patients' clinical conditions

Course specific skill objectives B.

B1 - Clinical data analysis :

Develop skills in analyzing patients' clinical data, including signs, symptoms, and medical

history .

B2 - Conducting laboratory tests :

Mastering the skills of conducting laboratory tests and analyzing their results to diagnose diseases .

B3 - Interpretation of diagnostic tests :

Develop the ability to interpret the results of medical examinations and reports, such as x-rays and laboratory tests .

B4 - Identifying pathological signs :

Improve skills in recognizing pathological signs in clinical presentations and how to evaluate them .

B5 - Application of textile techniques :

Acquire skills in applying histological techniques such as microscopy and histological imaging

B6 - Management of medical cases :

	<p>Developing the ability to manage medical conditions and determine the best treatment options .</p> <p>B7- Effective communication :</p> <p>Enhance communication skills with patients and colleagues, including explaining results and treatment recommendations .</p> <p>B8 - Cooperation with health teams :</p> <p>Developing skills to cooperate with various health teams in diagnosing and treating diseases .</p> <p>B9 - Developing research skills :</p> <p>Enhance the ability to conduct research and analyze studies related to pathology .</p> <p>B10 - Accurate documentation :</p> <p>Learn how to accurately document clinical data and notes in medical records.</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical	Knowledge	Introduction: Aims and objects study of pathology. Definitions health, disease, causes of disea	whiteboard, powerpo	whiteboard, powerpoint
The Second	2Theoretical	Knowledge	Inflammation & Repair ( Acute inflammation)	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical	Knowledge	Inflammation & Repair ( Acute inflammation)	whiteboard, powerpo	whiteboard, powerpoint
The Fourth	2Theoretical	Knowledge	Wound healing by primary & secondary union promotir factors	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical	Knowledge	Circulatory disturbances Edema - pathogenesis – types - transudates /exudates	whiteboard, powerpo	whiteboard, powerpoint

Sixth	2Theoretical	Knowledge	Neoplastic	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical	Knowledge	Bone & Joints	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical	Knowledge	Bone & Joints PID- Scoliosis Hemarthrosis - Gout – TB Arthritis - degenerative - inflammatory - RA	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical	Knowledge	Muscle diseases	ports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	Neuro-muscular junction	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical	Knowledge	GIT System	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical	Knowledge	Urinary	ports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical	Knowledge	Deficiency disorders - Vitamins A, B, C, D.	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical	Knowledge	Growth Disturbance	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical	Knowledge	Endocrine - Hyperthyroidism Diabetes. Infections - cutaneous TB, leprosy, alopecia	ports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Kumar, V., Abbas, A. K., &amp; Aster, J. C. (2018). <i>Robbins Basic Pathology</i> (10th ed.). Elsevier.</b>
Main references (sources)	<b>Underwood, J., &amp; Cross, S. (2018). <i>General and Systematic Pathology</i> (6th ed.). Elsevier</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Pathology</b>
Electronic References, Websites	<b>World Health Organization (WHO) – Pathology &amp; Disease</b>

1.Course Name: Pharmacology
2.Course Code: PTT 208
3.Semester / Year: Second semester / 2025-2026
4.Description Preparation Date: 1/9/2025

5. Available Attendance Forms: person lectures-In	
6. Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical hours / 2 Units	
7. Course administrator's name (mention all, if more than one name)	
Name: Dr. Ahmed Mousa Khalaf Email:	
8. Course Objectives	
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• <b>Pharmacology course is to study the effects of medications on the body and how</b></li> <li>• <b>they are used to treat diseases. This course aims to develop a comprehensive understanding of how medications work, appropriate dosages, and their side effects</b></li> </ul>
9. Teaching and Learning Strategies	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Understanding the basic principles of pharmacology :</p> <p>Introduce students to the fundamentals of pharmacology, including key terms such as drug, drug toxicity, dosage, and efficacy . Understand the biological processes that affect the absorption, distribution, metabolism, and excretion of drugs (ADME).</p> <p>A2- Understanding the mechanism of action of drugs :</p> <p>Study of the mechanism of action of drugs at the level of cells, tissues and organs . Learn about the different types of drug receptors and how drugs affect these receptors to modify physiological activity</p> <p>A3- Interaction between drugs and biological systems :</p> <p>Understand how drugs affect different biological systems (such as the central nervous system, cardiovascular system, and immune system) . Learn about the potential side effects of medications and how to control them .</p> <p>A4- Developing the ability to use medications safely and effectively :</p> <p>Study the clinical use of medications and how to select the appropriate dosage for each patient based on their health condition . Identify drug interactions and how to avoid them to ensure safe and effective medication use</p> <p>A5- Understanding the principles of toxicology :</p> <p>Study of how drug overdoses or exposure to toxic substances affect the body and how to treat poisoning . Understanding the risk factors associated with long-term exposure to medications and chemicals .</p>

**A6- Clinical application :**

Develop clinical skills that enable students to apply knowledge in clinical situations, such as selecting appropriate medications for a particular patient's condition, and adjusting dosages based on individual needs

Course specific skill objectives B.

**B1 - Developing skills in choosing appropriate medications :**

The ability to assess the patient's condition and choose the most appropriate medication based on the medical diagnosis .

Skill in determining the appropriate dose based on patient characteristics (such as age, weight, health condition) and safety criteria .

**B2 - Drug Interaction Analysis :**

Gain the ability to analyze potential interactions between different drugs to avoid harmful interactions

Skill in identifying interactions between medications and health conditions (such as liver or kidney disease) and their impact on the required dose .

**B3 - Evaluation of side effects of medications :**

Develop the skill of recognizing the side effects of medications and identifying potential side

effects The ability to modify treatment based on the patient's response to medications and avoid complications .

**B4 - Performing dose calculations :**

Gain the ability to calculate doses based on various criteria such as weight, age, and vital functions .

Skill in adjusting doses according to changes in patient response or the appearance of side effects .

**B 5 Communication with the medical team and the patient :**

Develop communication skills with medical team members to clearly convey pharmaceutical information

## 10. Course Structure

<b>Week</b>	<b>Hours</b>	<b>Required Learning Outcomes</b>	<b>Unit or subject name</b>	<b>Learning method</b>	<b>Evaluation method</b>
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The First	2Theoretical	Knowledge	Pharmacology – general principles of pharmacology	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical	Knowledge	Drugs acting on cardiovascular system	slides , hands-on experiments reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical	Knowledge	Drugs Affecting the Autonomic Nervous system	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical	Knowledge	Drugs Affecting the central Nervous system - Anxiolytic and hypnotic analgesic	slides , hands-on experiments reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical	Knowledge	General anesthetics: (inhaled) and (intravenous) - local anesthetics	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical	Knowledge	Drugs affecting the endocrine system, hormones	slides , hands-on experiments reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical	Knowledge	Drugs acting on digestive system antacids – gastric	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical	Knowledge	peptic ulcer treatment – laxatives purgatives – anti-diarrheal agents digestives – antiemetic – antiflatulents	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical	Knowledge	Drugs acting on respiratory system	reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	Analgesics (non-opioids) – anti-inflammatory drugs – SAL and NSAIDs	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical	Knowledge	Antibiotics and antibacterial agents	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical	Knowledge	Antibiotics and antibacterial agents – classification – spectrum – therapeutic uses - side effects. Antiseptic and disinfectants: types and uses	reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical	Knowledge	Antiviral Agents - Antifungal Antiparasitic Agents: Cancer Chemotherapy and immunopharmacology	whiteboard, powerpoint	whiteboard, powerpoint

Fourteenth	2Theoretical	Knowledge	Toxicology: toxic doses – lethal doses – therapeutic ind	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical	Knowledge	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Katzung, B. G., Vanderah , T. W. (2020). <i>Basic and Clinical Pharmacology</i> (15th ed.). McGraw-Hill</b>
Main references (sources)	<b>Benowitz, N. L. (2018). <i>Clinical Pharmacology</i>. McGraw-H</b>
Recommended books and references (scientific journals, reports...)	<b>European Journal of Pharmacology</b>
Electronic References, Websites	<b>PubMed - Pharmacology Research</b>

1.Course Name: Orthopedic Physical therapy

2.Course Code: PTT209

3.Semester / Year: Second semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

<b>6.Number of Credit Hours (Total) / Number of Units (Total)</b>	
30 Theoretical + 45 Practical hours / 3 Units	
<b>7.Course administrator's name (mention all, if more than one name)</b>	
Name: Dr. Salam Muhanned Salman Email:	
<b>8. Course Objectives</b>	
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• The aim of physical therapy in orthopedics are to promote healing and</li> <li>• improve the function of muscles, bones, and joints after injuries or surgeries</li> </ul>
<b>9. Teaching and Learning Strategies</b>	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Understanding the scientific foundations of physical therapy : Introducing students to the basic concepts of physical therapy and its role in treating bone and musculoskeletal problems Understand the physiological and anatomical principles related to the musculoskeletal system and how it is affected by injuries and diseases</p> <p>A2Understanding Injuries and Diseases Bones : Study common bone injuries such as fractures, sprains, and ligament injuries, and learn how they affect movement and physical function . Learn about chronic bone diseases such as arthritis and osteoporosis and how to treat them using physical therapy techniques . A3- Identifying the methods and techniques used in physical therapy : Understand a variety of physical therapy techniques such as therapeutic exercises, therapeutic massage, and manual techniques to treat orthopedic diseases and injuries .</p> <p>Learn how to use modern electrical and technological devices to enhance physical therapy for orthopedic patients .</p> <p>- Understanding the assessment of musculoskeletal condition : A4 Gain knowledge related to the assessment of musculoskeletal condition through motor tests and clinical diagnosis . Learn how to use diagnostic tests to determine how an injury or disease affects movement and function of muscles and joints</p> <p>A5- Understanding the principles of rehabilitation : Study the principles of rehabilitation after orthopedic injuries and surgery, and how to develop appropriate rehabilitation programs to restore strength, flexibility, and motor function . Learn how to monitor the development of the condition and modify physical therapy plans based on the patient's progress</p> <p>Course specific skill objectives B.</p> <p>Musculoskeletal assessment - B1</p> <p>Ability to perform a complete clinical assessment of patients, including assessment of muscle strength, joint range of motion, and functional balance . Use of motor and diagnostic tests such as gait testing, mobility assessment, and flexibility tests to identify musculoskeletal problems</p>

B2 - Designing individual treatment plans

Gain the skill to develop a personalized physical therapy plan for each patient based on their health condition and diagnostic assessments . Determine realistic short- and long-term treatment goals, taking into account the patient's individual needs and health conditions

B3 - Application of physical therapy techniques :

Mastering physical therapy techniques used in orthopedics, such as therapeutic exercises, therapeutic massage, manual therapy, and stretching techniques . Ability to use modern devices

and techniques, such as electrotherapy, ultrasound, and laser therapy to improve treatment results .

B4 - Pain management and control :

Develop skills in using physical therapy techniques to control pain caused by orthopedic injuries or diseases, including therapeutic exercises and heat or cold therapy . Gaining the ability to assess

the severity of pain and its impact on the patient's movement and functional ability, and choosing appropriate methods to relieve it .

B5 - Providing motor support and rehabilitation :

Skilled in providing rehabilitation programs after surgery or musculoskeletal injuries, with a

focus on improving strength, flexibility, and balance . The ability to modify treatment programs based on the patient's response and the evolution of his condition, to achieve the best possible

results

B6 - Patient education and provision of preventive advice :

Develop communication skills with patients to educate them about their health condition and

how to improve their lifestyle to avoid future injuries . Providing advice on injury prevention techniques and how to maintain bone and joint health in daily or sports activities .

B7 - Handling medical tools and equipment :

Ability to use physical therapy medical tools and equipment, such as braces and walking aids .

Skill in directing patients to use medical devices appropriate to their condition .

	<p><b>B8 - Performing manual therapeutic interventions :</b></p> <p>Gain skill in performing manual interventions such as joint manipulation, mobilization techniques, and deep tissue massage to improve movement and relieve pain . Using manual techniques to improve soft tissue flexibility and reduce muscle spasms</p> <p><b>B9 - Monitoring and evaluating the progress of the case :</b></p> <p>The ability to monitor the patient's progress through periodic assessment and recording changes</p> <p>in motor ability and physical functions . Modify treatment plans based on improvement or</p> <p>changes in the patient's condition to ensure that treatment goals are achieved .</p> <p><b>B10 - Teamwork skills :</b></p> <p>Develop the skill of working within a multidisciplinary medical team to ensure the provision of comprehensive and integrated care to patients .</p> <p>Ability to coordinate with physicians, surgeons, and pharmacists to ensure optimal physical</p> <p>therapy outcomes</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Anatomy of bone	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Fractures: Definition, Types of Bone Fracture, Pathophysiology of Bone Healing	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	Fractures: Clinical Features, Factors affecting healing, Radiological features	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Fractures: Outlines of treatment and prognosis	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written

					theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Fractures: Assessment, Physiotherapy	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Fractures: Complications, Rehabilitation	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Specific fractures and dislocations	whiteboard, powerpoint	whiteboard, powerpoint
Eighth	2Theoretical +3 Practical's	Knowledge and Application	Total knee replacement: Definition, Indications, Complications, Pre-operative assessment, Pre-surgical Physiotherapy	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical +3 Practical's	Knowledge and Application	Total knee replacement: Post-surgical Physiotherapy, Outcome Measures	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Total hip replacement: Definition, Indications, Complications, Surgical Approaches	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Total hip replacement: Post-surgical Physiotherapy, Outcome Measures	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Shoulder instabilities	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Shoulder joint	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Deformities of lower limb	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Benign and malignant bone tumors	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)

**Magee, D. J. (2014). *Orthopedic Physical Assessment* (6th ed.). Elsevier**

Main references (sources)

**Bruckner, P., & Khan, K. (2016). *Bruckner & Khan's Clinical Sports Medicine: Injuries, Volume 1* (5th ed.). McGraw-Hill**

Recommended books and references (scientific journals, reports...)	<b>Journal of Orthopedic &amp; Sports Physical Therapy (JOSPT)</b>
Electronic References, Websites	<b>American Physical Therapy Association (APTA)</b>

1.Course Name: Human Anatomy
2.Course Code: PTT210
3.Semester / Year: First semester / 2025-2026
4.Description Preparation Date: 1/9/2025
5.Available Attendance Forms: In-person lectures
6.Number of Credit Hours (Total) / Number of Units (Total)
30 Theoretical + 45 Practical hours / 3 Units
7.Course administrator's name (mention all, if more than one name)
Name: Dr. Muhanned Emad Majeed
Email:

<b>8. Course Objectives</b>	
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• <b>The objectives of the Human Anatomy course focus on understanding the structure of the human body, how it is organized, and its function.</b></li> </ul>
<b>9. Teaching and Learning Strategies</b>	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Understanding the anatomical foundations of the human body</p> <p>Gain basic knowledge of the anatomical structures of the human body, including bones, muscles, blood vessels, nerves, and internal organs . Identify the anatomical organization of the human body and divide it into systems (such as the muscular, skeletal, circulatory, and nervous systems)</p> <p>- Identify the main organs and their functions -A2</p> <p>Understand the location and function of vital organs such as the heart, lungs, liver, kidneys, and brain Learn how these organs interact with each other to maintain the body's vital functions</p> <p>A3- Study of the anatomical structures in the musculoskeletal system :</p> <p>Study of the major bones, joints, and muscles that make up the human skeleton, and understand their role in movement and support . Learn about the relationships between bones and muscles and how they work together to provide movement .</p> <p>A4- Identifying superficial anatomy :</p> <p>Recognize the surface anatomy of the body and identify prominent anatomical structures that can be felt or seen through the skin . Understand how to use surface landmarks in clinical examinations .</p> <p>A5- Understanding the central and peripheral nervous system :</p> <p>Study of the components of the central nervous system (brain and spinal cord) and the peripheral nervous system (peripheral nerves) . Understanding how nerve signals are transmitted and control different body functions</p> <p>A6- Study of the circulatory system and cardiovascular anatomy :</p> <p>Understand the detailed anatomy of the heart and blood vessels (arteries and veins) and how blood is distributed in the body .</p> <p>Identify the relationship between the structure of the heart and its function in pumping blood and maintaining blood circulation .</p>

A7-Understanding the respiratory system :

Study of the detailed anatomy of the respiratory system including the nose, trachea, lungs, and diaphragm .

Learn how the respiratory system is organized to complete gas exchange and supply the body with oxygen .

A8- Study of the digestive system :

Study of the main components of the digestive system such as the stomach, small and large intestines, liver, and pancreas .

Understand how this system regulates food digestion and nutrient absorption

A9- Understanding the urinary and reproductive system :

Learn about the urinary system, including the kidneys, ureters, bladder, and urethra, and their functions in eliminating waste .

Study of the male and female reproductive organs and understanding their role in reproduction .

A10- Understanding the lymphatic system and the immune system :

Identify the main components of the lymphatic system, including lymph vessels and lymph nodes, and understand its role in the body's defense . Study the role of the immune system in protecting the body from diseases .

A11- Acquiring the ability to read anatomical drawings :

Learn how to interpret anatomical drawings and images, including diagrams and cross-sectional anatomy . The ability to link theoretical information with practical images of human anatomy .

A12- Identifying individual anatomical differences :

Understand that there are normal anatomical differences between individuals and that these differences may affect diagnosis and treatment .

Learn how anatomical differences can impact medical and clinical practice

Course specific skill objectivesB.

B1 - Ability to identify anatomical structures :

Acquire the ability to identify the various anatomical structures of the human body

through practical examination of cadavers or anatomical models . Develop the skill of distinguishing between bones, muscles, internal organs, and blood vessels in humans .

B2 - Use of anatomical tools :

Learn how to use anatomical tools safely and accurately in anatomy studies .

Gain the skill to perform simple dissections of tissues and structures to demonstrate the anatomical details of different organs and systems

**B3 - Analysis of anatomical medical images :**

Ability to read and interpret anatomical images such as X-rays, magnetic resonance imaging (MRI) , and computed tomography (CT) . Learn how to link theoretical information to practical applications by analyzing clinical images of real patients .

**B4 - Identify the basic anatomical sites :**

Gain skill in identifying surface anatomical landmarks and locating important internal structures in the human body .

The ability to use this knowledge in clinical examination to locate organs and bones during physical examination .

**B5 - Application of anatomy in clinical contexts :**

Learn how to use anatomical knowledge to understand clinical conditions, such as fractures, muscle tears, nerve injuries, and other conditions . The ability to interpret the relationship between human anatomy and disease symptoms in patients, which helps in providing appropriate medical care .

**B6 - Practical anatomical assessment skill :**

Ability to perform a practical assessment of anatomical structures through physical examination or medical imaging techniques .

Develop skills in applying clinical examination to evaluate injuries or anatomical abnormalities in patients .

**B7 - Communication using anatomical terms :**

Acquire the ability to use anatomical terminology accurately in communication with colleagues and healthcare professionals Improve the ability to clearly describe anatomical

structures while preparing medical reports or clinical discussions

**B8 - Virtual and technological anatomy :**

Using technology such as 3D applications and virtual reality to study and dissect the human body virtually . The ability to analyze anatomical dimensions and structures in innovative ways using modern technological tools .

**B9 - Cooperation within anatomical working teams :**

Develop teamwork skills while performing dissections or analyzing clinical cases related to dissection .Ability to share knowledge and contribute effectively to medical teams to provide accurate anatomical analyses

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Nervous system: Central Nervous System: Disposition	Whiteboard, powerpoint	Whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Nervous system: Cerebrum, cerebellum, Thalamus, Hypothalamus, Internal Capsule, Blood Supply Brain	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	Cardio-Vascular system: Comprehend the external and internal features of the structure of the heart and their implications	Whiteboard, powerpoint	Whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Cardio-Vascular system: Mention the Internal features of the chambers of the heart, State the basic features of the blood	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Cardio-Vascular system: Identify the coronary arteries and coronary sinus, Name the parts of the conducting system of heart	Whiteboard, powerpoint	Whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Nervous system, Autonomic nervous system, its components Nerve receptors	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Spinal cord	Whiteboard, powerpoint	Whiteboard, powerpoint
Eighth	2Theoretical +3 Practical's	Knowledge and Application	Lymphatic system	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical +3 Practical's	Knowledge and Application	Respiratory system	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Endocrine System	Whiteboard, powerpoint	Whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Genito-urinary system	slides , hands-on experiments	slides , hands-on experiments

Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Digestive system	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Embryology: Development of bones, axial and appendicular skeleton and muscles, skeleton muscles	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Embryology: Ovum, Spermatozoa, fertilization and formation of the Germ layers and their derivations	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Drake, R. L., Vogl, W., &amp; Mitchell, A. W. M. (2019). <i>Gray Anatomy for Students (4th ed.)</i>. Elsevier</b>
Main references (sources)	<b>Snell, R. S. (2011). <i>Clinical Anatomy by Systems</i>. Lippincott Williams &amp; Wilkins.</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Anatomy</b>
Electronic References, Websites	<b>Visible Body – Anatomy Learning Tools</b>

1.Course Name: Medical psychology

2.Course Code: MTCD201

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical / 2 Units

7.Course administrator's name (mention all, if more than one name)

Name: Taha Akram Shabeeb

Email:

## 8. Course Objectives

### Course Objectives

- **The objectives of the Medical Psychology course focus on studying relationship between psychological and health aspects, and the impact of psychological factors on health and illness**

## 9. Teaching and Learning Strategies

### Strategy

#### A. Cognitive objectives

A1- Understanding the psychological factors associated with health : Studying how emotions and behaviors influence patients' health and improve physical therapy outcomes.

A2- Developing psychological assessment skills: Enabling students to assess the psychological

state of patients and how it affects their physical treatment

A3- Teaching coping strategies: Providing techniques to help patients cope with pain and anxiety, and enhancing their ability to cope with their health conditions.

A4- Enhancing interaction between practitioners and patients: Understanding the importance of effective communication and how it can impact treatment outcomes .

A5- Exploring the psychological effects of illness and injury: Studying how injuries or chronic diseases affect the psychological state of patients .

A6- Improving cultural awareness: Enhancing understanding of how cultural and social factors influence mental health and therapeutic behaviors .

A7- Application of psychological theories in physical therapy: Study of how to use psychological principles to improve therapeutic techniques .

A8- Guiding patients towards a healthy lifestyle: Providing the necessary knowledge to help patients make healthy decisions that enhance their recovery

#### Course specific skill objectivesB.

B1 - Effective communication skills : Enhancing the ability to communicate effectively with patients, including active listening, expressing empathy, and asking appropriate questions to understand their needs .

B2 - Psychological assessment : Developing skills to assess patients' psychological status through psychological assessment tools and observation, and identifying factors that may affect their therapeutic progress .

B3 - Apply coping strategies: Learn how to use techniques such as relaxation, mental imagery, and breathing techniques to help manage anxiety and pain in patients .

B4 - Develop comprehensive treatment plans: Learn how to integrate psychological knowledge with physical therapy plans, so that they include both psychological and physical aspects of treatment

B5 - Dealing with stressful situations : Acquiring skills to deal with patients suffering from stress or depression and the impact of this on the recovery process .

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical	Knowledge	Introduction to the science of psychology	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical	Knowledge	Schools of thoughts in psychology Gestalt psychology – psychoanalysis	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical	Knowledge	Humanistic psychology – Behaviorism	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical	Knowledge	Mental process: Memory – Forgetting – Thinking – Language	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical	Knowledge	Senses - Attention - Imagination	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical	Knowledge	The Structural Model of Personal	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical	Knowledge	Psychological Defense Mechanisms	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical	Knowledge	Methods of Study in Psychology	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical	Knowledge	The psychological causes for the appearance of disorder	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	The psychosomatic disorder: Hypochondriasis - Somatization disorder	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical	Knowledge	The doctor – patients relationship medical consultation	slides , hands-on experiments	slides , hands-on experiments

Twelfth	2Theoretical	Knowledge	Psychotherapy – Medical applications of psychotherapy	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical	Knowledge	Biological base of behavior	Whiteboard, powerpoint	Whiteboard, powerpoint
Fourteenth	2Theoretical	Knowledge	Suicide: The etiology of suicide	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical	Knowledge	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Taylor, S. E. (2017). <i>Health Psychology</i> (10th ed.). McGraw Hill.</b>
Main references (sources)	<b>Lloyd, G. G., &amp; Bor , R. (2009). <i>Practical Medical Psychology</i>. Springer.</b>
Recommended books and references (scientific journals, reports...)	<b>Psychosomatic Medicine</b>
Electronic References, Websites	<b>PubMed – Medical &amp; Health Psychology Research</b>

1.Course Name: Metabolism

2.Course Code: MTCD202

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 30 Practical hours / 3 Units

7.Course administrator's name (mention all, if more than one name)

Name: Dr. Ghiath Muhanned Salman

Email:

8. Course Objectives

<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• Focuses on the study of how the body processes food and uses it to produce energy and support various body functions</li> </ul>
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**9. Teaching and Learning Strategies**

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Understanding metabolic processes: Enabling students to understand how metabolism occurs in the body, including the metabolism of fats, carbohydrates, and proteins .</p> <p>A2- Application of nutritional knowledge: Teaching students how to apply nutritional knowledge to improve athletic performance and the overall health of patients .</p> <p>A3- Nutritional status assessment: Training students on how to assess the nutritional status of patients and use the necessary tools for this .</p> <p>A4- Dietary planning: Enabling students to design appropriate dietary plans that meet the needs of patients in different treatment conditions</p> <p>A5- Understanding the effect of nutrition on healing: Studying how proper nutrition affects the healing process and recovery from injuries .</p> <p>A6- Nutrition education: Enhancing the ability to educate patients about the importance of proper nutrition and how to achieve it in their daily lives</p> <p>Course specific skill objectivesB.</p> <p>B1 - Nutritional Data Analysis: Develop students’ skills in analyzing nutritional information, including reading food labels and understanding the contents of foods .</p> <p>B2 - Nutritional Status Assessment: Acquire the ability to conduct a comprehensive assessment of patients’ nutritional status using tools such as questionnaires and physical scales .</p> <p>B3 - Meal Planning: Learn how to design customized meal plans that fit patients' needs, including calculating calories and nutrients .</p> <p>B4 - Patient Guidance: Improve communication skills to guide patients on choosing healthy foods and how to improve their eating habits .</p> <p>B5 - Implementing nutritional programs: Acquiring the ability to implement various nutritional programs that suit different patient conditions</p> <p>B6 - Use of technology: Develop skills in using technological programs and applications that help in tracking diet and planning meals .</p> <p>B7 - Research Analysis: Acquire skills to analyze research and studies related to nutrition and understand their impact on clinical practice .</p>
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B8 - Evaluating Effects: Learn how to evaluate the impact of dietary changes on physical performance and injury recovery

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +2 Practical's	Knowledge and Application	Metabolism	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +2 Practical's	Knowledge and Application	Enzymes	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
The Third	2Theoretical +2 Practical's	Knowledge and Application	Michaels – Menten theory	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +2 Practical's	Knowledge and Application	Carbohydrates Metabolism	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Lactic Acid Fermentation	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +2 Practical's	Knowledge and Application	Citric and cycle /TCA cycle Krebs cycle	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
Seventh	2Theoretical +2 Practical's	Knowledge and Application	The electron transport chain	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +2 Practical's	Knowledge and Application	Fructose Metabolism	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +2 Practical's	Knowledge and Application	Galactose Metabolism	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam
Tenth	2Theoretical +2 Practical's	Knowledge and Application	Glycogen metabolism	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +2 Practical's	Knowledge and Application	Protein metabolism	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +2 Practical's	Knowledge and Application	Protein Synthesis	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam

Thirteenth	2Theoretical +2 Practical's	Knowledge and Application	Lipid Metabolism	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +2 Practical's	Knowledge and Application	Cholesterol metabolism	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +2 Practical's	Knowledge and Application	Nucleotide metabolism	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Nelson, D. L., &amp; Cox, M. M. (2017). <i>Lehninger Principles of Biochemistry</i> (7th ed.). WH Freeman</b>
Main references (sources)	<b>Brody, T. (1999). <i>Nutritional Biochemistry</i> (2nd ed.). AcademicPress.</b>
Recommended books and references (scientific journals, reports...)	<b>American Journal of Clinical Nutrition (AJCN)</b>
Electronic References, Websites	<b>World Health Organization (WHO) – Nutrition</b>

1.Course Name: Baath regime crimes in Iraq

2.Course Code: NTU203

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical / 2 Units

7.Course administrator's name (mention all, if more than one name)

Name: Taha Akram Shabeeb

Email:

## 8. Course Objectives

### Course Objectives

- Focuses on studying the crimes and practices committed by the Ba'ath regime in
- Iraq during its rule

## 9. Teaching and Learning Strategies

### Strategy

A. Cognitive objectives

A1- Understanding the historical context: Identifying the political and social conditions that led to the emergence of the Baath regime in Iraq and how this affected the country .

A2- Analysis of violations : Studying the crimes committed by the regime, such as genocide, torture, and arbitrary arrests, and their effects on Iraqi society .

A3- Impact assessment: Assessment of the psychological, social and economic impacts of the crimes committed by the Baath regime on individuals and society .

A4- Promoting awareness of rights: Enhancing understanding of human rights and relevant international laws, and how they can be used to hold accountable those responsible for these crimes .

A5- Study of transitional justice: Identifying the transitional justice initiatives and compensations that were taken after the fall of the regime and how they impacted national reconciliation .

A6- Evidence Analysis: Learn how to analyze documents and testimonies related to crimes, and understand the importance of archiving and historical documentation

Course specific skill objectivesB.

B1 - Enhancing empathy: Developing the ability to empathize with victims and their families, and to understand their suffering resulting from violations committed by the regime .

B2 - Raising awareness of human values: promoting the values of justice, equality and respect for human rights, and recognizing the importance of protecting these values in societies

B3 - Appreciating Cultural Diversity: Promoting appreciation of cultural and religious diversity in Iraq, and understanding how violations affect relations between different communities .

B4 - Stimulating critical moral thinking: Encouraging students to think critically about moral issues related to crimes, such as individual and collective responsibility .

B5 - Developing a sense of responsibility: Enhancing the sense of responsibility towards social change and contributing to building a more just society .

B6 - Enhancing the capacity for effective participation : Encouraging students to participate in activities that support human rights and reconciliation, such as awareness-raising and community education .

B7 - Dealing with pain and loss: Providing spaces to talk about the pain and loss resulting from violations, which contributes to individual and collective healing processes

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
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The First	2Theoretical	Knowledge	Violations of rights and freedoms	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical	Knowledge	A descriptive overview of the political systems in Iraq (1921-2003)	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical	Knowledge	The Baath regime's violations of public rights and freedoms	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical	Knowledge	The impact of the Baath regime's behavior on society	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical	Knowledge	The impact of the transitional phase in combating authoritarian politics	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical	Knowledge	Psychological field	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical	Knowledge	social field	whiteboard, powerpoint	whiteboard, powerpoint
Eighth	2Theoretical	Knowledge	Religion and State	slides , hands-on experiments	slides , hands-on experiments
Ninth	2Theoretical	Knowledge	Culture, media and the militarization of society	reports, oral and written theoretical exams	reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	The impact of oppression and wars on the environment and population	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical	Knowledge	The use of internationally prohibited weapons and environmental pollution	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical	Knowledge	scorched earth policy	reports, oral and written theoretical exams	reports, oral and written theoretical exams
Thirteenth	2Theoretical	Knowledge	Draining the marshes and forced migration	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical	Knowledge	destruction of the agricultural and natural environment and radioactive contamination	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical	Knowledge	Mass graves and bombing of places of worship	powerpoint +whiteboard -slides , hands-on experiments	reports, oral and written theoretical exams

11. Course Evaluation	
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc	
12. Learning and Teaching Resources	
Required textbooks (curricular books, if any)	Rubaie, Hassan-Al(2009). <i>Baath Crimes: Testimonies and Documents</i> . .Jamal-Dar Al
Main references (sources)	Tripp, C. (2007). <i>A History of Iraq</i> (3rd ed.). Cambridge University Press.
Recommended books and references (scientific journals, reports...)	Human Rights Watch Reports on Iraq
Electronic References, Websites	United Nations - Archive of Crimes Against Humanity

1.Course Name: Professional Ethics	
2.Course Code: NTU203	
3.Semester / Year: Second semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical / 2 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Taha Akram Shabeeb Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> <li>• It focuses on promoting a deep understanding of the ethical values and principles</li> <li>• that individuals should adopt in their fields of work</li> </ul>
9. Teaching and Learning Strategies	

<p><b>Strategy</b></p>	<p>A. Cognitive objectives</p> <p>A1- Understanding basic ethical principles :</p> <p>Learn about key ethical values and principles such as integrity, confidentiality, and respect, and how to apply them in the field of physical therapy . Understanding the therapist's responsibility to patients, colleagues, and the community .</p> <p>A2- Identifying professional laws and standards :</p> <p>Understanding the laws and regulations relevant to the practice of physical therapy, including regulations governing the profession and patient care . Learn about the approved professional regulations and standards that define how to practice the profession safely and responsibly .</p> <p>A3- Analysis of ethical issues in health care :</p> <p>The ability to analyze ethical problems and issues that may arise in daily work situations, such as challenges related to patient privacy, informed consent, and conflicts of interest . Learn how to handle difficult situations ethically by using an ethical framework .</p> <p>A4- Distinguishing between rights and duties :</p> <p>Learn about patients' rights and therapist responsibilities, including the right to privacy, information, and access to appropriate treatment</p> <p>A5- Enhancing critical thinking :</p> <p>Develop critical thinking skills to analyze ethical situations and make professional decisions based on sound ethical foundations . The ability to recognize the ethical consequences of decisions and actions taken in physical therapy practice .</p> <p>A6- Understanding professional relationships</p> <p>Recognizing the importance of building professional relationships based on mutual respect and trust between therapists, patients, and colleagues . Study how ethical values can influence the quality of health care and professional relationships .</p> <p>A7- Identifying the ethics of scientific research :</p> <p>Understand the ethical principles associated with scientific research in the field of physical therapy, including how to respect the rights of research participants and ensure transparency and integrity in the presentation of results .</p> <p>A8- Promoting responsible professional practices :</p> <p>Understand the importance of responsible professional practices and how to ensure compliance with ethical standards in all aspects of work. Study how to handle ethical violations and report them when necessary</p> <p>Course specific skill objectivesB.</p> <p>B1 - Ethical decision-making skills :</p>
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	<p>Develop the ability to make sound ethical decisions when dealing with complex professional situations .</p> <p>The ability to use an ethical framework to analyze and evaluate options in situations that require an ethical solution .</p> <p><b>B2 - Effective communication skills :</b></p> <p>Enhance oral and written communication skills with patients and colleagues, while observing ethical values such as honesty and respect . Ability to explain complex ethical decisions to patients in a clear and understandable manner, and respect the patient's right to participate in making decisions about their care .</p> <p><b>B3 - Conflict resolution skills :</b></p> <p>Learn how to handle ethical and professional conflicts in an effective and constructive manner . The ability to negotiate and reach solutions that satisfy all parties involved, while maintaining a commitment to ethical values</p> <p><b>B4 - Confidentiality and information protection skills :</b></p> <p>Develop the ability to handle personal and sensitive patient information in a manner that respects privacy and confidentiality .</p> <p>Learn how to store and process medical information in a secure manner that complies with legal and ethical standards .</p> <p><b>B5 - Skills for dealing with complex cases :</b></p> <p>The ability to identify complex ethical situations that may arise in clinical practice, such as providing care in situations of conflict of interest or special patient circumstances .</p> <p>Learn how to provide optimal care, taking into account ethical and humane considerations when dealing with different patients, especially sensitive or vulnerable cases</p>
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## 10. Course Structure

<b>Week</b>	<b>Hours</b>	<b>Required Learning Outcomes</b>	<b>Unit or subject name</b>	<b>Learning method</b>	<b>Evaluation method</b>
The First	2Theoretical	Knowledge	Principles of professional ethics in the stages of civilizational developments	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical	Knowledge	Principles of Professional Ethics in Arab and Islamic Civilization	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams

The Third	2Theoretical	Knowledge	Professional behavior: definition, concept, practical applications, and the relationship between employees and their supervisors	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical	Knowledge	Basic professional ethics	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical	Knowledge	Characteristics of professional ethics as a guide and guide to behavior	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical	Knowledge	Characteristics and attributes of health workers: appearance behavior, and commitment	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical	Knowledge	The moral and legal rights of the patient and dealing with and dealing with the behavior of patient and his companions	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical	Knowledge	Patterns Behavioral/Humanitarian Definition, nature, motives, and interpretations	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical	Knowledge	Communication Styles/Linguistic Non-Linguistic Definition, types and effects Designing successful communication methods	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	How communication styles affect behavior, listening and hearing	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical	Knowledge	Behavioral trends and tendencies Definition, classification, factors affecting it, methods of measuring it	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical	Knowledge	Personality types and how to deal with them	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical	Knowledge	Definition of personality, its types, and its relationship to profession Technician personality and its manifestations	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical	Knowledge	Conditions of professional compatibility and the associated work relationship, its concept, conditions, and poor professional availability	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical	Knowledge	Behavioral treatment of patients receiving the patient, dealing with him, gaining his trust, and maintaining professional secret	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

11.

Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Beauchamp, T. L., &amp; Childress, J. F. (2019). <i>Principles of Biomedical Ethics</i> (8th ed.). Oxford University Press</b>
Main references (sources)	<b>Banks, S. (2016). <i>Ethics and Values in Social Work</i> (4th ed.). Palgrave</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Medical Ethics</b>
Electronic References, Websites	<b>American Medical Association (AMA) – Code of Ethics</b>

## Course Description / Level Three

1.Course Name: Physical Therapy of internal diseases	
2.Course Code: PTT301	
3.Semester / Year: First semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 45 Practical hours / 3 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Dr. Ibrahim Ihsaan Fadhil Email:	
8. Course Objectives	
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• <b>Knowing the types of diseases that affect some human body systems</b></li> <li>• <b>Learn medical terms related to internal medicine</b></li> <li>• <b>Identifying the causes of internal diseases, signs and symptoms</b></li> <li>• <b>Knowledge of the field of medical rehabilitation and its role in treating internal diseases</b></li> </ul>
9. Teaching and Learning Strategies	
<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>Identify the concept of common internal diseases (diseases of the respiratory, cardiovascular, digestive, urinary, and endocrine systems) .</p> <ul style="list-style-type: none"> <li>• Understanding the physiological and pathological foundations associated with these diseases and their impact on the various body systems .</li> <li>• Distinguishing the basic clinical signs and symptoms that accompany internal diseases and their impact on the patient’s physical and functional activity .</li> <li>• Knowledge of the general principles of medical diagnosis, laboratory and radiological examinations related to internal diseases</li> </ul>

Explain the role of physical therapy in prevention, treatment, and rehabilitation of patients with internal diseases .

- Analysis of methods of assessment and clinical examination of patients with internal diseases from a physical therapy perspective .
- Recognize the importance of using therapeutic exercises, respiratory therapy techniques, and rehabilitation programs in improving patients' quality of life .
- Explain the potential complications of internal diseases and how to deal with them within the physical therapy plan .
- Comparison between different therapeutic intervention methods according to the type of disease and the patient's condition .
- Applying scientific foundations in developing evidence-based treatment plans (Evidence-Based Practice).

Course specific skill objectivesB.

B1- Conducting a thorough clinical examination of internal medicine patients (measuring vital signs, assessing respiration, examining functional capacity) .

B2- Applying respiratory physiotherapy techniques such as: deep breathing exercises, postural drainage , and manual methods to help improve ventilation

B3 - Implement safe and effective treatment programs for patients with cardiovascular diseases (such as progressive endurance exercises and prevention of complications) .

B4- Proficiency in the use of assistive devices ( such as the Incentive Spirometer , lung capacity measuring devices, and the effort monitor ) .

B5 - Patient training on energy conservation techniques and shortness of breath management .

B6 - Designing individual practical treatment plans that suit the patient's internal condition, taking into account individual differences and functional capacity .

B7 - Implementing rehabilitation programs after internal surgeries (such as heart or chest surgery) according to physical therapy protocols .

B8 - Applying manual therapy techniques appropriate to some cases to improve movement and functions .

B9 - Monitoring the development of the disease through continuous re-evaluation and modification of the treatment plan .

B10 - Employing practical communication skills with the patient and his family to teach them the exercises and precautions to follow after leaving the hospital

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	History taking	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Hypertension: Definition, Etiology, Pathophysiology, Signs & Symptoms, Prevention, Effects exercises on blood pressure	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	Diabetes mellitus: Definition, Etiology, Classification, Pathophysiology, Signs & Symptoms, Prevention, Complications, Role of physiotherapy	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Human deficiency syndrome: Definition, Epidemiology, Etiology, Pathophysiology, Staging, Signs & Symptoms, Prevention, Complications, Role of physiotherapy	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Hepatitis: Definition, Etiology, Classification, Pathophysiology, Signs & Symptoms, Prevention, Complications	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Anemia: Definition, Epidemiology, Etiology, Signs & Symptoms, Prevention, Complications	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Leukemia: Definition, Etiology, Classification, Staging, Signs & Symptoms, Complications, Role of physiotherapy	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Multiple myeloma and lymphoma: Definition, Etiology, Pathophysiology, Signs & Symptoms, Complications, Role of physiotherapy	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Deep venous thrombosis: Definition, Etiology, Pathophysiology, Signs & Symptoms, Prevention, Physiotherapy	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

Tenth	2Theoretical +3 Practical's	Knowledge and Application	Renal failure: Definition, Etiology, Classification, Signs & symptoms, Complications, Physiotherapy	Whiteboard, powerpoint	Whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Gastroesophageal reflux, Irritable bowel syndrome: Definition, Etiology, Signs & Symptoms, Prevention, Physiotherapy	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Liver cirrhosis: Definition, Etiology, Pathophysiology, Signs & Symptoms, Complications, Physiotherapy	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Hypo and hyperthyroidism: Definition, Etiology, Signs & Symptoms, Complications, Physiotherapy.	Whiteboard, powerpoint	Whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Adrenal gland disorders: Definition, Etiology, Signs & Symptoms, Complications, Physiotherapy	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Hillegass, E. (2016). <i>Essentials of Cardiopulmonary Physical Therapy</i> (4th ed.). Elsevier</b>
Main references (sources)	<b>Frownfelter, D., &amp; Dean, E. (2012). <i>Cardiovascular and Pulmonary Physical Therapy: Evidence and Practice</i> (5th ed.). Elsevier</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Cardiopulmonary Rehabilitation and Prevention</b>
Electronic References, Websites	<b>Physiopedia – Cardiopulmonary Physiotherapy</b>

1.Course Name: Physiotherapy for advanced surgery	
2.Course Code: PTT302	
3.Semester / Year: Second semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 45 Practical hours / 3 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Dr. Ibrahim Ihsaan Fadhil Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> <li>• 1.Enabling the student to apply appropriate rehabilitation programs for different surgical cases.</li> <li>• 2 .Introducing the student to the role of physical therapy in pre– and post–operative care .</li> <li>• 3.Providing the student with skills to evaluate patients after surgical operations.</li> <li>• 4. Preparing the student to deal with common complications after surgery (such as clots, shortness of breath, adhesions</li> </ul>
9. Teaching and Learning Strategies	
Strategy	<p>A. Cognitive objectives</p> <p>Learn the general principles of advanced surgery and its types (cardiac and thoracic surgery, brain and nerves, complex orthopedics, tumor surgery, etc.) .</p> <ul style="list-style-type: none"> <li>• Understanding the physiological and pathological basis of changes that occur after major surgery and their impact on the body's systems .</li> <li>• Knowing the potential complications after surgery (such as: clots, infection, decreased mobility syndrome) and the role of physical therapy in preventing them .</li> <li>• Explaining the different stages of rehabilitation after advanced surgeries and the steps of physical therapy at each stage .</li> </ul>

	<ul style="list-style-type: none"> <li>• Identify the indications and precautions for each type of surgery before starting physical therapy .</li> <li>• Analysis of rehabilitation protocols used in advanced surgeries (such as cardiopulmonary rehabilitation, neurological rehabilitation) .</li> <li>• Interpreting the results of medical, radiological, and laboratory examinations and linking them to the physical therapy plan</li> </ul> <p>Course specific skill objectivesB.</p> <p>B1- Conducting a thorough clinical assessment of advanced post-surgical patients (measuring vital signs, assessing respiration, muscle strength, and functional movement) .</p> <p>B2- Applying physical therapy protocols for various surgical cases such as: heart and thoracic surgeries, complex orthopedic surgeries, and neurological surgeries .</p> <p>B 3 - Mastering respiratory therapy techniques (deep breathing exercises, postural drainage, effective coughing techniques) for patients after thoracic or abdominal surgeries .</p> <p>B 4 - Implementing early rehabilitation programs within the hospital to reduce complications and improve recovery speed .</p> <p>B 5 - Use assistive devices (such as electrotherapy devices, respiratory exercise machines, and walking aids) correctly and safely .</p> <p>B 6 - Designing individual treatment plans tailored to the patient's condition, type of surgery, and stage of recovery .</p> <p>B 7 - Training patients in gradual therapeutic exercises to improve physical ability and restore daily functions .</p> <p>B8 - Modifying the treatment plan according to the patient’s response and clinical changes during the rehabilitation stages .</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Introduction: Role of physiotherapy in advanced surgery, principles of pre- and post-operative rehabilitation	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Thoracic surgeries: definition, indications, surgical incision complications	slides , hands-on experiments Reports	slides , hands-on experiments Reports, oral and

				oral and written theoretical exams	written theoretical exam
The Third	2Theoretical +3 Practical's	Knowledge and Application	Physiotherapy management after thoracic surgeries.	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Cardiac surgeries: open and closed heart surgery – indications, complications, physiotherapy management	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Pulmonary and chest injuries etiology, clinical presentation complications	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Traumatic Brain Injury (TBI) Causes, mechanism, Glasgow Coma Scale, surgical interventions	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Physiotherapy in moderate to severe TBI.	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Brain tumor surgery: indications, complications, physiotherapy management.	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Spinal surgeries (Cervical & Lumbar): Indications, complications, physiotherapy rehabilitation	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Pelvic surgeries: indications, complications, physiotherapy management	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Peripheral vascular surgeries varicose veins, bypass grafting physiotherapy role	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Abdominal and bariatric surgeries: post-operative complications and rehabilitation	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Gynecological surgeries: Cesarean section, hysterectomy – physiotherapy management	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Organ transplantation: liver, kidney, lung – physiotherapy role in early recovery	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Burns and reconstructive surgeries, ICU physiotherapy, revision of course	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

12. Learning and Teaching Resources	
Required textbooks (curricular books, if any)	Payne, W. K., & Jan, Y. K. (2018). <i>Surgical Conditions and Physical Therapy Management</i> . F. A. Davis.
Main references (sources)	Hertling, D., & Kessler, R. M. (2018). <i>Management of Common Musculoskeletal Disorders: Physical Therapy Principles and Methods</i> (5th ed.). Wolters Kluwer
Recommended books and references (scientific journals, reports...)	Journal of Rehabilitation Medicine
Electronic References, Websites	American Physical Therapy Association (APTA)

1.Course Name: Basic Physiotherapy for Neurological Diseases	
2.Course Code: PTT303	
3.Semester / Year: First semester / 2025-2026	
4.Description Preparation Date: 1/9/2025	
5.Available Attendance Forms: In-person lectures	
6.Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 45 Practical hours / 3 Units	
7.Course administrator's name (mention all, if more than one name)	
Name: Dr. Fawzi Hammadi Mahdi Email:	
8. Course Objectives	
Course Objectives	<p>Identify diseases affecting the central nervous system and the peripheral nervous system.</p> <p>.1–To learn the basic sciences to provide knowledge about aspects related to neuroscience and neurological diseases.</p> <p>2 –Identify various acquired neurological diseases and problems in adults</p> <p>3–Identify medical topics and terminology, pathophysiological causes, clinical examination and evaluation, compare contemporary and traditional interventions, and the impact of advanced technology in this field.</p> <p>4. Determine appropriate rehabilitation programs for each medical case using available therapeutic methods and exercises.</p>
9. Teaching and Learning Strategies	

<p><b>Strategy</b></p>	<p>A. Cognitive objectives</p> <p>A1- Introduction to the basic principles of neuroanatomy physical therapy and neurophysiology related to .</p> <p>A2- Understanding the pathophysiology of common neurological diseases such as: stroke, spinal cord injuries, multiple sclerosis, cerebral palsy, Parkinson's disease , etc.</p> <p>A3- Distinguish between different neurological signs and symptoms such as: muscle weakness, balance disorders, loss of sensation, and convulsions .</p> <p>A4- Familiarity with the basics of neurological assessment used in physical therapy: assessment of muscle strength, muscle tone , reflexes, balance, and gait .</p> <p>A5- Learn the principles of basic therapeutic interventions in neurological conditions (e.g., therapeutic exercises, sensorimotor stimulation, functional movement training) .</p> <p>A6- Understand the role of the integrated medical team in the rehabilitation of neurological patients, and how physical therapy integrates with other specialties.</p> <p>A7- Understanding the relationship between the type of neurological injury and appropriate rehabilitation in terms of short- and long-term.</p> <p>A8- Gain knowledge about assistive devices and therapeutic aids used in neurological rehabilitation .</p> <p>A9- Understand the principles of prevention of secondary complications of neurological diseases such as bed sores, joint stiffness, and poor physical fitness .</p> <p>A10- The ability to link theoretical knowledge with practical application in developing initial plans for physical therapy for various neurological conditions .</p> <p>Course specific skill objectivesB.</p> <p>B1- Conduct a thorough clinical neurological assessment (e.g., checking muscle strength, muscle tone, reflexes, balance, and motor coordination) .</p> <p>B2- Application of functional neurological assessment tests to determine the patient's ability to perform daily life activities .</p> <p>B3 - Design and implement initial physical therapy programs for neurological conditions in line with each patient's individual rehabilitation goals .</p> <p>B4 - Use of basic therapeutic methods ( such as therapeutic exercises, neuromuscular facilitation techniques (PNF) , gait training, and balance exercises ) .</p> <p>B5 - Proper use of assistive devices and tools in rehabilitation (crutches, splints, gait trainers) .</p> <p>B6 - Implementing strategies to prevent complications such as pressure ulcers, joint stiffness, and muscle atrophy .</p>
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	<p>B7 - Training the patient and his family on self-care techniques and strategies to improve quality of life .</p> <p>B8 - Ability to monitor patient response to treatment and modify the treatment plan according to clinical changes .</p> <p>B9 - Demonstrate effective clinical communication skills with the patient, his family, and members of the medical team .</p> <p>B10 - Integrating theoretical knowledge with practical aspects through clinical simulation and virtual/realistic cases</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Medical terminology regarding neurological system, Anatomy and Physiology of the nervous system (Brain, CNS Support Structures, Neurons, PNS, Spinal Level Reflexes).	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Neurological assessment higher mental function, assessment brain, evaluation of cranial nerves and evaluation of autonomic nervous system)	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	Investigations (principles, methods, views, normal/abnormal values/features of following investigative procedures in brain skull x-ray, CT, MRI, evoked potentials, lumbar puncture, EM NCV).	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Cerebro-vascular diseases: Define stroke, TIA, stroke in evolution, Lacunar infarct, Classification of stroke – Ischemic, hemorrhagic, venous infarcts	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Cerebro-vascular diseases: Early warning Sign & Prevention. Risk factors, causes of ischemic stroke, causes of hemorrhagic stroke, Classification of hemorrhagic stroke, classification of stroke, stroke syndrome, investigations	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Cerebro-vascular diseases: complications, medical and surgical management, physical therapy management	slides , hands-on experiments Reports, oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Facial palsy, Bell's palsy: Causes, clinical features, physical therapy management	whiteboard, powerpoint	whiteboard, powerpoint

eighth	2Theoretical +3 Practical's	Knowledge and Application	Multiple sclerosis: pathophysiology, causes, clinical presentation, physical therapy management	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Parkinson's disease: pathophysiology, causes, clinical presentation, physical therapy management.	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Trigeminal neuralgia: pathophysiology, causes, clinical presentation, physical therapy management	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Higher cortical, neuropsychological and neurobehavioral disorders Causes of blackouts, Neural basis of consciousness, causes and investigations of Coma. Perceptual disorders and Speech disorders	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Movement disorders: Definition etiology, risk factors, pathophysiology, classification clinical signs & symptoms, investigations, medical management	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Movement disorders: Definition, etiology, risk factors, pathophysiology, classification, clinical signs & symptoms, investigations, medical management, surgical management and complications of following disorders –, Myoclonus and Wilson's disease	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Cerebellar and coordination disorders: Etiology, Pathophysiology, classification, clinical signs and symptoms, investigations, differential diagnosis, management of Congenital ataxia, Friedreich's ataxia, Tabes dorsalis and Syphilis .	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	General Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)

**Umphred , D. A., Lazaro, R. T., Roller, M., & Burton, G. U. (2013). *Umphred's Neurological Rehabilitation* (ed.). Elsevier**

Main references (sources)

**Lundy-Ekman, L. (2020). *Neuroscience: Fundamentals for Rehabilitation* (6th ed.). Elsevier**

Recommended books and references (scientific journals, reports...)

**Journal of Neurologic Physical Therapy (JNPT)**

1.Course Name: Physiotherapy for Spinal Cord Injuries

2.Course Code: PTT304

3.Semester / Year: Second semester / 2025-2026

4. Description Preparation Date: 1/9/2025	
5. Available Attendance Forms: In-person lectures	
6. Number of Credit Hours (Total) / Number of Units (Total)	
30 Theoretical + 45 Practical hours / 3 Units	
7. Course administrator's name (mention all, if more than one name)	
Name: Dr. Ibrahim Ihsaan Fadhil Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> <li>• 1 – Learn about the anatomy , physiology and function of the spinal cord and the most important injuries it is exposed to.</li> <li>• 2 – Identify spinal cord injuries and diseases.</li> <li>• 3 – Identify the most important pathological causes of diseases and disorders affecting the spinal cord.</li> <li>• 4 – Identify medical treatments and surgical interventions to treat these injuries.</li> <li>• 5 – Identify clinical symptoms, differential diagnosis, and evaluation of spinal cord disorders</li> </ul>
9. Teaching and Learning Strategies	
Strategy	<p>A. Cognitive objectives</p> <p>A1 - Definition of neuroanatomy and neurophysiology of the spinal cord and its relationship to motor and sensory functions .</p> <p>A2 - Understanding the pathophysiology of spinal cord injuries of all types (complete/incomplete) and their impact on neurological functions .</p> <p>A3 - Distinguish the different clinical signs and symptoms associated with levels of spinal cord injury, such as: paralysis, loss of sensation, convulsions, and bladder and bowel control disorders</p> <p>A4 - Familiarity with the basics of neurological assessment in cases of spinal cord injuries, including the ASIA classification , assessment of muscle strength, muscle tone , balance, and reflexes .</p> <p>A5 - Identify the principles of basic therapeutic interventions used in cases of spinal cord injury, such as: therapeutic exercises, training in sitting, standing and walking, and electrical stimulation .</p>

- A6 - Understanding the role of the multidisciplinary medical team in the rehabilitation of patients with spinal cord injuries, and how physical therapy integrates with medical, nursing, psychological and social treatment .
- A7 - Understanding the relationship between the level of spinal cord injury and appropriate rehabilitation plans in terms of short- and long-term goals .
- A8 - Gaining knowledge about assistive devices such as wheelchairs, orthopedic devices, and gait training devices
- A9-Understanding the principles of prevention of secondary complications of spinal cord injuries such as: bedsores, joint stiffness, osteoporosis, and poor physical fitness .
- A10 - The ability to link theoretical knowledge with practical application by developing initial  
and integrated physical therapy plans for patients with spinal cord injuries
- Course specific skill objectivesB.
- B1 - Developing the skill of taking a medical history related to spinal cord injuries accurately and comprehensively .
- B2 - Providing the student with the ability to conduct a clinical examination and neurological assessment of injured patients, including assessment of muscle strength, balance, reflexes, and patient position .
- B3 - Training the student to use and classify spinal cord injuries according to the ASIA Scale and interpret its results in a practical manner .
- B4 - Enabling the student to design individual physical therapy plans that suit the level of injury and the treatment goals of each patient .
- B5 - Mastery of applying appropriate therapeutic exercises (movement therapy, balance exercises, gait exercises, breathing exercises) according to the patient's needs .
- B6 - Providing the student with the ability to use therapeutic devices and equipment (such as electrical stimulation devices, orthopedic devices, wheelchairs) efficiently and safely .
- B7 - Developing the skill of monitoring and evaluating the patient's progress periodically, and modifying the treatment plan according to the clinical response .
- B8 - Training the student to educate the patient and his family on daily care methods, prevention of complications, and promotion of functional independence .
- B9 - Enhancing the skill of working in a team spirit with the rest of the members of the multidisciplinary medical team to ensure the provision of comprehensive care to the patient .
- B10 - Develop clinical problem-solving skills and deal with emergency cases or sudden complications during treatment sessions

## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Introduction to the rehabilitation of SCI, effective system of SCI care, types of paralysis in SCI, etiology, complications, causes of death, aim of rehabilitation, rehabilitation team work, team work members, functions of team member	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	anatomy and physiology of spinal column and spinal cord: the spinal curvature functions, the ligaments & disks functions, spinal column functions, spinal cord functions, spinal circulation & meninges functions, spinal cord vascular anatomy, relationship of vertebrae to the spinal cord.	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	ASIA classification and definition ASIA classification system, basic definitions of completeness with sacral sparing, sensory exam, motor exam, neurologic level of injury, ASIA impairment scale	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	ASIA motor index score and guide: manual muscle testing, purposes of muscle test, factors affecting 'strength, preparation and information, assessment, contraindication and precautions, grading system in SCI, 10 key muscles	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	ASIA sensory index score and guide types of sensory receptors, sensory nerves pathways, dermatome sensory level, dermatomes distribution	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	SCI management at the scene of accident: general rules, the unconscious patient: positioning & alignment correction, respiratory care, basic examination, 2/the conscious patient, evacuation	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Initial management of acute traumatic SCI: spinal shock, acute manifestations of spinal injury the primary medical procedures of the acute or unstable SCI, unstable SCI stages duration determining, medical procedures of the unstable SCI, the stable (acute) injuries	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Respiratory rehabilitation functions for SCI: chest physical therapy definition, process of respiration, respiratory muscle's function, respiratory system changes in	slides , hands-on experiments	slides , hands-on experiments

			SCI, respiratory complications, respiratory tests		
ninth	2Theoretical +3 Practical's	Knowledge and Application	Respiratory rehabilitation plans the goals: exercises of respiratory muscles according to the level of injury, bronchial hygiene, treatment of spasticity effects of respiratory functions, use of the resistance in breathing, respiratory exercises, postural drainage: procedures and complications	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Respiratory rehabilitation functions for pressure ulcer: definition, stages and classification pressure ulcer causes locations, skin care and early treatment and prevention	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Rehabilitation of the spasticity: definition, types of SCI according to reflexes, patterns of spasticity, stretch reflex, classification of spasticity, spasticity physiology, clinical features, increasing factors, advantages and disadvantages, goal of all treatment, plan of treatment	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Deep vein thrombosis: anatomy, physiology, definition, physiological factors affected clots formation, etiology, locations, signs and symptoms, diagnosing, complications, prevention, treatment	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Contractures: definition, causes, common contractures and shortening, prevention and treatment	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Heterotopic ossification, definition, classification, causes, diagnosis, clinical presentation, prevention and treatment, surgical intervention and physiotherapy.	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)

**Kirshblum , S. C., & Lin, V. W. (2019). *Spinal Cord Medicine* (3rd ed.). Demos Medical**

Main references (sources)	<b>1. Handbook of Physical Medicine and Rehabilitation Hardcover – October, 1982</b>  <b>2. Neurological Rehabilitation, 6e ( Umphreds Neurological Rehabilitation) 6th Edition</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Spinal Cord Medicine</b>
Electronic References, Websites	<b>American Spinal Injury Association (ASIA):</b>

<b>1.Course Name: Physical therapy for diseases of the skeletal system</b>	
<b>2.Course Code: PTT305</b>	
<b>3.Semester / Year: First semester / 2025-2026</b>	
<b>4.Description Preparation Date: 1/9/2025</b>	
<b>5.Available Attendance Forms: In-person lectures</b>	
<b>6.Number of Credit Hours (Total) / Number of Units (Total)</b>	
30 Theoretical + 45 Practical hours / 3 Units	
<b>7.Course administrator's name (mention all, if more than one name)</b>	
Name: Dr. Ibrahim Ihsaan Fadhil Email:	
<b>8. Course Objectives</b>	
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>● <b>1 –Knowing the types of diseases that affect the musculoskeletal system.</b></li> <li>● <b>2 –Identify medical terms related to the musculoskeletal system.</b></li> <li>● <b>3 –Identify the causes of diseases affecting the musculoskeletal system, signs and symptoms.</b></li> <li>● <b>4 –Knowledge of the field of medical rehabilitation and its role in treating diseases of the peripheral musculoskeletal system.</b></li> <li>● <b>5–Learn about treatment methods and rehabilitation programs for muscular system</b></li> </ul>
<b>9. Teaching and Learning Strategies</b>	
<b>Strategy</b>	A. Cognitive objectives

	<p>A1- Identify the anatomical and physiological structure of the skeletal system (bones, joints, muscles, and ligaments) and their relationship to movement and function common diseases and injuries of the skeletal system</p> <p>A2- Understand the pathophysiology such as fractures, dislocations, arthritis, osteoporosis, spinal deformities, and sports injuries</p> <p>A3- Identify the clinical signs and symptoms of musculoskeletal diseases (e.g., pain, swelling, limited mobility, decreased muscle strength, and postural abnormalities) .</p> <p>A4- Familiarize yourself with the principles of clinical assessment and examination of patients with skeletal system diseases: assessment of range of motion (ROM) , muscle strength, joint stability, gait, and motor functions .</p> <p>A5- Identify the foundations and principles of physical therapy interventions used in skeletal system diseases, such as therapeutic exercises, manual therapy, electrotherapy, and heat and cold therapy</p> <p>A6- Understand the relationship between risk factors (age, gender, lifestyle, nutrition) and the occurrence of skeletal system diseases .</p> <p>A7- Understanding the importance of prevention, rehabilitation, and the role of physical therapy</p> <p>in improving quality of life and reducing complications in patients with musculoskeletal disorders</p> <p>Course specific skill objectivesB.</p> <p>B1 - Apply clinical examination and functional assessment skills for patients with musculoskeletal diseases and injuries .</p> <p>B2 - Design appropriate treatment and rehabilitation programs for each disease case based on the assessment results .</p> <p>B3 - Implement therapeutic interventions such as therapeutic exercises, manual therapy, and physical methods efficiently and safely .</p> <p>B4 - Use measuring devices ( such as goniometer , manual muscle testing) to estimate therapeutic progress .</p> <p>B5 - Document clinical data and prepare treatment reports systematically and accurately</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Cervical pain: Definition, Acute and Chronic, Etiology, Clinical presentation, Physiotherapy	Whiteboard, powerpoint	Whiteboard, powerpoint

The Second	2Theoretical +3 Practical's	Knowledge and Application	Adhesive capsulitis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	Rotator cuff tendonitis and tear: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Lateral and medial epicondylitis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Carpal tunnel syndrome: Definition, etiology, pathology, clinical presentation, Physiotherapy	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	De Quervains tenosynovitis, Trigger finger, Dupuytren's contracture: Definition, Etiology, Clinical presentation, Physiotherapy	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Low back pain: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Scoliosis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Coccydynia: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Diffuse Idiopathic Skeletal Hyperostosis: Definition, Etiology, Pathology, Clinical Presentation, Physiotherapy.	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Plantar fasciitis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Patellofemoral pain syndrome: Definition, etiology, pathology, clinical presentation, Physiotherapy	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Meralgia Paresthetica: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Bursitis and anserine bursitis: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy.	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Metatarsalgia: Definition, Etiology, Pathology, Clinical presentation, Physiotherapy.	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

11. Course Evaluation	
Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc	
12. Learning and Teaching Resources	
Required textbooks (curricular books, if any)	<b>Magee, D. J. (2014). <i>Orthopedic Physical Assessment</i> (ed.). Elsevier</b>
Main references (sources)	<b>Hertling, D., &amp; Kessler, R. M. (2018). <i>Management of Common Musculoskeletal Disorders: Physical Therapy Principles and Methods</i> (5th ed.). Wolters Kluwer</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Orthopedic &amp; Sports Physical Therapy (JOSPT)</b>
Electronic References, Websites	<b>Physiopedia – Musculoskeletal Physiotherapy:</b>

1.Course Name: Physiotherapy for Sport Injuries
2.Course Code: PTT306
3.Semester / Year: Second semester / 2025-2026
4.Description Preparation Date: 1/9/2025
5.Available Attendance Forms: In-person lectures
6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 45 Practical hours / 3 Units	
7. Course administrator's name (mention all, if more than one name)	
Name: Dr. Fawzi Hammadi Mahdi Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> <li>• <b>1–Recognizing sports injuries</b></li> <li>• <b>2–Learn basic sciences to provide knowledge about aspects related to sports injuries.</b></li> <li>• <b>3 –Identifying various sports injuries that affect joints, muscles and ligaments.</b></li> <li>• <b>4– Identify medical topics and terminology, physiological variables of sports injuries, clinical examination and evaluation, comparison of contemporary and traditional interventions, and the impact of advanced technology in this field</b></li> <li>• <b>5– Determine appropriate rehabilitation programs for each medical case using available therapeutic methods and exercises</b></li> </ul>
9. Teaching and Learning Strategies	
Strategy	<p>A. Cognitive objectives</p> <p>A1- Define the concept of sports injuries, their types (acute and chronic), and their causative factors of the musculoskeletal system and its relationship</p> <p>A2- Understand the functional anatomy to types of sports injuries common sports injuries such as: muscle</p> <p>A3- Understand the pathophysiology syndromes. sprains, fractures, ligament and cartilage injuries, and overuse</p> <p>A4- Distinguish the clinical signs and symptoms associated with various sports injuries such as: pain, swelling, limited mobility, loss of strength, and instability .</p> <p>A5- Familiarize yourself with the basics of clinical assessment and examination methods used in diagnosing sports injuries : ( ROM assessment , muscle strength, joint stability, injury-specific tests ).</p> <p>A6- Identify the basic principles of physical therapy interventions directed at treating and rehabilitating sports injuries (such as exercise therapy, manual therapy, physical methods, motor rehabilitation) .</p> <p>A7- Understand the different stages of sports rehabilitation (from first aid to return to sports) and the objectives of each stage</p>

	<p>A8- Recognize the importance of sports injury prevention programs and their relationship to biomechanics and proper physical training.</p> <p>A9- Understand the role of physical therapy in improving athletic performance, accelerating a safe return to the field, and reducing long-term complications</p> <p>Course specific skill objectivesB.</p> <p>B1 - Apply clinical examination and functional assessment skills for sports-related injuries .</p> <p>B2 - Design integrated treatment and rehabilitation programs that take into account the type and severity of the injury and the athlete's level .</p> <p>B3 - Implement therapeutic interventions such as therapeutic exercises, manual therapy, and the efficient and safe use of physical means</p> <p>B4 - Apply first aid skills directed at field sports injuries.</p> <p>B5 - Use measuring tools and methods to assess therapeutic improvement and document clinical progress</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Introduction to sport injury management, physiological effects of exercise	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Shoulder injuries in sport, Shoulder Separation, Shoulder Dislocation	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
The Third	2Theoretical +3 Practical's	Knowledge and Application	Shoulder injuries in sports, rotator cuff tendonitis and supraspinatus tendonitis	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	The elbow and forearm, tennis and golfer elbow (medial and lateral epicondylitis), Olecranon Bursitis (Draftsman's Elbow)	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exam
Fifth	2Theoretical +3 Practical's	Knowledge and Application	The elbow and forearm, Little League Elbow, Anterior Interosseous Nerve Syndrome ( Kiloh Nevin Syndrome), Triceps Tendinitis	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Hand and Wrist Injuries, De Quervain's Tenosynovitis, Wrist Sprain	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and

					written theoretical exam
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Hand and Wrist Injuries, Trigger Finger (Flexor Tenosynovitis), Jersey Finger	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Lower Back Injuries, Lumbar Sprain and Strain	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Hip Injuries, Acetabular Labrum Tears, Groin Strain or Hip Adductor Strain	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Hip Injuries Piriformis Syndrome, Hamstring Strain, Greater Trochanter Bursitis	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Knee injuries, Anterior and posterior Cruciate Ligaments injuries	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Knee injuries, medial and lateral collateral injuries	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Knee injuries Medial and Lateral Meniscus, Osgood-Schlatter Disease	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Ankle and foot injuries, Ankle Sprains, Achilles Tendon Rupture Plantar Fasciitis	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Ankle and foot injuries, Tibialis Anterior Tendinopathy, Tibialis Posterior Tendon Injuries, Sprain of the First Metatarsophalangeal Joint	Reports, oral and written theoretical exams	Reports, oral and written theoretical exam

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Houglum, P. A., &amp; Bertoti, D. B. (2018). <i>Therapeutic Exercise for Musculoskeletal Injuries (4th ed.). Human</i></b>
Main references (sources)	<b>Starkey, C. (2013). <i>Evaluation of Orthopedic and Athletic Injuries (3rd ed.)</i>. F. A. Davis.</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Orthopedic &amp; Sports Physical Therapy (JOS)</b>
Electronic References, Websites	<b>Physiopedia – Sports Injuries &amp; Rehabilitation</b>

1.Course Name: Prostheses and Orthotics
2.Course Code: PTT307
3.Semester / Year: First semester / 2025-2026
4.Description Preparation Date: 1/9/2025
5.Available Attendance Forms: In-person lectures
6.Number of Credit Hours (Total) / Number of Units (Total) 15 Theoretical + 45 Practical hours / 2 Units
7.Course administrator's name (mention all, if more than one name)

Name: Dr. Fawzi Hammadi Mahdi

Email:

## 8. Course Objectives

### Course Objectives

- **1 –Providing students of the Department of Physical Therapy Technology with basic knowledge and skills in the field of prosthetics and orthotics, enabling them to understand the medical and engineering principles associated with them, and to deal with patients in need of these means, with the aim of improving motor functions and quality of life, and enhancing their role as an integrated rehabilitation team.**
- **2 –Introducing the student to the principles of designing and manufacturing prosthetic limbs and supports.**
- **3 –Explaining the types of prosthetic limbs (lower – upper) and their therapeutic uses.**
- **4 –Explaining the role of supports and prosthetic devices in rehabilitation processes.**
- **5– Distinguish different clinical conditions that benefit from limbs or supports**

## 9. Teaching and Learning Strategies

### Strategy

#### A. Cognitive objectives

A1- Introduction to the basic concepts of prosthetics and orthotics and their role in physical

therapy plans for motor rehabilitation.

A2- Understanding the anatomy and biomechanics of the upper and lower extremities and their relationship to therapeutic exercises and functional rehabilitation .

A3- Understanding the basic principles of prosthetic and orthotic design in accordance with

physical therapy goals .

A4- Identifying the different types of prosthetics (upper and lower) and orthotics (such as splints

and braces) and their impact on facilitating physical therapy programs .

A5- Understanding the different stages of prosthetic limb fitting and early intervention by the physical therapist through preparatory exercises .

	<p>A6- Identifying clinical cases that require physical therapy intervention in conjunction with the use of prosthetics (such as amputations, muscle weakness, and joint deformities) .</p> <p>A7- Familiarity with the principles of functional and motor assessment of the patient from a physical therapy perspective before and after prosthetic limb fitting .</p> <p>A8- Identifying the problems and complications resulting from the use of prosthetics and orthotics and the role of physical therapy in prevention and treatment (such as skin training, improving muscle strength, and correcting gait) .</p> <p>A9- Understanding the importance of integrating prosthetic limbs and supports into comprehensive motor rehabilitation programs supervised by the Physical Therapy department</p> <p>Course specific skill objectivesB.</p> <p>B1 - Implementing an integrated clinical and motor assessment that links the prosthesis to the needs of the physical therapy program.</p> <p>B2 - Participating in determining the most appropriate prosthesis or support that achieves the best response to physical therapy .</p> <p>B3 - Training patients on the functional use of prostheses within physical therapy sessions (e.g., gait training, balance training, motor performance) .</p> <p>B4 - Designing integrated treatment programs that include therapeutic exercises and support with assistive devices</p> <p>B5 - Documenting the development of the treatment condition and measuring functional improvement using physical therapy assessment tools</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	1Theoretical +3 Practical's	Knowledge and Application	Introduction, Rehabilitation, the handicap, concept, taking care, psychological effect of the handicap	whiteboard, powerpoint	whiteboard, powerpoint
The Second	1Theoretical +3 Practical's	Knowledge and Application	Psychological effect of the handicap, the amputee, causes of amputation, level of amputation in the lower limbs	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretic exams

The Third	1Theoretical +3 Practical's	Knowledge and Application	Training program for amputee, nursing after operation, nursing before prosthesis	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	1Theoretical +3 Practical's	Knowledge and Application	Importance of stump, muscular exercise, nursing during prosthesis, temporary prosthesis & management	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretic exams
Fifth	1Theoretical +3 Practical's	Knowledge and Application	Normal gait & its analysis, gait deviation & its treatment	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	1Theoretical +3 Practical's	Knowledge and Application	Early management (Clinic Team Approach to Rehabilitation, Computational Surgery: Osteomyoplastic Reconstructive Technique, Postoperative Management	slides , hands-on experiments Report oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretic exams
Seventh	1Theoretical +3 Practical's	Knowledge and Application	Early management (Pain Management, Skin Disorders and Their Management, Psychological Consequences of Computation	whiteboard, powerpoint	whiteboard, powerpoint
eighth	1Theoretical +3 Practical's	Knowledge and Application	Rehabilitation of adults with lower limb amputation (Partial Foot and Syme's Amputations and Prosthetic Designs	slides , hands-on experiments	slides , hands-on experiments
ninth	1Theoretical +3 Practical's	Knowledge and Application	Rehabilitation of adults with lower limb amputation (Transfemoral Prosthetic Designs	Reports, oral and written theoretical exams	Reports, oral and written theoretic exams
Tenth	1Theoretical +3 Practical's	Knowledge and Application	Rehabilitation of adults with lower limb amputation (Transfemoral Prosthetic Designs	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	1Theoretical +3 Practical's	Knowledge and Application	Rehabilitation of adults with lower limb amputation (Hip Disarticulations and Trans pelvic Prosthetic Designs, Basic Lower-Limb Prosthetic Training	slides , hands-on experiments	slides , hands-on experiments
Twelfth	1Theoretical +3 Practical's	Knowledge and Application	Rehabilitation of adults with upper limb amputation (Body-Powered Upper-Limb Prosthetic Designs	Reports, oral and written theoretical exams	Reports, oral and written theoretic exams
Thirteenth	1Theoretical +3 Practical's	Knowledge and Application	Rehabilitation of adults with upper limb amputation (Upper-Limb Externally Powered Prosthetic Designs )	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	1Theoretical +3 Practical's	Knowledge and Application	Rehabilitation of adults with upper limb amputation (Training Patients with Upper-Limb Amputations ) .	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	1Theoretical +3 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretic exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

12. Learning and Teaching Resources	
Required textbooks (curricular books, if any)	Kahle, J. T., Highsmith, M. J., & Hubbard, S. L. (2018). Prosthetics and Orthotics (2nd ed.). Wolters Kluwe
Main references (sources)	Moore, K. L., Dalley, A. F., & Agur, A. M. R. (2018). Clinical Oriented Anatomy (8th ed.). Wolters Kluwe
Recommended books and references (scientific journals, reports...)	American Academy of Orthotists and Prosthetists
Electronic References, Websites	American Academy of Orthotists and Prosthetists (AAOP)

1.Course Name: Amputee rehabilitation
2.Course Code: PTT308
3.Semester / Year: First semester / 2025-2026
4.Description Preparation Date: 1/9/2025
5.Available Attendance Forms: In-person lectures
6.Number of Credit Hours (Total) / Number of Units (Total) 15 Theoretical + 45 Practical hours / 2 Units
7.Course administrator's name (mention all, if more than one name)

Name: Dr. Fawzi Hammadi Mahdi

Email:

## 8. Course Objectives

### Course Objectives

- **1–Providing the student with the theoretical knowledge and practical skills necessary to evaluate and diagnose amputation cases at various levels, and to design and implement physical therapy and functional rehabilitation programs that contribute to improving the motor, psychological and social abilities of amputees, and enabling them to integrate into daily life and society**
- **2 –Learn about the types of amputation, their medical causes, and their immediate and long–term complications.**
- **3–Understanding the physiological and mechanical changes that occur in the musculoskeletal system after amputation**
- **4 –Conducting a clinical and functional assessment of the patient after amputation, including assessment of muscle strength, range of motion, and functional abilities.**
- **5 –Applying the principles of physical therapy in the different stages of rehabilitation (post–operative stage, pre–fitting stage, post–fitting stage)**  
..
- **6–Teaching the patient how to care for the residual limb to prevent complications such as skin ulcers and muscle contractures.**
- **7– Training the patient to use the prosthetic limb effectively, and achieve motor and functional integration in daily activities**

## 9. Teaching and Learning Strategies

### Strategy

A. Cognitive objectives

A1- Identify the anatomical and physiological foundations of the upper and lower extremities and their relationship to amputation .

A2- Understand the medical and surgical causes of amputation (e.g., injuries, tumors, diabetic complications, and vascular diseases) .

A3- Be familiar with the different types of amputation (partial, total, above the knee, below the knee, above the elbow, below the elbow) and their complications.

	<p>A4- Distinguish the post-amputation stages: wound care, deformity prevention, and pain management (especially phantom pain)</p> <p>A5- Identify the principles of clinical and functional assessment of the amputee patient, including assessment of muscle strength, range of motion, and balance.</p> <p>A6- Understand physical rehabilitation strategies for amputees, including:</p> <p>A7- Know the theoretical foundations for the use of prosthetics and orthoses, and how they fit into the rehabilitation program .</p> <p>A8- Understand the psychological and social aspects associated with amputation and their impact on the treatment plan .</p> <p>A9- Understanding the role of the multidisciplinary rehabilitation team (surgeon, physiotherapist, prosthetist, psychologist, nurse) .</p> <p>A10- Identifying the latest scientific and technical trends in the field of amputee rehabilitation (smart, robotic, and computerized limbs)</p> <p>Course specific skill objectivesB.</p> <p>B1- Mastering clinical and functional amputee assessment methods (range of motion, muscle strength, balance, gait) .</p> <p>B2- Implementing therapeutic exercise programs specific to amputees (strengthening, stretching, balance, breathing, and general fitness exercises) .</p> <p>B3- Training the patient on correct postures and contracture prevention .</p> <p>B4- Using practical strategies to reduce pain and manage phantom pain.</p> <p>B5- Developing patient training skills to gradually load the amputated limb in preparation for using a prosthesis.</p> <p>B6- The ability to teach the patient how to care for the residual limb (stump care) and preserve the skin and surgical scar .</p> <p>B7- Providing the patient with walking skills using prosthetic devices (prostheses) or supports ( crutches, walkers).</p> <p>B8- Designing individualized rehabilitation programs that take into account each patient's needs based on the type of amputation, their age, and their level of activity</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	1Theoretical +3 Practical's	Knowledge and Application	Introduction to amputation: definition, history, epidemiology. Classification of calculation: by level (upper, lower) and by cause	Whiteboard, powerpoint	Whiteboard, powerpoint

			(traumatic, pathological, congenital).		
The Second	1Theoretical +3 Practical's	Knowledge and Application	Medical and surgical causes of amputation (diabetes, gangrene, tumors, trauma). Immediate postoperative complications	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	1Theoretical +3 Practical's	Knowledge and Application	Physiological changes after calculation: circulation, muscle imbalance, loss of balance. Biomechanical and functional consequences	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	1Theoretical +3 Practical's	Knowledge and Application	Principles of postoperative care. Wound care and residual limb management	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	1Theoretical +3 Practical's	Knowledge and Application	Common complications: phantom pain, contractures, skin breakdown. Prevention and management strategies	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	1Theoretical +3 Practical's	Knowledge and Application	Post-amputation assessment: - Clinical examination.- Range of motion and muscle strength evaluation.- Functional assessments.	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	1Theoretical +3 Practical's	Knowledge and Application	Early physiotherapy interventions: breathing exercises, strengthening, balance training. Psychological and social preparation of the patient	whiteboard, powerpoint	whiteboard, powerpoint
eighth	1Theoretical +3 Practical's	Knowledge and Application	Pre-prosthetic rehabilitation: - Preparation of the residual limb. - Bandaging and shaping techniques	slides , hands-on experiments	slides , hands-on experiments
ninth	1Theoretical +3 Practical's	Knowledge and Application	Prosthetics introduction: types of prostheses (upper and lower limbs). Main components of prosthetic devices	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	1Theoretical +3 Practical's	Knowledge and Application	Training in prosthetic use: - Donning and doffing. - Balance and posture control	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	1Theoretical +3 Practical's	Knowledge and Application	Gait training with lower limb prosthesis. Progression from parallel bars → walker → crutches → independent walking.	slides , hands-on experiments	slides , hands-on experiments
Twelfth	1Theoretical +3 Practical's	Knowledge and Application	Functional training with upper limb prosthesis: - Grasping and releasing objects. - Activities of daily living (ADLs).	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

Thirteenth	1Theoretical +3 Practical's	Knowledge and Application	Designing individualized rehabilitation programs. Integration of physical, psychological, and social aspects	Whiteboard, powerpoint	Whiteboard, powerpoint
Fourteenth	1Theoretical +3 Practical's	Knowledge and Application	Role of the multidisciplinary team: physician, physiotherapist, prosthetist, psychologist, social worker	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	1Theoretical +3 Practical's	Knowledge and Application	Comprehensive review. Case-based clinical application and practical examination	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Esquenazi, A., &amp; DiGiacomo, R. (2013). <i>Rehabilitation After Limb Amputation</i>. Springer</b>
Main references (sources)	<b>Kahle, J. T., Highsmith, M. J., &amp; Hubbard, S. L. (2018). <i>Prosthetics and Orthotics</i> (2nd ed.). Wolters Kluwer</b>
Recommended books and references (scientific journals, reports...)	<b>Prosthetics and Orthotics International (POI Journal)</b>
Electronic References, Websites	<b>International Society for Prosthetics and Orthotics (ISPO)</b>

1.Course Name: Therapeutic exercises

2.Course Code: PTT309

3.Semester / Year: First semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 45 Practical hours / 3 Units

7.Course administrator's name (mention all, if more than one name)

Name: Dr. Mezher Ali Aboud

Email:

8. Course Objectives

<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>● <b>1 –Identify all traditional and modern physical therapy exercise techniques used in the specialty.</b></li> <li>● <b>2 –Knowledge of manual manipulation techniques for all joints of the body.</b></li> <li>● <b>3–Knowledge of Maitland principles Molkan in manual joint manipulation technique</b></li> <li>● <b>4– Knowing the stages of injury and therapeutic exercises to treat soft tissue injuries</b></li> </ul>
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**9. Teaching and Learning Strategies**

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Define the basic principles of therapeutic exercises and their role in physical therapy plans .</p> <p>A2- Understand the anatomical and physiological basis associated with the application of therapeutic exercises . A3- Understand the effects of therapeutic exercises on the musculoskeletal and nervous systems .</p> <p>A4- Distinguish between the different types of therapeutic exercises ( ROM exercises , strengthening exercises, resistance exercises, aerobic exercises, and balance exercises ).</p> <p>A5- Understand the principles of exercise prescription such as intensity, repetition, and duration, and how to adapt them to the patient's condition .</p> <p>A6- Familiarize yourself with the mechanisms of preventing complications resulting from lack of movement such as joint stiffness, muscle weakness, and atrophy .</p> <p>A7- Identify the role of therapeutic exercises in rehabilitation after motor injuries and surgeries .</p> <p>A8- Understanding the special considerations in therapeutic exercises for different patient groups: children, the elderly, and chronic patients .</p> <p>A9- Identifying methods for evaluating the response to exercise (Evaluation of Exercise Outcomes).</p> <p>A10- Understanding the scientific principles for selecting and matching the appropriate exercise with the diagnosis and physical therapy plan</p> <p>Course specific skill objectivesB.</p>
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	<p>B1- The ability to conduct a clinical examination to determine range of motion and muscle strength before prescribing exercises .</p> <p>B2- Apply various therapeutic exercises (ROM , strengthening exercises, resistance exercises, aerobic exercises, balance exercises ) in a practical and safe manner .</p> <p>B3- The skill of designing an individual therapeutic exercise program that suits the patient's condition (Exercise Program Design). B4- Mastering exercise progression techniques according to the patient's response .</p> <p>B5- The ability to use simple tools and devices that support therapeutic exercises ( e.g . , Theraband , Ball, Weights).</p> <p>B6- Developing the skill of observing and evaluating the patient's response to exercises and modifying the program when necessary.</p> <p>B7- Practicing the skill of teaching and guiding the patient or their family on how to perform home exercises correctly.</p> <p>B8- The ability to integrate therapeutic exercises into the comprehensive physical therapy treatment plan</p> <p>B9- Developing professional documentation skills to record prescribed exercises and patient responses.</p> <p>B10- Commitment to applying occupational safety rules while performing therapeutic exercises to avoid injuries</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization: Definitions of terms, Mobilization, Manipulation, Self Mobilization (Auto-mobilization), Mobilization with Movement, Physiological Movements, Accessory Movements, Component motions, Joint play, Manipulation Under Anaesthesia , basic concepts of joint motion: arthrokinematics	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization: indications, contraindications and precautions, procedures for applying passive joint mobilization technique: - Examination and Evaluation to various joints, Quality of pain, Capsular Restriction, Grades or	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams

			Dosages of • Movement, Principles of Maitland, Mulligan and Meckzi joint Manipulation techniques		
The Third	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization peripheral joint, Principles, Manipulation techniques MWM define, principle, indication, contraindication	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization of shoulder joint complex:- the mechanical movement of joint, accessory joint (AC joint, CS joint, SUB scapular joint, methods of application to increase all physiological movement of shoulder joint:- flexion, extension, hyperextension, abduction ...extra	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization of elbow joint complex, mechanical movement of joint, methods of applying joint mobilization to increase all physiological movement of the elbow joint, flexion, extension, accessory joint radioulnar joint for supination and pronation movements	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization of wrist joint and hand complex, mechanical movement of joint, methods of applying mechanical movement of the joint, wrist joint, phalangeal joints	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization of knee joint complex, mechanical movement of the joint, methods of applying mechanical movement of the joint	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization of the ankle joint complex & foot, mechanical movement of the joint methods of applying mechanical movement of the joint	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization for an axial part, define, Mulligan Principles Manipulation techniques MWM NAGs, SNAGs, indication, contraindication	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Joint mobilization of the cervical spine, MWM& NAGs, SNAGs • Joint mobilization of the lumbar spine, MWM& NAGs, SNAGs	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Positional Release Technique: Introduction Keywords, three further PRT related modalities – each with a different fascial connection – are outlined: • Strain– counters train (SCS), • Facilitated positional release (FPR) • Functional positional release ( FPR ).	slides , hands-on experiments	slides , hands-on experiments

Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Mechanisms that may explain SCS effects Neurological changes • General SCS guidelines for achieving tender-point ease	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Myofascial Release technique: define, properties of soft tissue, mechanical and neurophysiologic properties of connective tissue	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Myofascial release technique for trigger points. • Myofascial release technique for axial part	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Houglum, P. A., &amp; Bertoti, D. B. (2018). <i>Brunnstrom's Clinical Kinesiology</i> (6th ed.). F. A. Davis.</b>
Main references (sources)	<b>O'Sullivan, S. B., Schmitz, T. J., &amp; Fulk, G. D. (2019) <i>Physical Rehabilitation</i> (7th ed.). F. A. Davis</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Orthopedic &amp; Sports Physical Therapy (JOSPT)</b>
Electronic References, Websites	<b>Physiopedia – Therapeutic Exercise</b>

1.Course Name: Therapeutic equipment

2.Course Code: PTT310

3.Semester / Year: Second semester / 2025-2026

4.Description Preparation Date: 1/9/2025

5.Available Attendance Forms: In-person lectures

6.Number of Credit Hours (Total) / Number of Units (Total)

30 Theoretical + 45 Practical hours / 3 Units

7.Course administrator's name (mention all, if more than one name)

Name: Mazin Nadheer Farhan  
Email: mazin.nadheer@ntu.edu.iq

8. Course Objectives

<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• <b>1 –Knowledge of the devices used in physical therapy in general.</b></li> <li>• <b>2 –Introducing the student to every electrical device used in physical therapy.</b></li> <li>• <b>3 –Introducing the student to the principles of operation of each device.</b></li> <li>• <b>4 –Knowing the effects Physiology The therapeutic effects of each device</b></li> <li>• <b>5 –Knowing the methods and techniques of application for each physical therapy device.</b></li> <li>• <b>6– Knowing the standards of the doses used, the intensity, and the frequency of treatment with physical therapy devices</b></li> </ul>
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## 9. Teaching and Learning Strategies

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Identify the physical and biological foundations of physiotherapy devices .</p> <p>A2- Understand the operating principle of various therapeutic devices such as: hot packs, infrared , cryotherapy , ultrasound therapy , electrotherapy , and laser devices .</p> <p>A3- Understand the physiological effects of therapeutic devices on tissues and vital organs . A4-</p> <p>Distinguish between types of therapeutic devices in terms of therapeutic uses, precautions, and contraindications .</p> <p>A5- Understand safety standards when using therapeutic devices in clinical practice.</p> <p>A6- Familiarity with the</p> <p>principles of calibrating and examining devices to ensure their safety and efficiency .</p> <p>A7- Identify the role of therapeutic devices in rehabilitation programs for patients with various conditions .</p> <p>A8- Understand the relationship between the choice of therapeutic device and the type of injury or disease (clinical indications).</p> <p>A9- Understand the scientific principles for documenting the use of therapeutic devices in the patient's medical file</p> <p>A10- Understanding the latest developments and future trends in the field of therapeutic devices. Cognitive objectives</p> <p>Course specific skill objectivesB.</p>
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	<p>B1- Proficiency in operating various therapeutic devices according to approved protocols .</p> <p>B2- Ability to calibrate and adjust device settings (e.g., current intensity, frequency, time) to suit the patient's condition .</p> <p>B3- Skill in determining the appropriate location for applying the device on the patient's body to ensure effectiveness and safety .</p> <p>B4- Practice initial inspection and maintenance procedures for devices to ensure their safety before use .</p> <p>B5- Develop the ability to apply therapeutic devices in practical treatment plans for various clinical cases .</p> <p>B6- Skill in monitoring the patient's response during and after the device therapy session and documenting observations .</p> <p>B7- Ability to early identify any side effects or complications resulting from device use and take appropriate action .</p> <p>B8- Mastery of the skills of integrating therapeutic devices with other therapeutic methods (e.g., therapeutic exercises or manual therapy) .</p> <p>B9- Practice the skill of educating and raising awareness among patients about the benefits of the device, the session procedure, and what to avoid afterward .</p> <p>B10- Commitment to occupational safety rules and protecting the patient and medical team from any electrical or thermal hazards</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical +3 Practical's	Knowledge and Application	Traction: definition, the physiological effects of traction	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical +3 Practical's	Knowledge and Application	Traction: Clinical indication for the use of spinal traction, Contraindications and Precautions for the use of Spinal Traction	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical +3 Practical's	Knowledge and Application	Adverse Effects of Spinal Traction, Application Techniques (Mechanical Lumbar Traction)	whiteboard, powerpoint	whiteboard, powerpoint

The Fourth	2Theoretical +3 Practical's	Knowledge and Application	Application Techniques (Mechanical cervical traction) intermittent versus sustained traction	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical +3 Practical's	Knowledge and Application	ryotherapy, physiological effects of cold, Indication and contra indication and precaution of cold therapy	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical +3 Practical's	Knowledge and Application	Application technique cold packs or ice packs, Application technique ice massage	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Seventh	2Theoretical +3 Practical's	Knowledge and Application	Application technique cold compression unit and Vapocoolant Sprays and brief Icing	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical +3 Practical's	Knowledge and Application	Application technique Cold Whirlpool. Application technique ice immersion	slides , hands-on experiments	slides , hands-on experiments
ninth	2Theoretical +3 Practical's	Knowledge and Application	Hydrotherapy: Physical Principles and Properties of Water,	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical +3 Practical's	Knowledge and Application	Hydrotherapy: Physiological Effects of Hydrotherapy, uses of Hydrotherapy, Contraindications and Precautions for Hydrotherapy	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical +3 Practical's	Knowledge and Application	Hydrotherapy: application general technique hydrotherapy	slides , hands-on experiments	slides , hands-on experiments
Twelfth	2Theoretical +3 Practical's	Knowledge and Application	Hydrotherapy: apply Whirlpool technique	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical +3 Practical's	Knowledge and Application	Hydrotherapy: method of applying Hubbard tank	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical +3 Practical's	Knowledge and Application	Hydrotherapy: method of applying pool exercise	slides , hands-on experiments	slides , hands-on experiments
Fifteenth	2Theoretical +3 Practical's	Knowledge and Application	Revision	Reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>Knight, K. L., &amp; Draper, D. O. (2013). <i>Therapeutic Modalities: The Art and Science</i> (2nd ed.). Lippincott Williams &amp; Wilkin</b>
Main references (sources)	<b>Kitchen, S., &amp; Bazin, S. (2015). <i>Clayton's Electrother</i> (13th ed.). Elsevie</b>
Recommended books and references (scientific journals, reports...)	<b>Journal of Electromyography and Kinesiology</b>

1.Course Name: Medical Research
2.Course Code: MTCD303
3.Semester / Year: First semester / 2025-2026
4.Description Preparation Date: 1/9/2025
5.Available Attendance Forms: In-person lectures
6.Number of Credit Hours (Total) / Number of Units (Total) 30 Theoretical / 2 Units
7.Course administrator's name (mention all, if more than one name) Name: Sulaiman Musarra Kareem Email:
8. Course Objectives

<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• <b>Providing students with basic knowledge about the principles and foundations of scientific research in the medical field.</b></li> <li>• <b>Developing skills in designing and implementing medical research related to physical therapy.</b></li> <li>• <b>Enabling students to use appropriate statistical methods to analyze medical data.</b></li> <li>• <b>Enhance the ability to critically evaluate published research and benefit from it in developing professional practice.</b></li> <li>• <b>Instilling academic values and scientific research ethics in students</b></li> </ul>
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## 9. Teaching and Learning Strategies

<b>Strategy</b>	<p>A. Cognitive objectives</p> <p>A1- Understand the concept of scientific research and its importance in developing medical knowledge and practicing physical therapy .</p> <p>A2- Understand the types of medical research (quantitative, qualitative, and mixed methods) and the characteristics of each type .</p> <p>A3- Understand the steps of scientific research methodology: defining the problem, formulating hypotheses, designing the research, collecting data, analyzing the results, and drawing recommendations .</p> <p>A4- Understand the principles of measurement tools (validity - reliability) in medical research and how to choose the appropriate tool .</p> <p>A5- Familiarity with the basics of medical statistics used in analyzing data and interpreting results .</p> <p>A6- Understand the mechanisms of literature review and how to search medical sources and databases .</p> <p>A7- Know the basics of writing a report or research paper according to academic principles and scientific documentation style (APA or Vancouver).</p> <p>A8- Distinguish between quality standards and ethics of scientific research, such as confidentiality, informed consent, and avoiding scientific plagiarism</p> <p>Course specific skill objectivesB.</p> <p>Providing students with the skills to formulate a medical research problem in a precise scientific manner, and to define the research objectives and hypotheses.</p> <p>Developing skills in designing research studies (descriptive, experimental, comparative, cross-sectional, etc.) in a manner that is consistent with the nature of health and medical problems.</p> <p>Mastering the steps of data collection through scientific research tools (questionnaires, interviews, medical records, laboratory/clinical measurements) .</p>
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<p>Apply statistical analysis skills using computer programs ( such as SPSS or Excel) to accurately interpret research results.</p> <p>Developing medical report/research writing skills according to academic templates and principles (summary, introduction, methodology, results, discussion, conclusions, references) .</p> <p>Providing students with the skill of criticizing and evaluating published scientific research in terms of methodology, tools, and the validity of results</p> <p>Employing scientific presentation and communication skills to present medical research results through lectures, posters, or scientific seminars.</p> <p>Developing the ability to work in a team when conducting joint research and distributing tasks among team members</p>
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
The First	2Theoretical	Knowledge	Introduction to Research methodology: Meaning of research, objectives of research, Motivation in research, Types of research & research approaches, Research methods vs methodology, Criteria for good research	whiteboard, powerpoint	whiteboard, powerpoint
The Second	2Theoretical	Knowledge	Research problem: Statement of research problem., Statement of purpose and objectives of research problem, Necessity of defining the problem	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
The Third	2Theoretical	Knowledge	Research design: Meaning of research design, Need for research design, Features for good design, Different research designs, Basic principles of research design	whiteboard, powerpoint	whiteboard, powerpoint
The Fourth	2Theoretical	Knowledge	Sampling Design: Criteria for selecting sampling procedure, Implications for sample design, steps in sampling design, characteristics of good sample design, Different types of samples design	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written theoretical exams
Fifth	2Theoretical	Knowledge	the same lecture as the last week	whiteboard, powerpoint	whiteboard, powerpoint
Sixth	2Theoretical	Knowledge	Measurement and scaling techniques: Measurement in research- Measurement scales, sources of error in measurement, Technique of developing measurement tools, Meaning of	slides , hands-on experiments Reports oral and written theoretical exams	slides , hands-on experiments Reports, oral and written

			scaling, its classification., Important scaling techniques		theoretical exams
Seventh	2Theoretical	Knowledge	the same lecture as the last week	whiteboard, powerpoint	whiteboard, powerpoint
eighth	2Theoretical	Knowledge	Methods of data collection: collection of primary data, collection of data through questionnaires & schedules, difference between questionnaires & schedules	slides , hands-on experiments	slides , hands- on experiments
ninth	2Theoretical	Knowledge	Sampling fundamentals, need for sampling & some fundamental definitions, Important sampling distributions	reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Tenth	2Theoretical	Knowledge	Processing & analysis of data: Processing operations, problems in processing, Types of analysis, Statistics in research, Measures of central tendency, Dispersion, Asymmetry, relationship	whiteboard, powerpoint	whiteboard, powerpoint
Eleventh	2Theoretical	Knowledge	the same lecture as the last week	slides , hands-on experiments	slides , hands- on experiments
Twelfth	2Theoretical	Knowledge	Testing of hypothesis: What is hypothesis? Basic concepts concerning testing of hypothesis Procedure of hypothesis testing measuring the power of hypothesis test, Tests of hypothesis, limitations of the tests of hypothesis	reports, oral and written theoretical exams	Reports, oral and written theoretical exams
Thirteenth	2Theoretical	Knowledge	the same lecture as the last week	whiteboard, powerpoint	whiteboard, powerpoint
Fourteenth	2Theoretical	Knowledge	Computer technology: Introduction to Computers, computer application in research computers & researcher	slides , hands-on experiments	slides , hands- on experiments
Fifteenth	2Theoretical	Knowledge	General Revision	reports, oral and written theoretical exams	Reports, oral and written theoretical exams

## 11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports .... etc

## 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<b>An introduction of Biostatistics: Sunder Rao.PSS .</b>
Main references (sources)	<b>Methods in Bio-Statistics 6th Edn . 1997: BK Mahajan</b> <b>4. Biostatistics: A manual of statistical methods: K. Visweswara Rao</b>
Recommended books and references (scientific journals, reports...)	<b><i>The Lancet</i> - Journal of Clinical and Medical Research.</b>

Electronic References, Websites

National Institutes of Health ( <https://www.nih.gov> )